# Effective Lagrangians and thermal resonances under extreme conditions

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# Outline

- 1 Aspects of the QCD phase diagram
- Scattering and Resonances within finite-T Unitarized ChPT
- 3 Saturating scalar susceptibilities with light thermal resonances
- Pion scattering and critical temperature at nonzero chiral imbalance

## QCD transition



A. Bazavov, Quark Matter 2017

- Crossover-like transition in the physical case ( $N_f = 2 + 1$ , massive quarks)
- Phase transition in light chiral limit for  $N_f = 2$ , possibly of second order

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### Signals of Chiral Symmetry Restoration

Inflection point for the light quark condensate  $\langle \bar{q}q \rangle_I$ 

Subtracted quark condensate:  $\Delta_{l,s} = m_s \langle \bar{q}q \rangle_l - 2m_l \langle \bar{s}s \rangle$ (avoids lattice divergences)



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# Scattering and Resonances within finite-T Unitarized ChPT

Unitarized meson scattering from thermal unitarity including physical thermal-bath processes:

$$IAM: \quad t_{IAM}(s, T) = \frac{t_2(s)^2}{t_2(s) - t_4(s, T)} \qquad M_a \neq M_b$$
  
scattering  $\pi K$   
$$Im t_{IAM}(s, T) = \begin{cases} \sigma_{ab}^T(s) [t_{IAM}(s, T)]^2, & s \ge (M_a + M_b)^2 \text{ (unit.cut)} \\ \tilde{\sigma}_{ab}^T(s) [t_{IAM}(s, T)]^2, & 0 \le s \le (M_a - M_b)^2 \text{ (Landau thermal cut)} \end{cases}$$
  
Thermal phase space:  
$$\int \sigma_{ab} = M_a^2 - M_b^2$$
  
$$Thermal phase space:$$
$$\int \sigma_{ab}(s) \left[ 1 + n_B \left( \frac{s + \Delta_{ab}}{2\sqrt{s}} \right) + n_B \left( \frac{s - \Delta_{ab}}{2\sqrt{s}} \right) \right] \qquad (1 + n_a)(1 + n_b)$$
  
$$\tilde{\sigma}_{ab}^T(s) = \sigma_{ab}(s) \left[ n_B \left( \frac{\Delta_{ab} - s}{2\sqrt{s}} \right) - n_B \left( \frac{s + \Delta_{ab}}{2\sqrt{s}} \right) \right] \qquad (1 + n_b)(1 + n_b)$$
  
$$\int \sigma_{ab}^T(s) = \sigma_{ab}(s) \left[ n_B \left( \frac{\Delta_{ab} - s}{2\sqrt{s}} \right) - n_B \left( \frac{s + \Delta_{ab}}{2\sqrt{s}} \right) \right] \qquad (1 + n_b)(1 + n_b)$$

# Scattering and Resonances within finite-T Unitarized ChPT



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S.Ferreres-Solé, A. Gómez Nicola, AVR, PRD99, 036018 (2019)

 $\chi_{S}$  saturated by lightest IJ = 00 state, i.e.  $f_{0}(500)$  generated in unitarized finite-T  $\pi\pi$  scattering

 $M_S^2(T) = \operatorname{Re} s_p(T) \sim \operatorname{Re} \Sigma_{f_0}$ behaves as p = 0 thermal mass in this channel (scaling near  $T_c$  checked with LSM analysis)

• Reproduces expected peak  $T_c \sim 158 \text{ MeV}$ 

 $\chi_{\mathcal{S}}(\mathcal{T}) \simeq \chi_{\mathcal{S}}(0) \frac{M_{\mathcal{S}}^2(0)}{M_{\mathcal{S}}^2(\mathcal{T})}$ 

- Agrees with lattice below the peak within uncertainties
- Consistent  $T_c$  reduction and  $\chi_S$  growth near chiral limit



LECs FLAG coll. Hanhart, Peláez, Ríos PRL100 (2008)

Thermal interactions crucial!

# $I=1/2~{ m sector}~({ m K}/\kappa)$

 $K^{b} = i\bar{q}\gamma_{5}\lambda^{b}q \xleftarrow{SU(2)_{A}}{U(1)_{A}} \kappa^{b} = \bar{q}\lambda^{b}q \quad \begin{array}{c} \text{degenerate under both } O(4) \text{ and } U(1)_{A} \\ \text{(lowest states } K \text{ and } K_{0}^{*}(700)/\kappa) \end{array}$ 

#### Reconstructed susceptibilities from WIs and lattice condensate data



# $I=1/2~{ m sector}~({ m K}/\kappa)$

From WIs in this sector:

- In physical case strength of U(1)<sub>A</sub> above T<sub>c</sub> well determined and driven by ⟨s̄s⟩.
- In  $N_f = 2$  limit, exact  $O(4) \times U(1)_A$  degeneration for  $m_I, \langle \bar{q}q \rangle_I \to 0$ .

$$m_s \gg m_l$$
:  $\chi_S^{\kappa}(T) - \chi_P^{\kappa}(T) \Big|_{m_s \gg m_l} = \frac{2}{m_s} \langle \bar{q}q \rangle_l \Big|_{SU(2)} + \mathcal{O}(1/m_s^2)$ 

• May help to clarify the role of strangeness.

#### $\chi^{\kappa}_{S}$ saturated by $I=1/2~K^{*}_{0}(700)$ scalar pole



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# Chiral imbalance in ChPT

 $\mu_{\rm 5}$  chemical potential for approximate conservation of the chiral charge.

QCD Lagrangian for  $\mu_5 \neq 0$ :  $\mathcal{L}_{QCD} \rightarrow \mathcal{L}_{QCD} + \mu_5 \bar{q} \gamma_5 \gamma^0 q$ 

We have constructed the most general meson effective Lagrangian for  $\mu_5 \neq 0$  and two light flavours.

The construction is carried out using the framework of the external source method.

New terms coming from:

- Covariant derivatives.
- Explicit axial source terms.

#### $\mathcal{O}(p^2)$ and $\mathcal{O}(p^4)$ effective Lagrangian

$$\mathcal{L}_{2} \to \mathcal{L}_{2} + 2\mu_{5}^{2}F^{2}(1+\kappa_{0})$$

$$\mathcal{L}_{4} \to \mathcal{L}_{4} + \kappa_{1}\mu_{5}^{2}\mathrm{tr}\left(\partial^{\mu}U^{\dagger}\partial_{\mu}U\right) + \kappa_{2}\mu_{5}^{2}\left(\partial_{0}U^{\dagger}\partial^{0}U\right) + \kappa_{3}\mu_{5}^{2}\mathrm{tr}\left(\chi^{\dagger}U + U^{\dagger}\chi\right) + \kappa_{4}\mu_{5}^{4}$$

$$\uparrow$$
constants to be determined from different observables

D. Espriu, A. Gómez Nicola, AVR, JHEP. 2020, 62

#### Quark condensate and critical temperature at NNLO



An alternative method for calculating  $T_c$ :

Peak of 
$$\chi_S(T,\mu_5) = \chi_S(T=0,\mu_5) \frac{M_S^2(0,\mu_5)}{M_S^2(T,\mu_5)}$$
 Scattering  $\pi\pi$  at nonzero  $\mu_5$ 

# Pion scattering, $T_c(\mu_5)$ and fits of $\kappa_i$ to lattice

 $\mu_{\rm 5}$  corrections to the pion scattering amplitude:

- Tree level coming from  $\mathcal{L}_4$ .
- Dispersion relation.
- Residue of the LSZ formula.

$$\Delta t^{00} \Longrightarrow \begin{array}{c} \kappa_1' = 6\kappa_1 + 5\kappa_2 \\ \kappa_2' = -8\kappa_1 - 4\kappa_2 + 5\kappa_3 \end{array}$$



A. Gómez Nicola, Patricia Roa-Bravo, AVR, PRD **109** (2024) no.3, 034011

Combined fit of  $\chi_{top}$  and  $T_c$ :

| $\kappa_1 \times 10^4$ | $\kappa_2 \times 10^4$ | $\kappa_3 	imes 10^4$ | $\chi^2/{ m dof}$ |
|------------------------|------------------------|-----------------------|-------------------|
| $9.4^{+1.1}_{-1.3}$    | $-4.5_{-1.4}^{+1.5}$   | $3.6^{+9.1}_{-8.7}$   | 1.37              |



# Conclusions

- Scalar thermal resonances crucial for chiral and  $U(1)_A$  restorations.
- Saturating  $\chi_S$  with thermal  $f_0(500)$ , we reproduce the crossover peak of  $\chi_S$  and most of the lattice data fall into the uncertainty band.
- $K/\kappa$  alternative channel for  $O(4) \times U(1)_A$  restoration.
- Saturated  $\chi_{S}^{\kappa}$  with thermal  $K_{0}^{*}(700)$  develops a peak and is consistent with  $O(4) \times U(1)_{A}$  pattern.
- We have analyzed the effective chiral Lagrangian for nonzero chiral imbalance for two light flavours.
- The critical temperature increases with  $\mu_5$ , in agreement with the lattice results.