



UNIVERSITAT DE
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Institut de Ciències del Cosmos
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EMISSION OF GRAVITATIONAL WAVES FROM STRONGLY- COUPLED PLASMAS

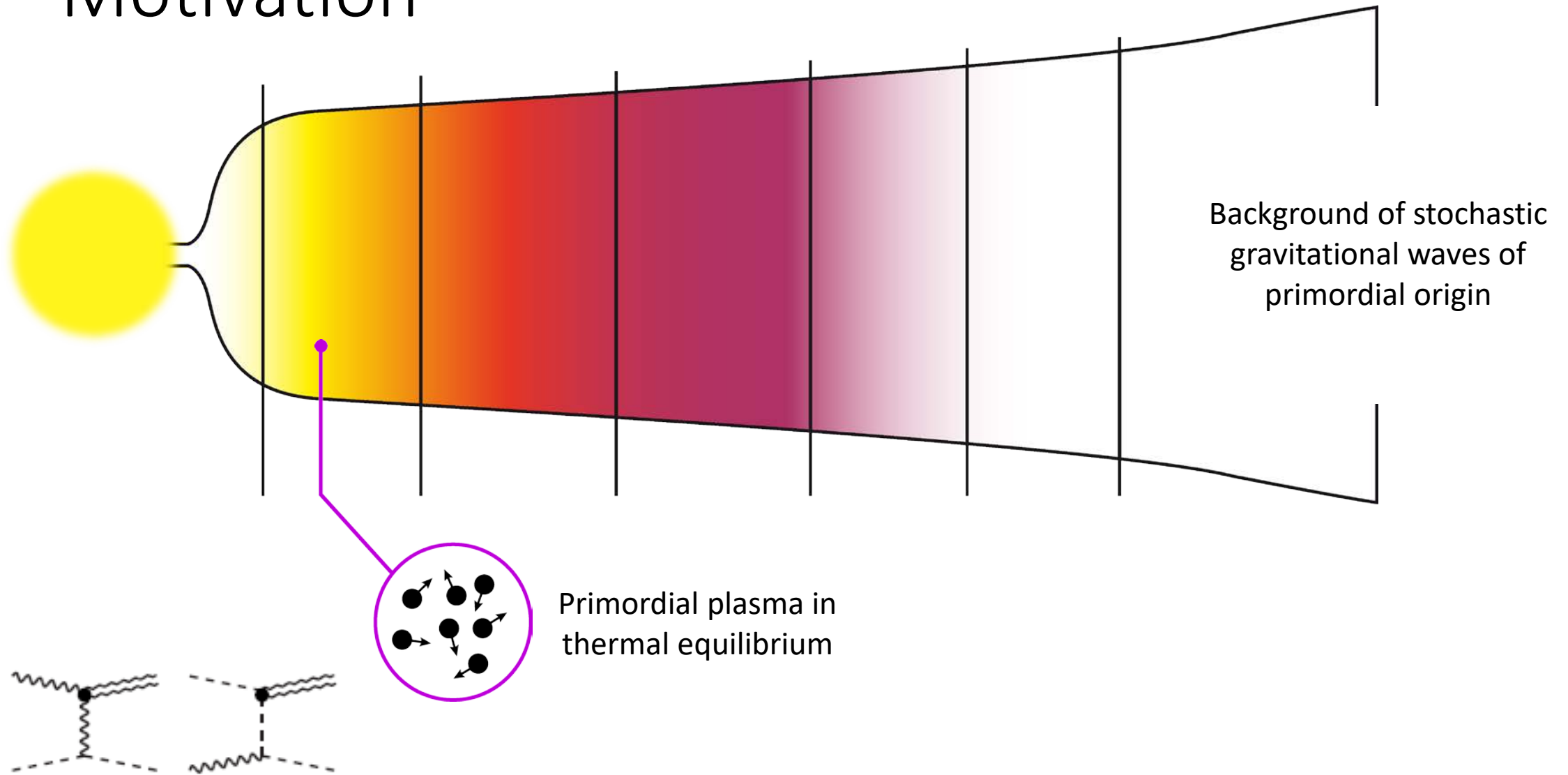
Lucía Castells-Tiestos

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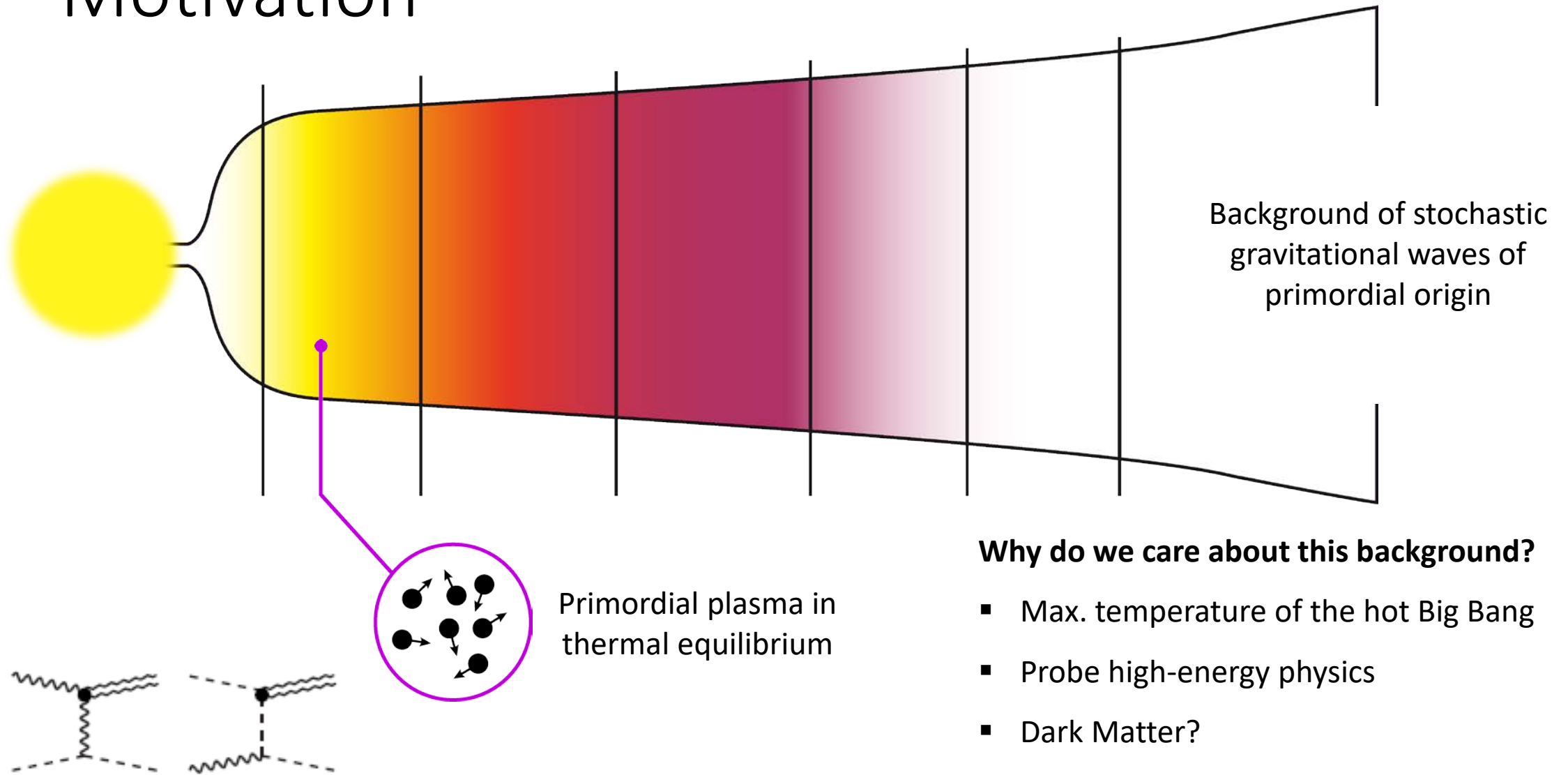
Outline

- We explore the strong coupling effects on the emission of gravitational waves generated in different mechanisms.
- We start by analyzing the emission from a primordial plasma in thermal equilibrium.
- I review the emission of gravitational waves resulting from first-order cosmological phase transitions via their two possible realizations: bubble nucleation and spinodal instability.

Motivation



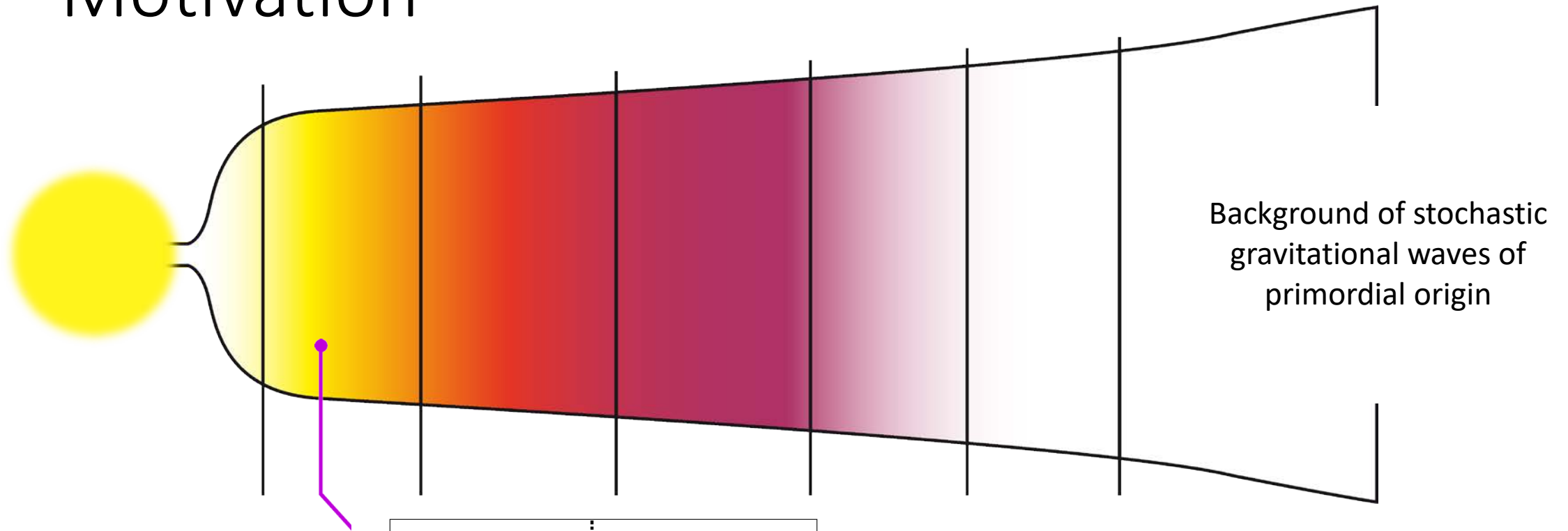
Motivation



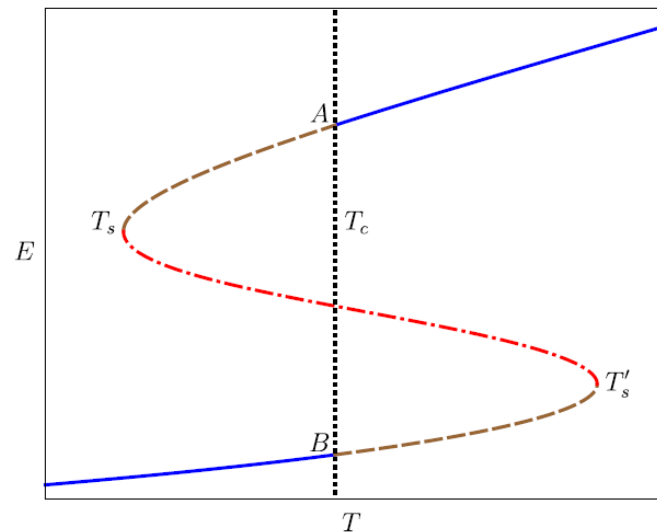
Why do we care about this background?

- Max. temperature of the hot Big Bang
- Probe high-energy physics
- Dark Matter?

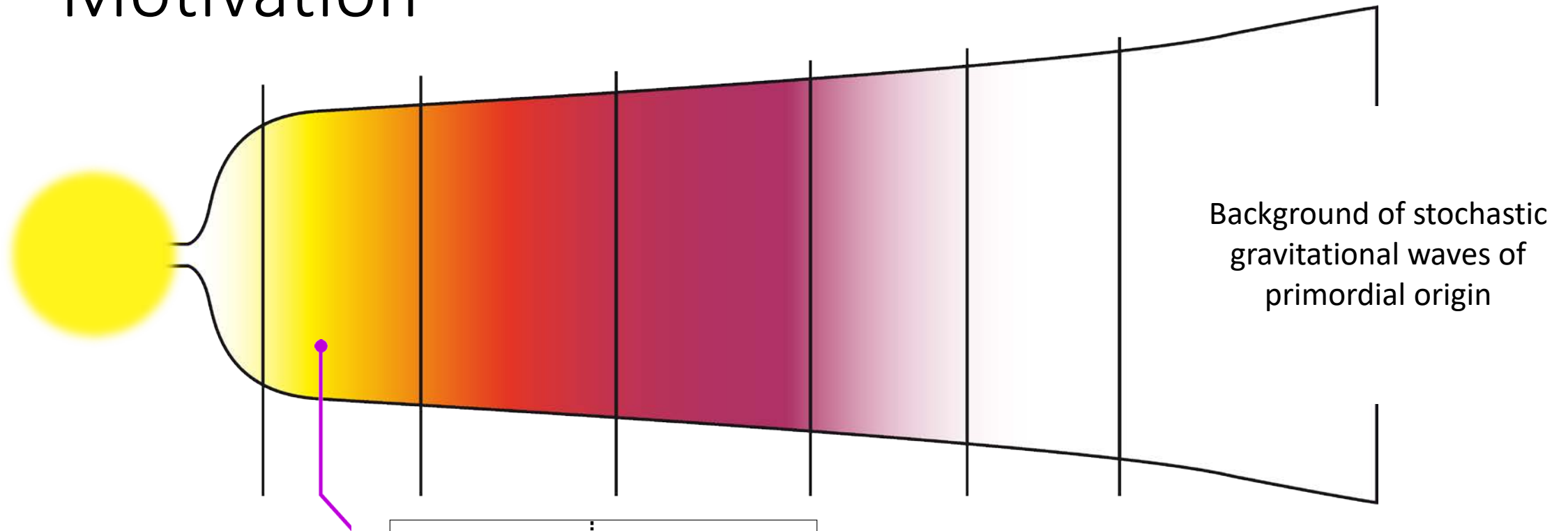
Motivation



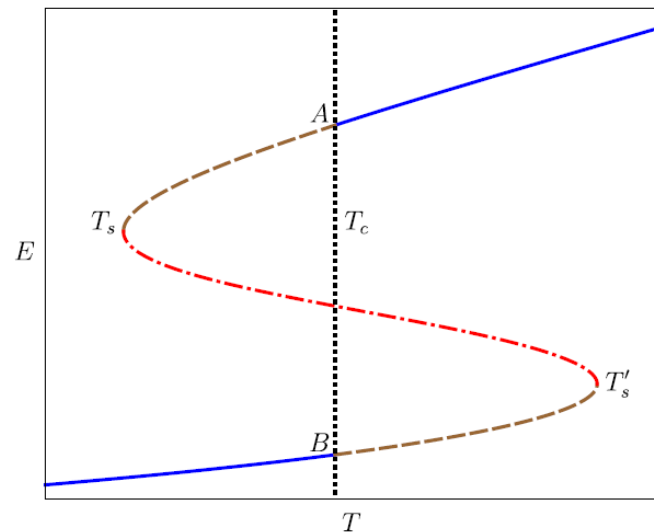
First-order cosmological phase transition



Motivation



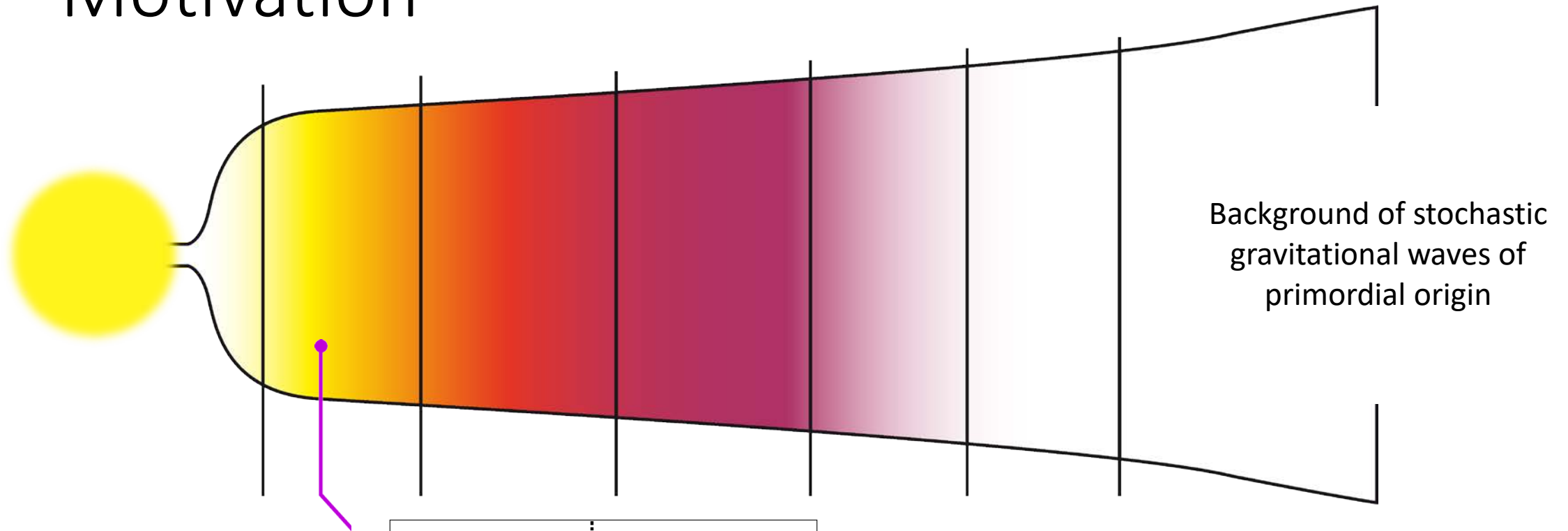
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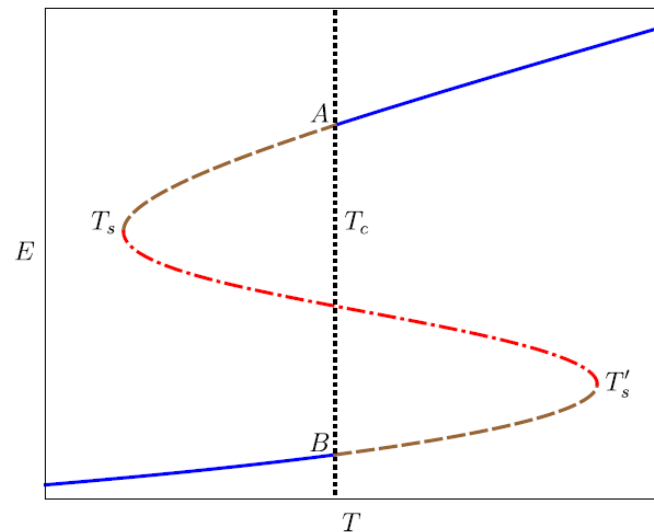
This background could lead to new physics:

- Extensions of the SM
- Hidden sectors gravitationally-coupled to the SM

Motivation



First-order cosmological phase transition



The phase transition could be undergone via:

- Bubble nucleation
- Spinodal instability

EMISSION FROM A PLASMA IN THERMAL EQUILIBRIUM

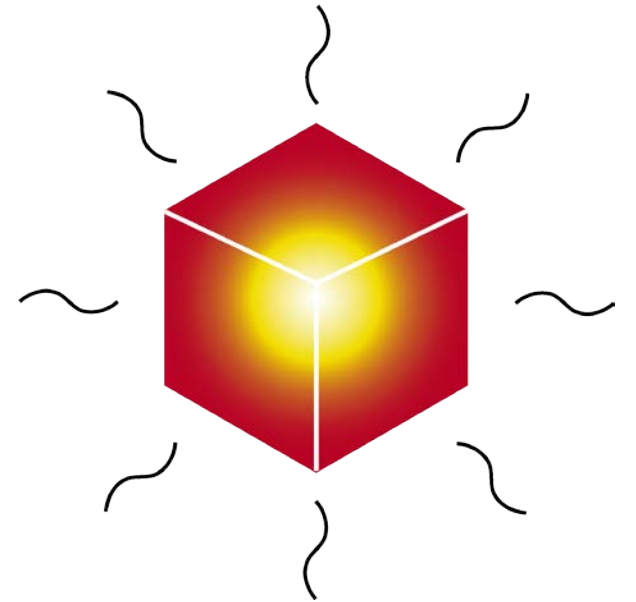
Gravitational waves from a thermal source

Energy production rate of thermal gravitational waves:

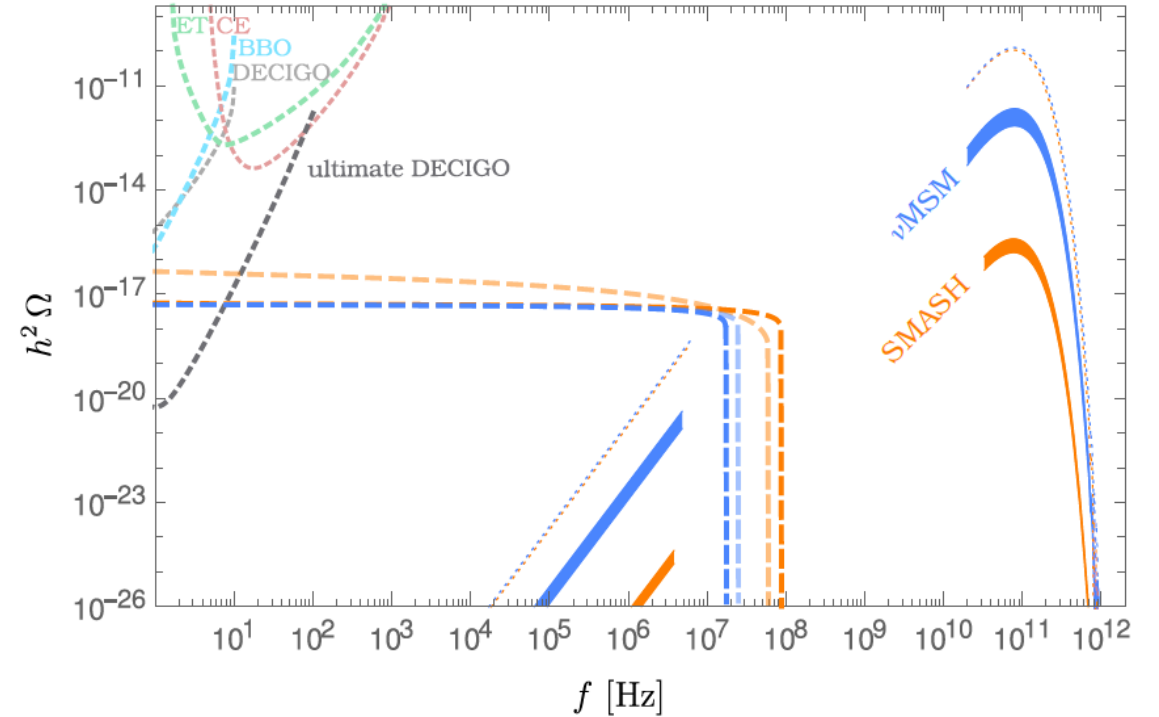
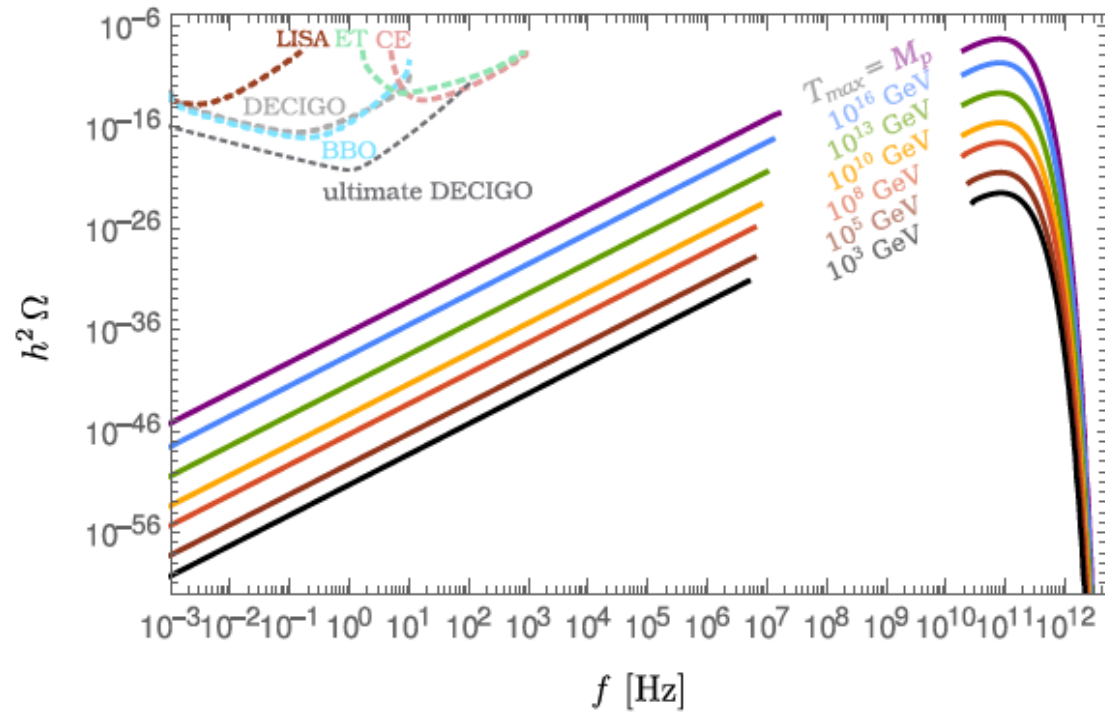
$$\frac{d\rho_{GW}}{dt d^3k} = \frac{4\pi G}{(2\pi)^3} \Lambda_{ijmn} \int d^4x e^{i(\omega t - \mathbf{kx})} \langle T_{ij}(\mathbf{0}, \mathbf{0}) T_{mn}(t, \mathbf{x}) \rangle$$

under light-like condition $\omega = k$ and Λ_{ijmn} the projector onto spin-2 modes.

The energy density carried by thermal gravitational waves depends on the equilibrium correlator of the energy-momentum tensor in field theory.



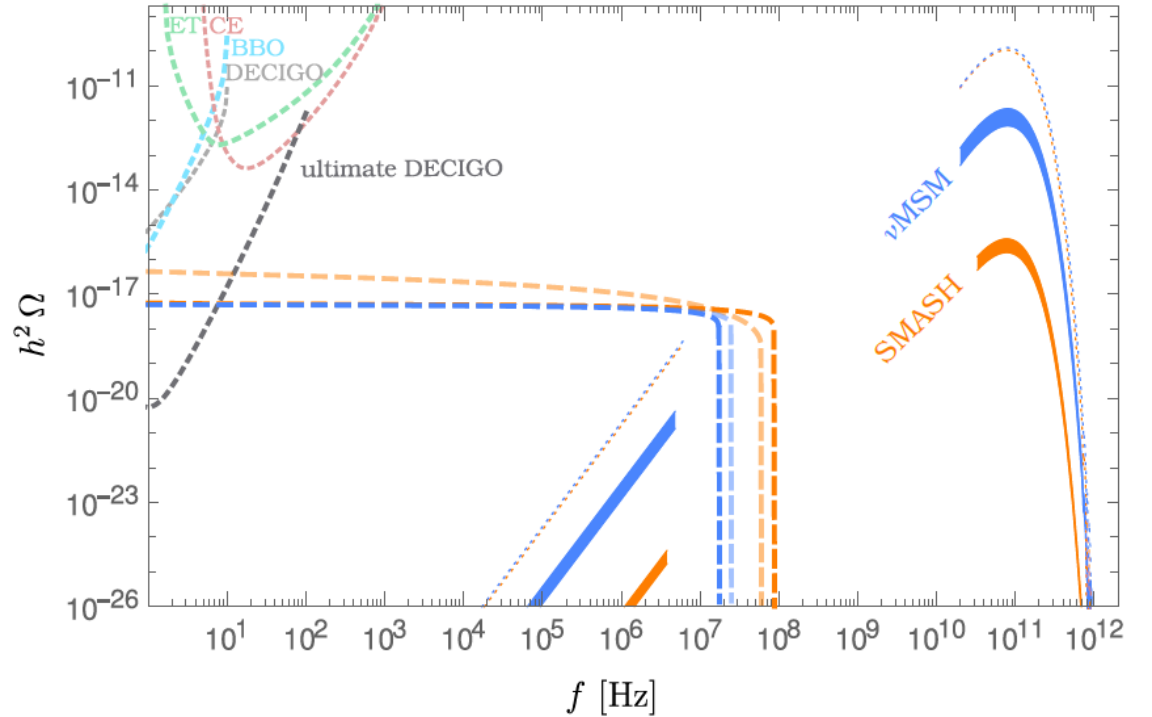
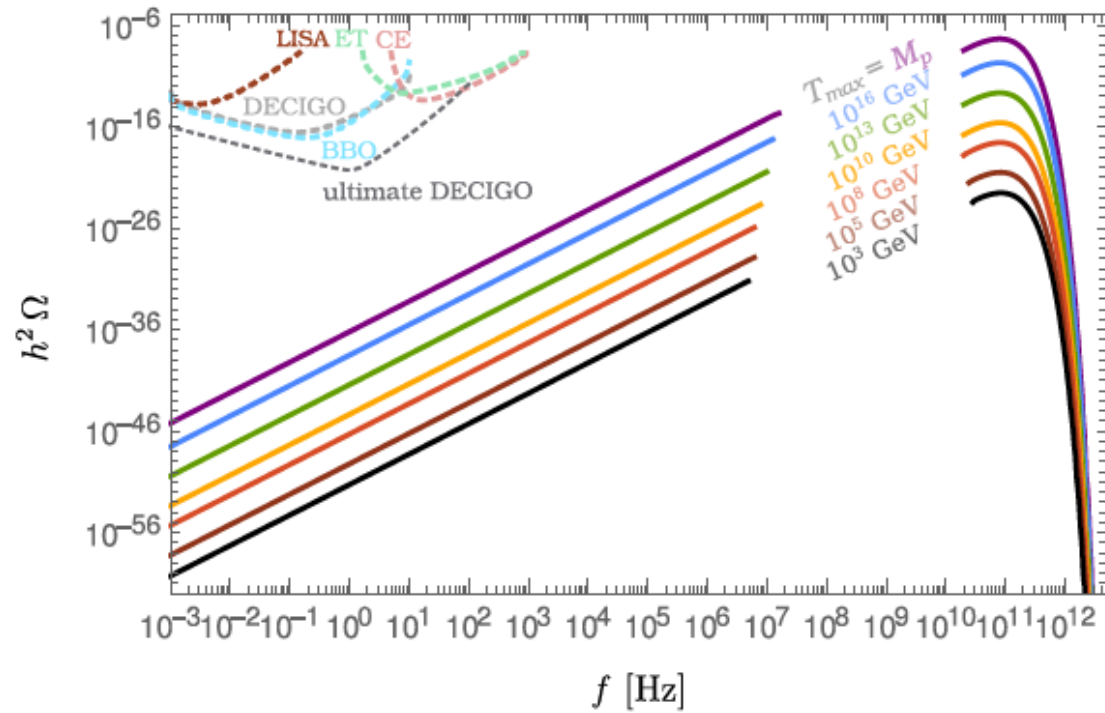
Energy production rate in SM theories



Energy density of gravitational waves from the primordial thermal plasma in the SM and two of its extensions: Neutrino Minimal SM (ν MSM) and SM-Axion-Seesaw-Higgs (SMASH)

Figures from Ringwald, Schütte-Engel & Tamarit (2021)

Energy production rate in SM theories



What if physics beyond the Standard Model is strongly-coupled?

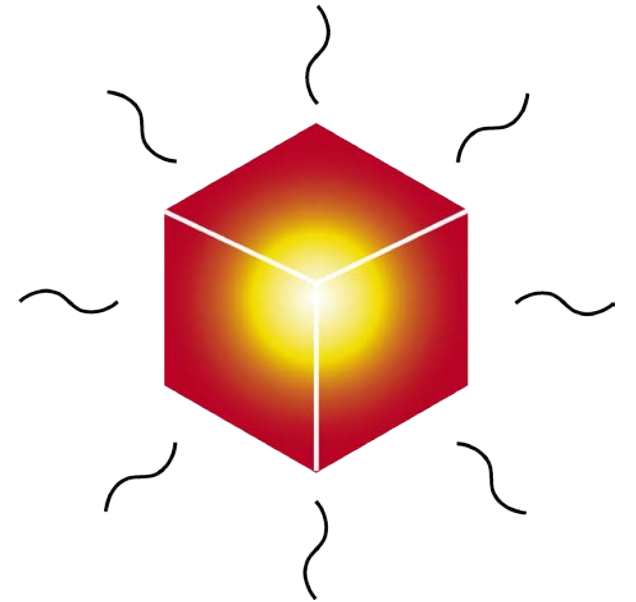
Figures from Ringwald, Schütte-Engel & Tamarit (2021)

Gravitational waves from a thermal source

Energy production rate of thermal gravitational waves:

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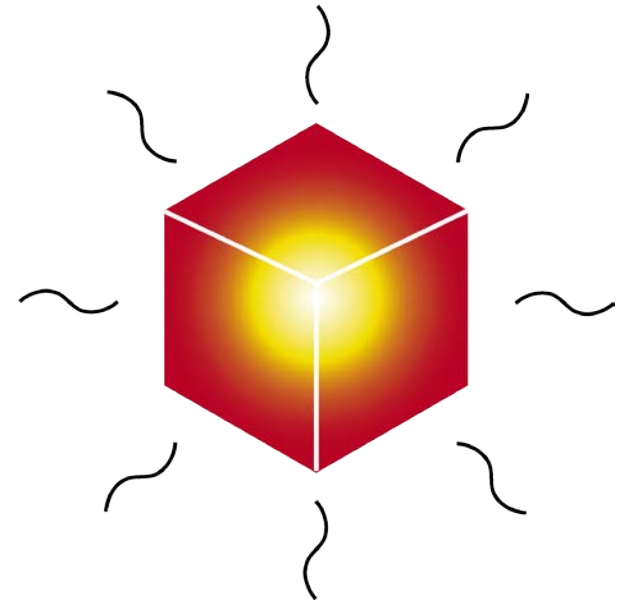
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under light-like condition $\omega = k$ and Λ_{ijmn} the projector onto spin-2 modes.

Computation of the correlator:

- Weak coupling limit $\lambda \rightarrow 0$: Perturbation theory
- Strong coupling limit $\lambda \rightarrow \infty$: ~~Perturbation theory~~
Holography



Gauge/gravity duality: AdS/CFT correspondence

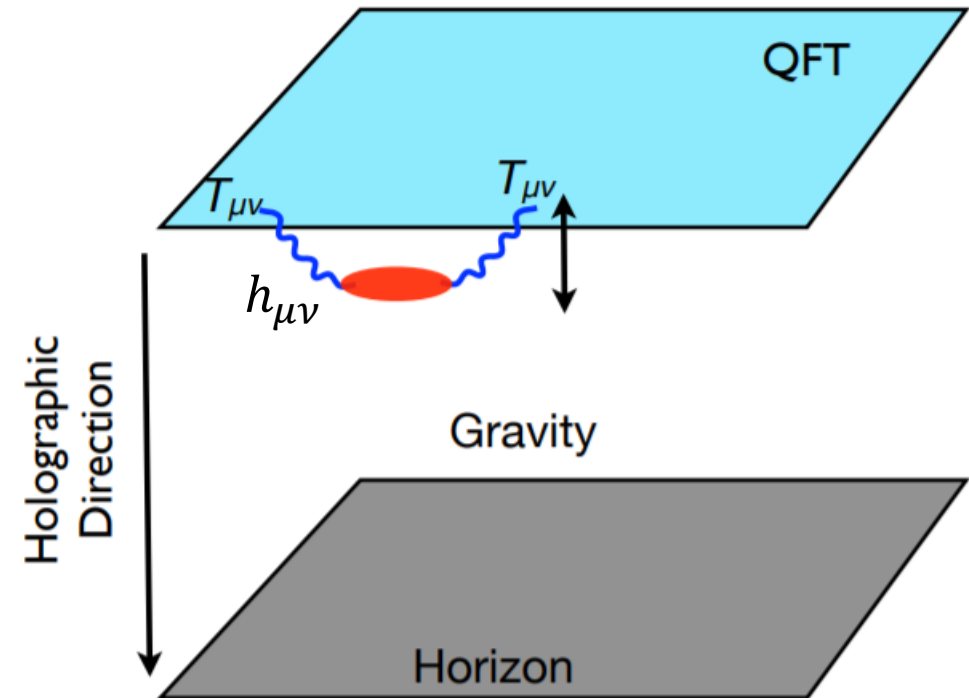
Strongly-coupled, non-perturbative
quantum field theories with conformal
invariance

Holography



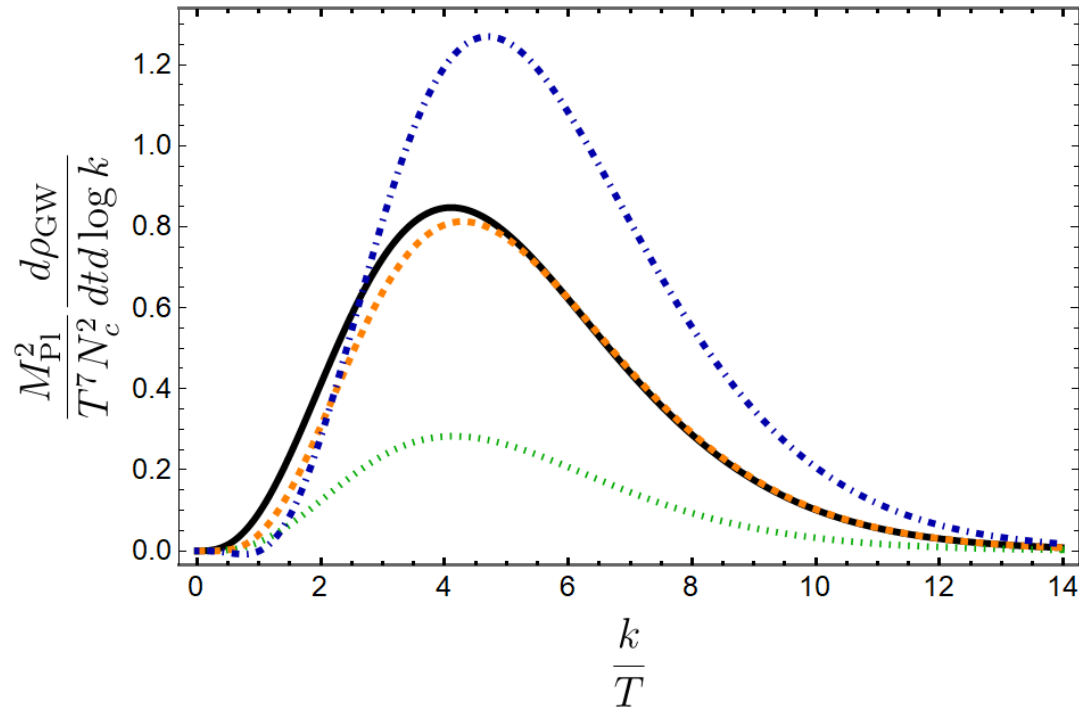
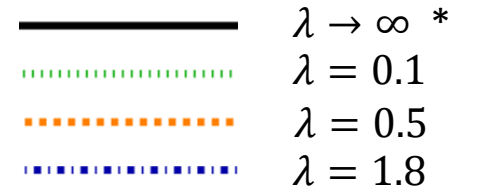
Weakly-coupled gravity theories with black
hole horizons in asymptotically Anti de
Sitter spacetime

**Gauge/gravity duality allows us to
compute correlation functions in the field
theory in terms of the gravity prescription.**

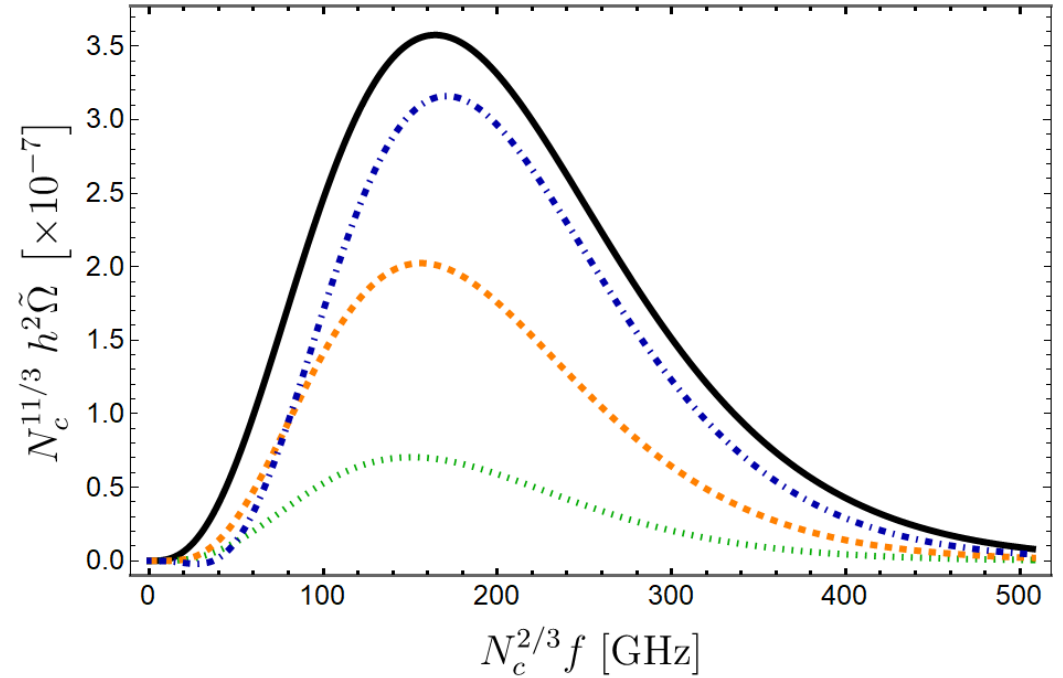


J.M. Maldacena, "Adv. Theor. Math. Phys." 2 (1998), pp. 231-252.

Energy production rate in $\mathcal{N} = 4$ Super Yang-Mills



Energy density from a static source

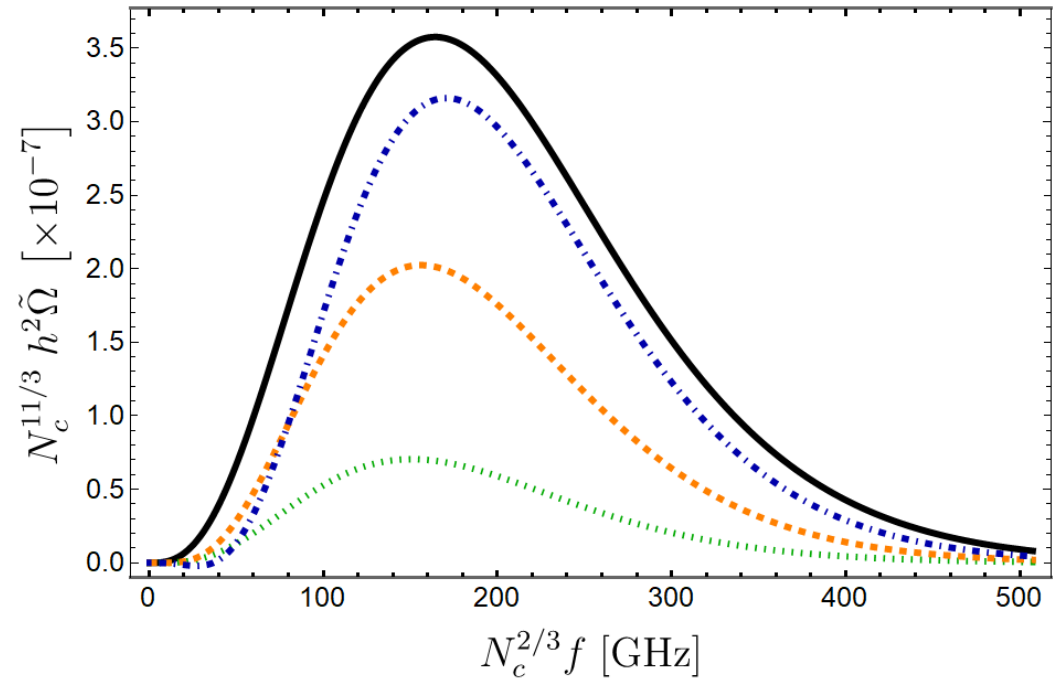
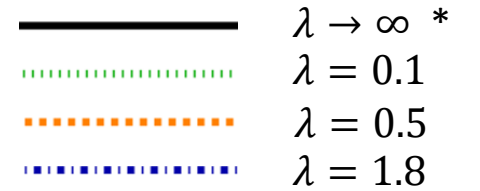


Energy density after convolution with the expansion of the Universe, with $\tilde{\Omega} \equiv \frac{M_{Pl}}{T_{max}} \frac{\Omega}{N_c^2}$

* With $\lambda = g^2 N$ the coupling of the theory

Energy production rate in $\mathcal{N} = 4$ Super Yang-Mills

- The strong coupling computation exhibits a similar behavior as the one in the weakly-coupled regime.
- The spectrum from a thermal plasma gives no intuition about the coupling characterizing the theory.

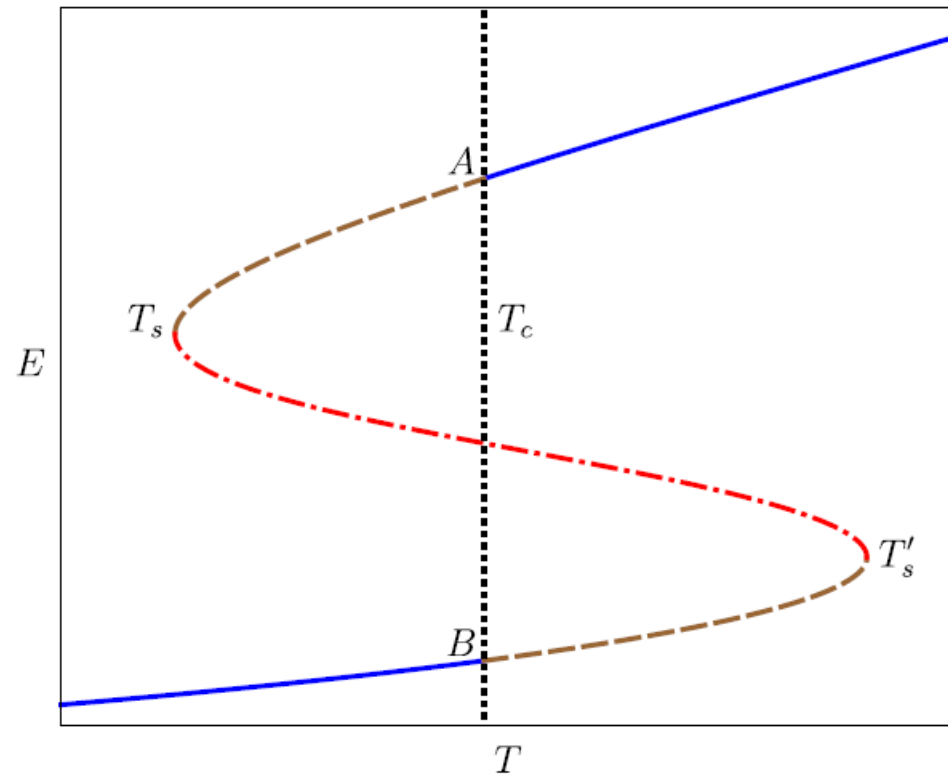


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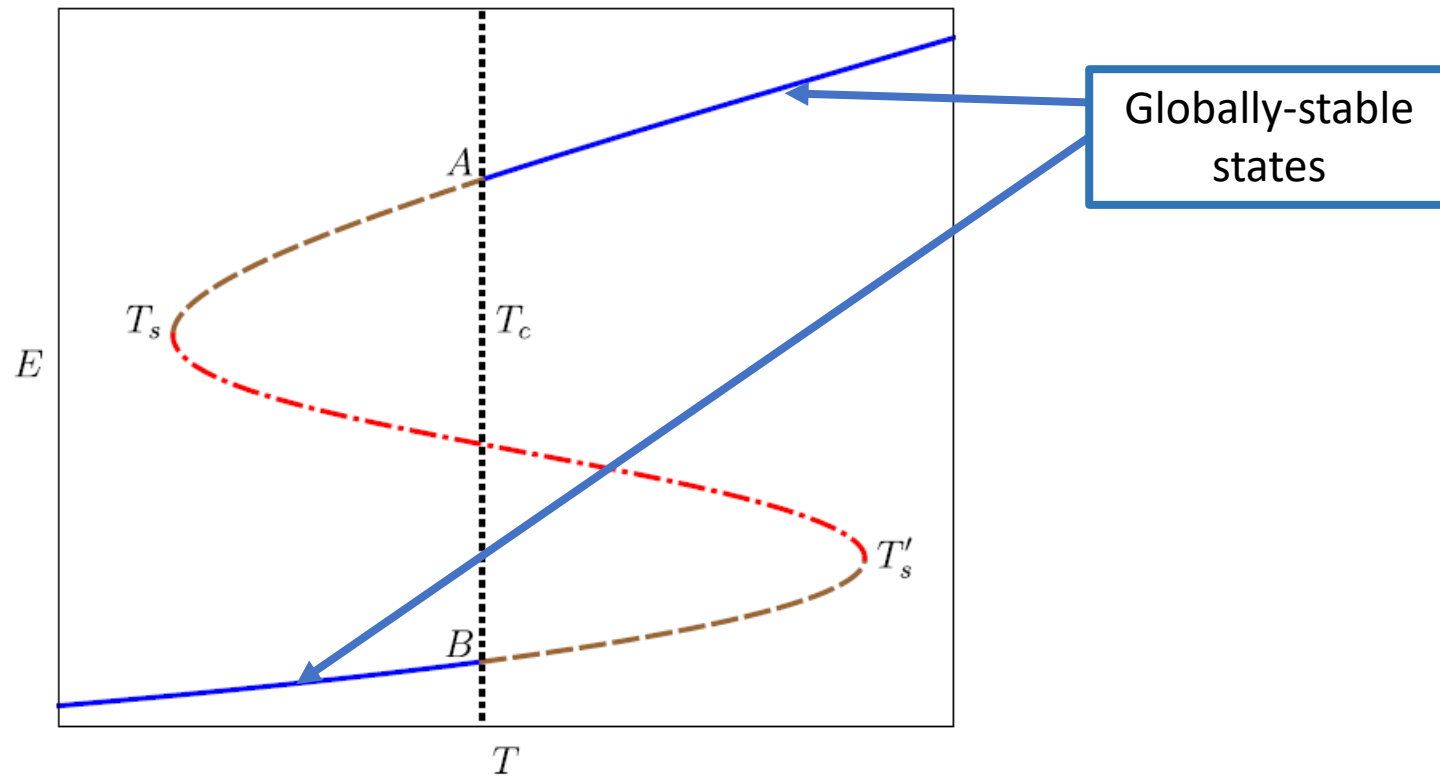
EMISSION FROM A FIRST-ORDER COSMOLOGICAL PHASE TRANSITION

First-order phase transition



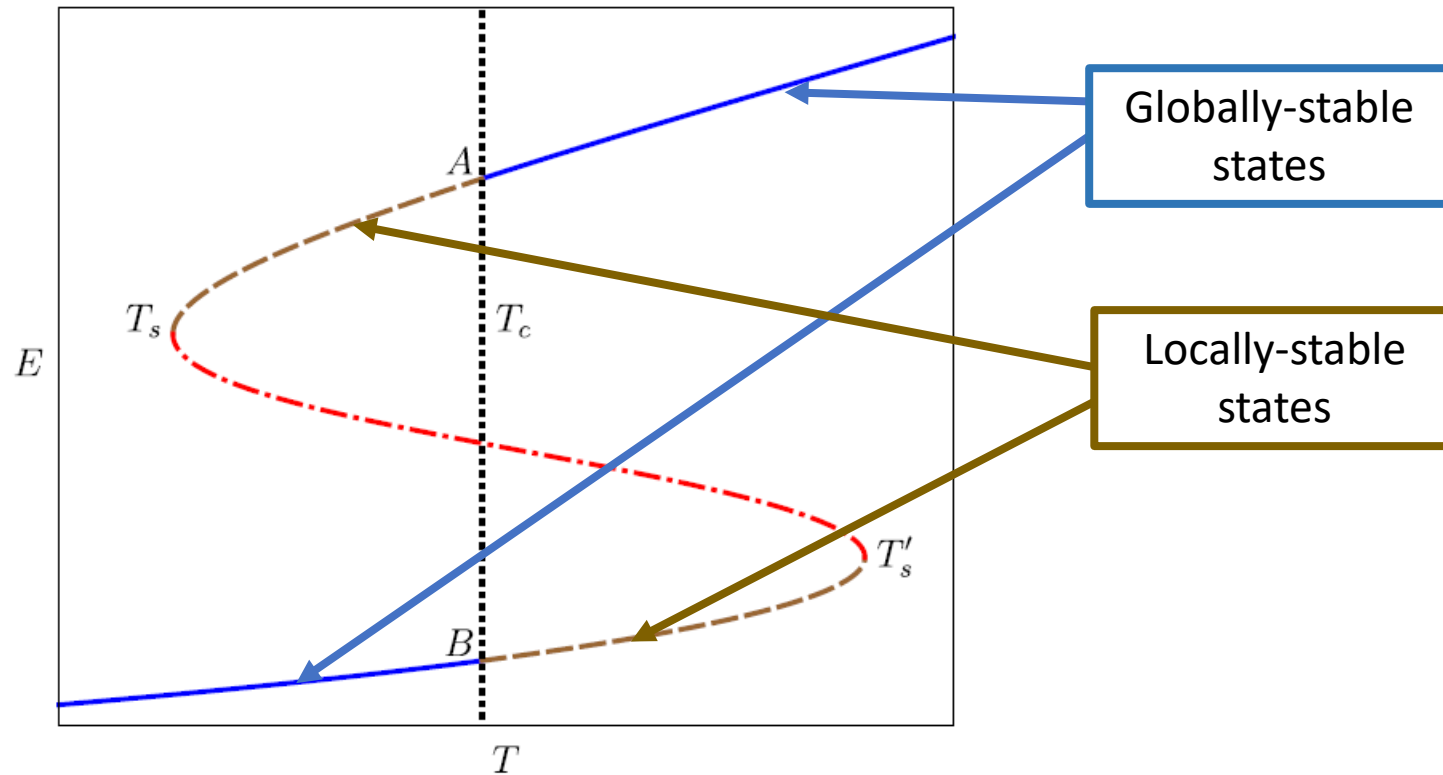
Energy density is multivalued with respect to the temperature

First-order phase transition



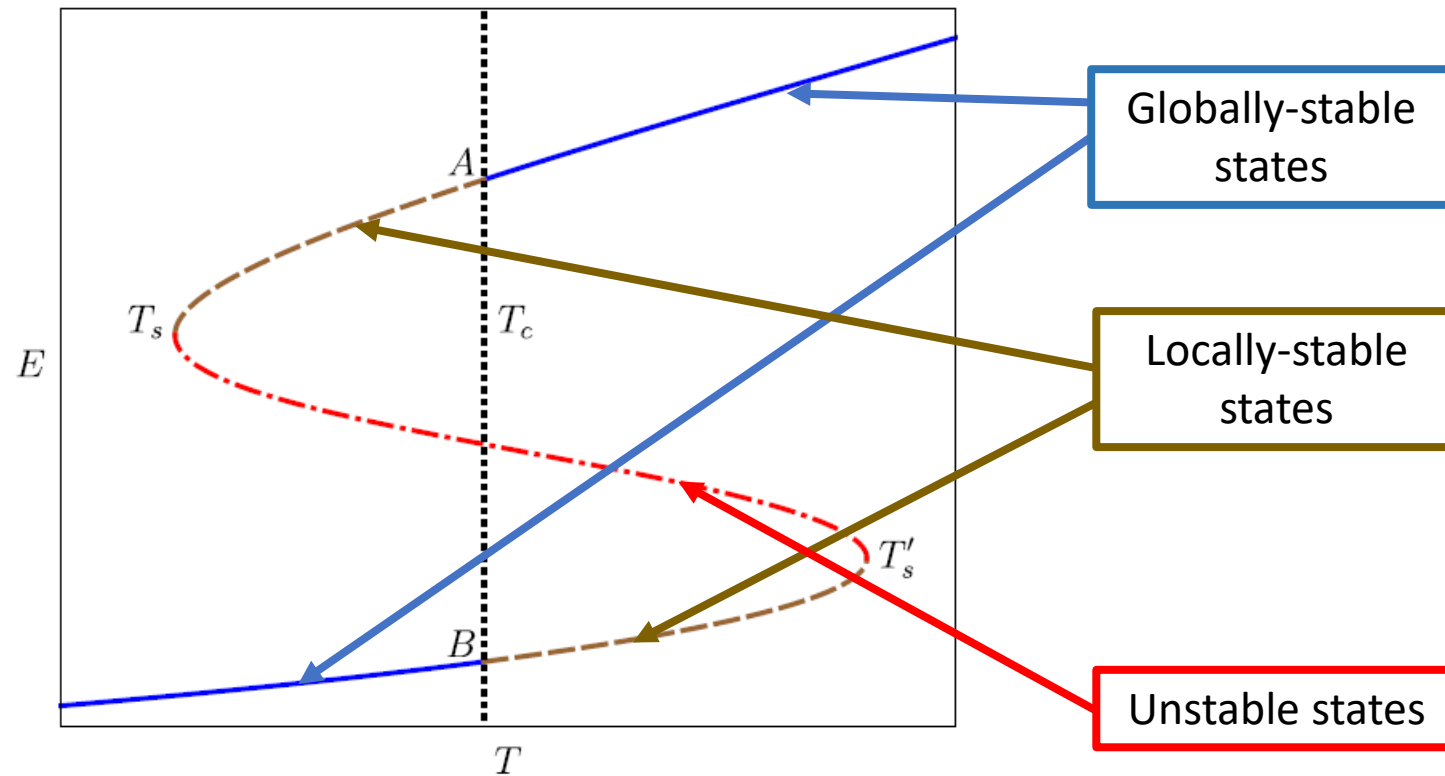
Energy density is multivalued with respect to the temperature

First-order phase transition



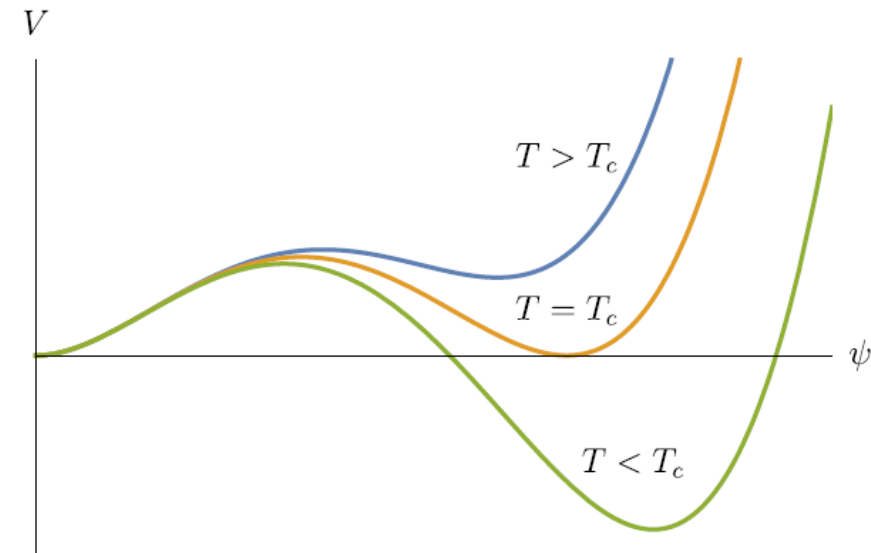
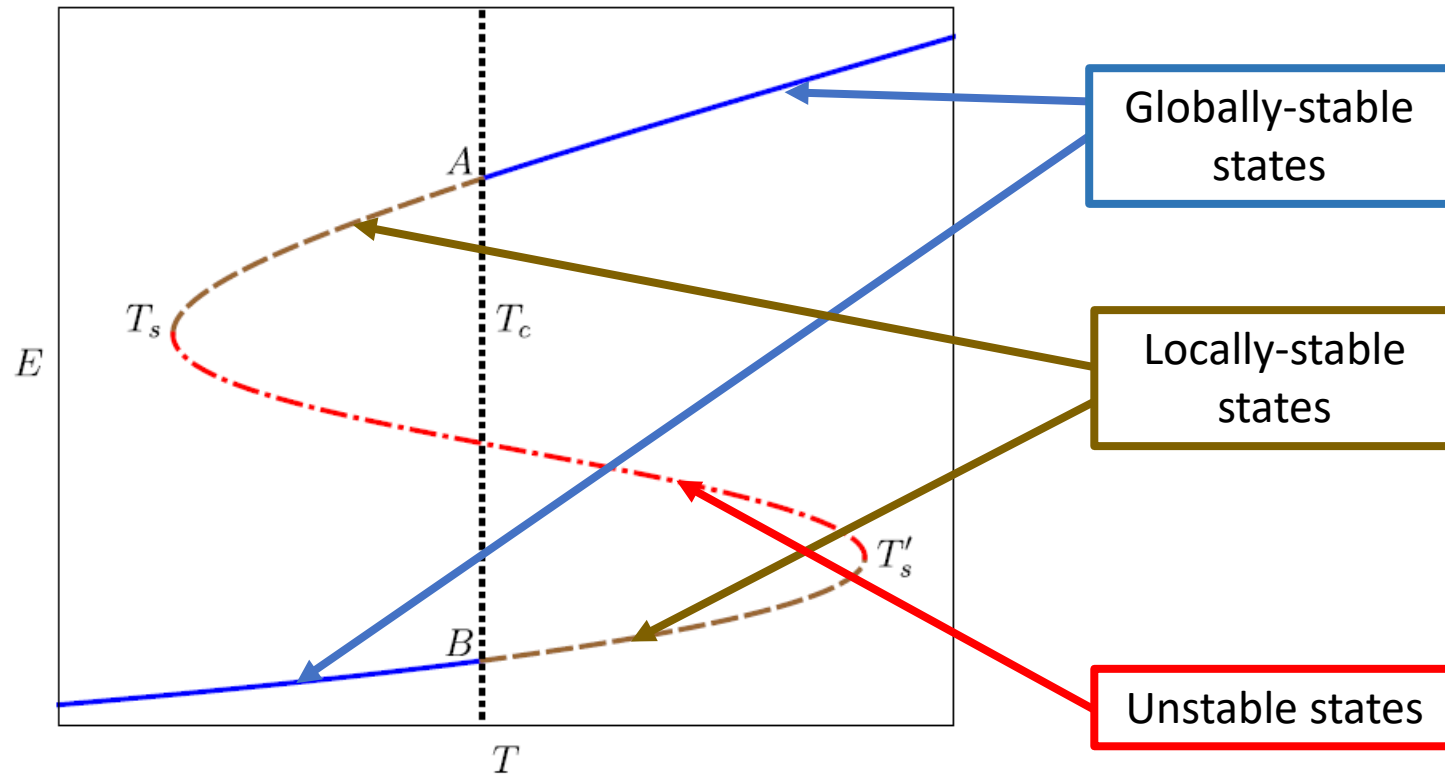
Energy density is multivalued with respect to the temperature

First-order phase transition



Energy density is multivalued with respect to the temperature

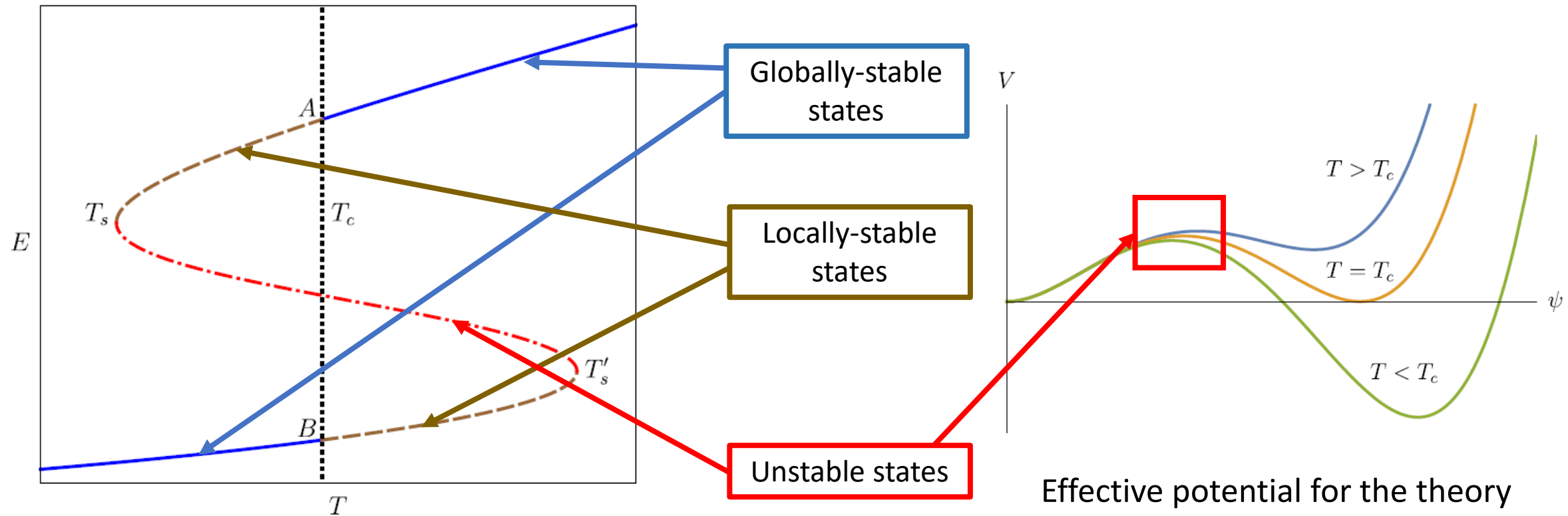
First-order phase transition



Effective potential for the theory

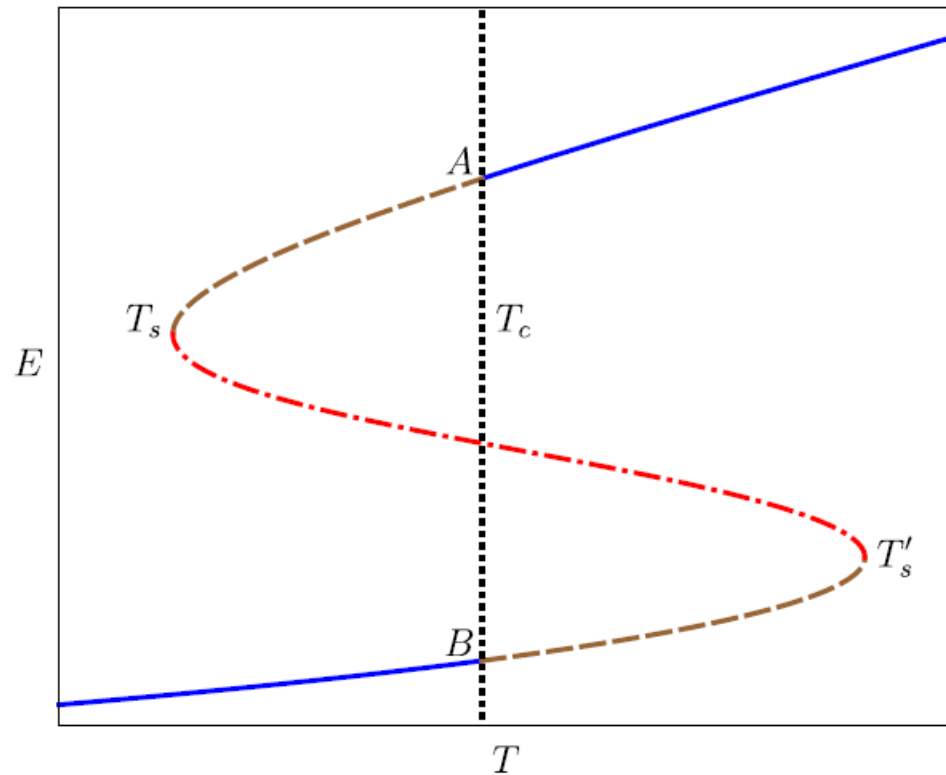
Energy density is multivalued with respect to the temperature

First-order phase transition



Energy density is multivalued with respect to the temperature

First-order phase transition

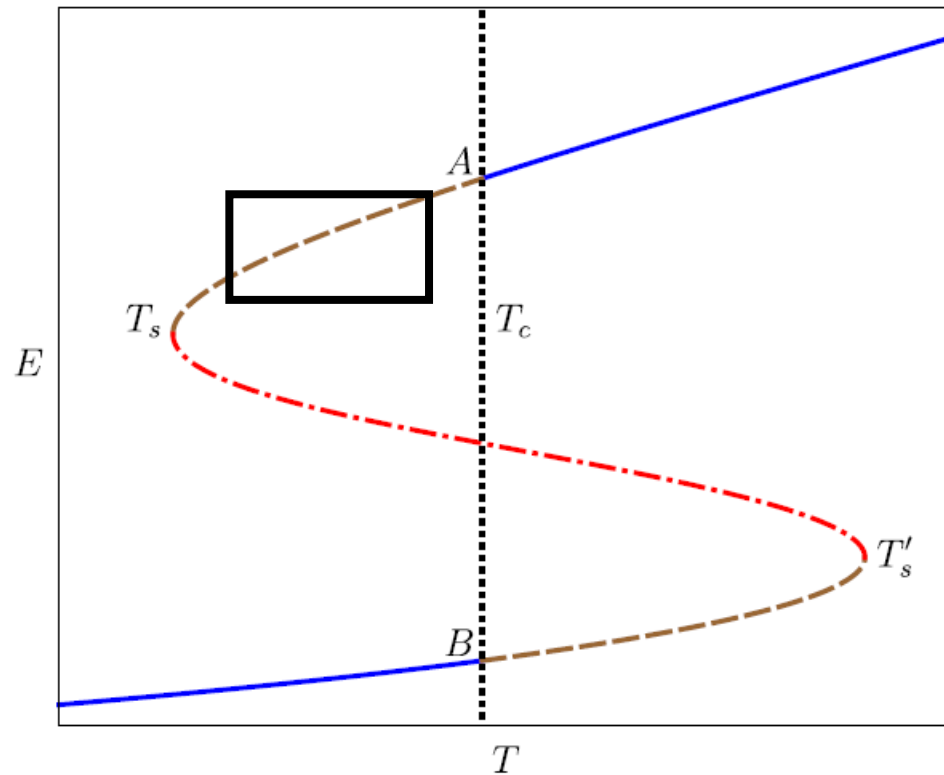


Energy density is multivalued with respect to the temperature

The phase transition can be realized in two ways:

- Bubble nucleation (commonly-assumed mechanism)
- Spinodal instability (alternative mechanism)

Bubble nucleation



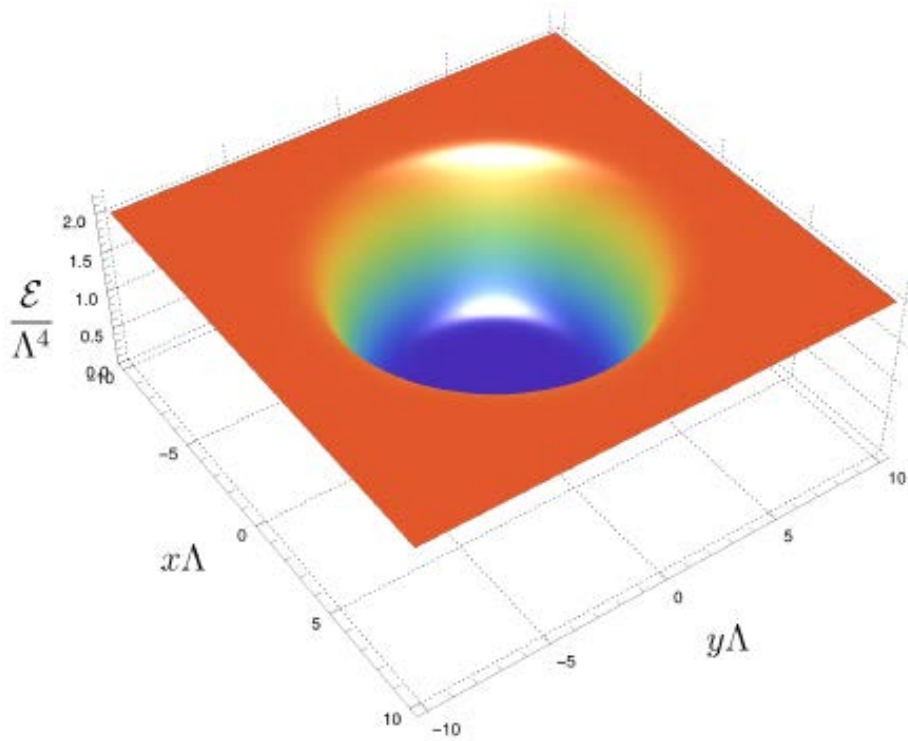
System in the locally-stable region

If the system is overcooled over T_c , it enters the metastable region.

This state is stable against small fluctuations, but not against large ones.

These fluctuations are **bubbles**, and the minimal fluctuation to induce the transition is the **critical bubble**.

Bubble nucleation

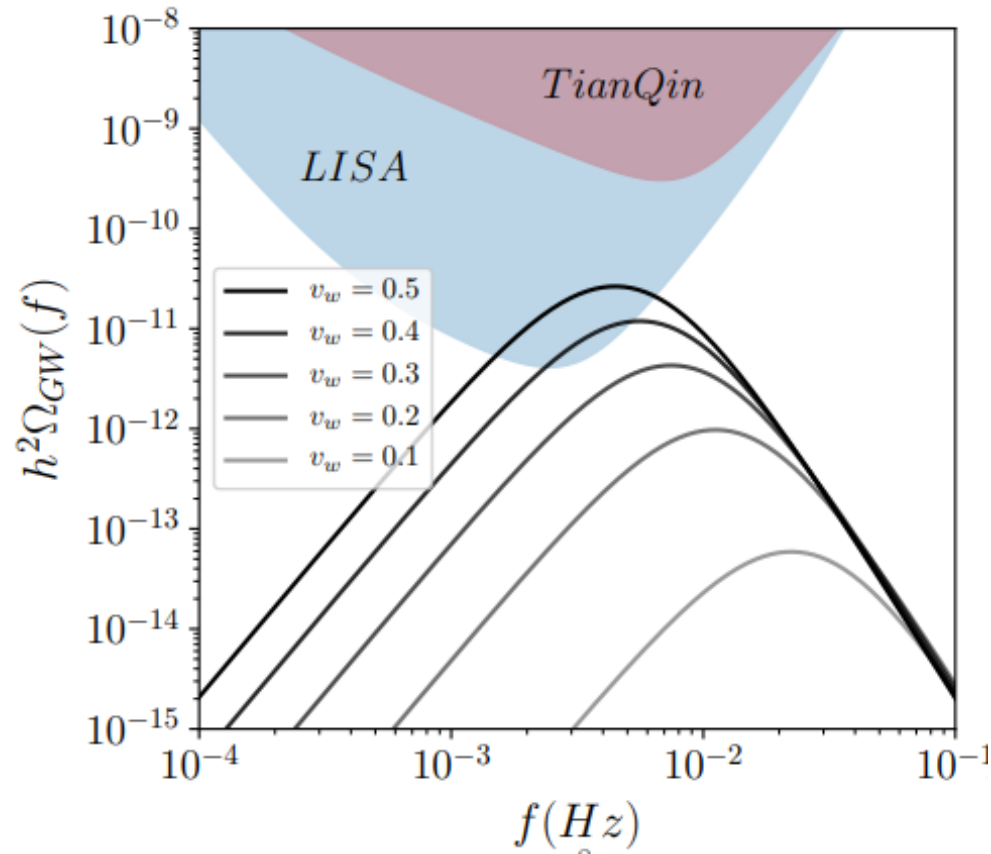


Bubbles are configurations for which the energy density within a certain region is reduced (i.e., in the stable branch).

Supercritical bubbles expand while undercritical bubbles collapse.

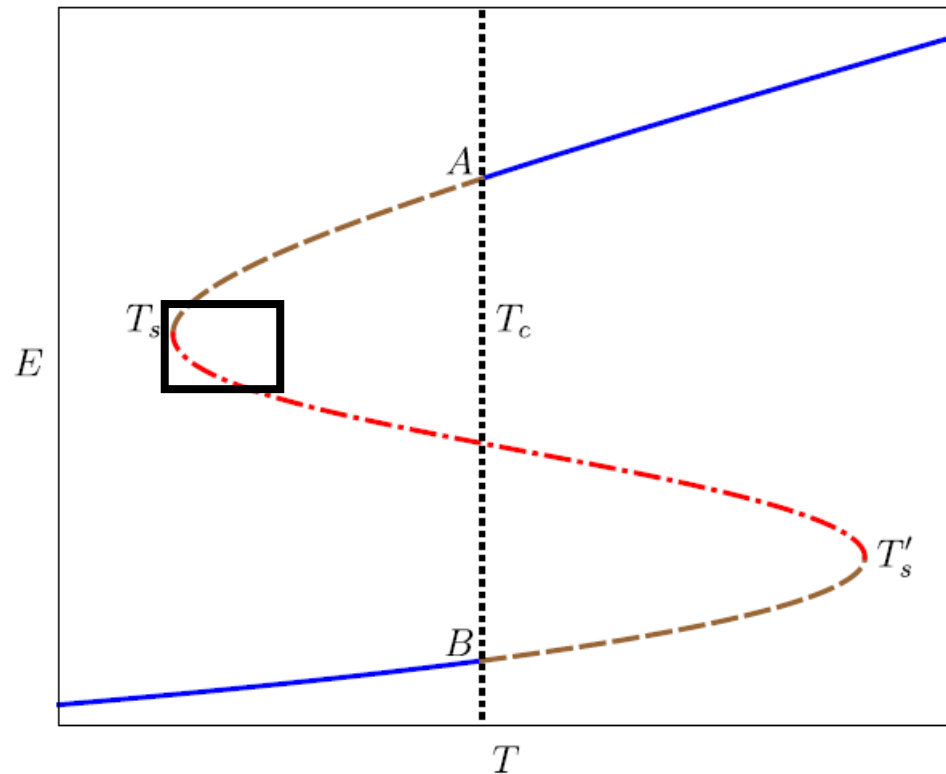
If multiple bubbles expand and collide, it leads to the **emission of gravitational waves**.

Gravitational waves from bubble nucleation



Spectrum of gravitational waves emitted from the collision of bubbles for different values of the bubble wall velocity

Spinodal instability



System in the unstable region

If the bubble nucleation rate is sufficiently suppressed, the Universe can cool down to the spinodal branch.

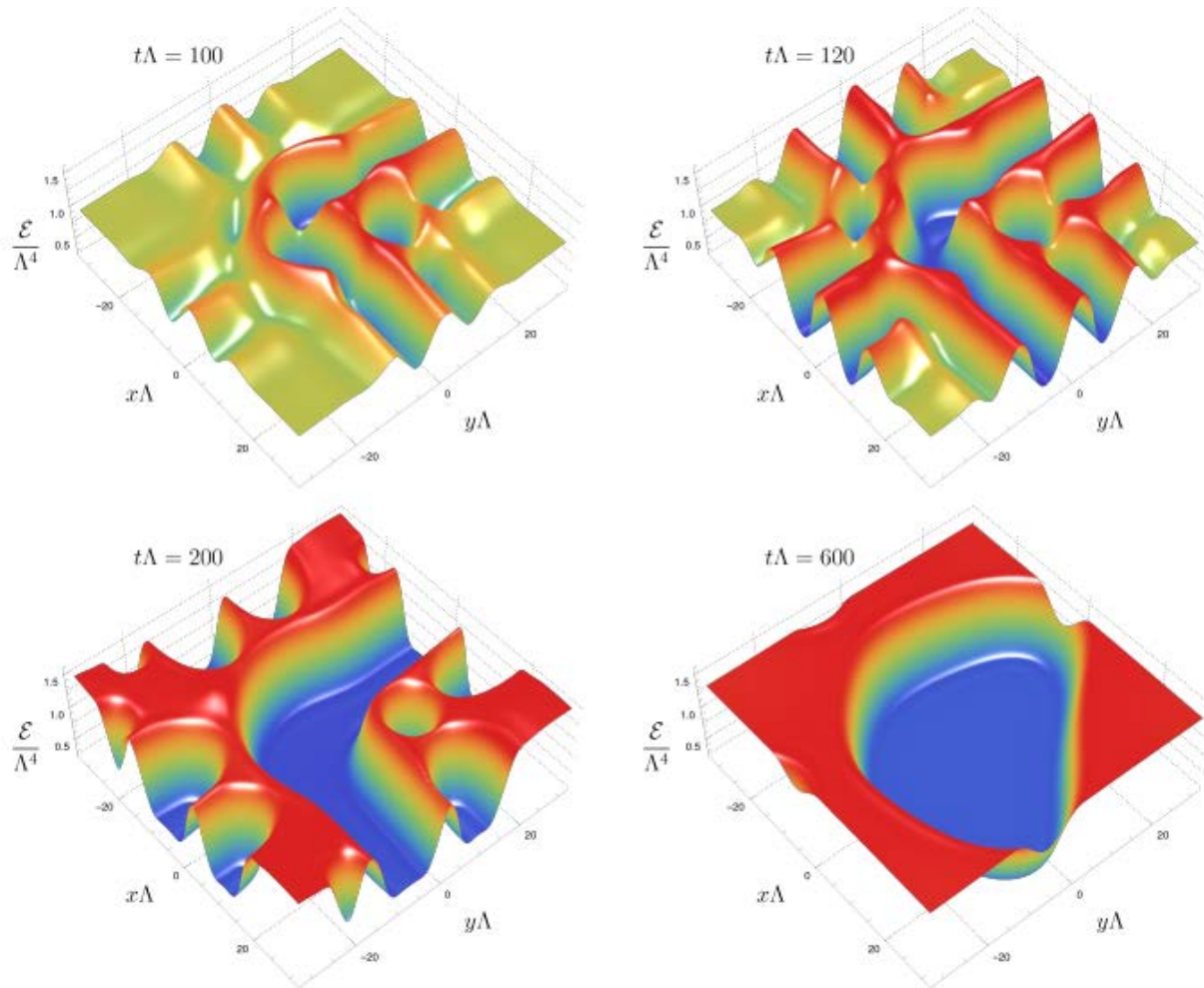
Fluctuations begin to grow, some in the form of **sound waves**.

Some modes grow exponentially as

$$\mathcal{A} \sim e^{\gamma(k)t},$$

with $\gamma(k) > 0$ for long-wave length, small amplitude perturbations, making the system very **unstable**.

Spinodal instability



Evolution of the phase transition via spinodal instability from an initial fluctuation

If the bubble nucleation rate is sufficiently suppressed, the Universe can cool down to the spinodal branch.

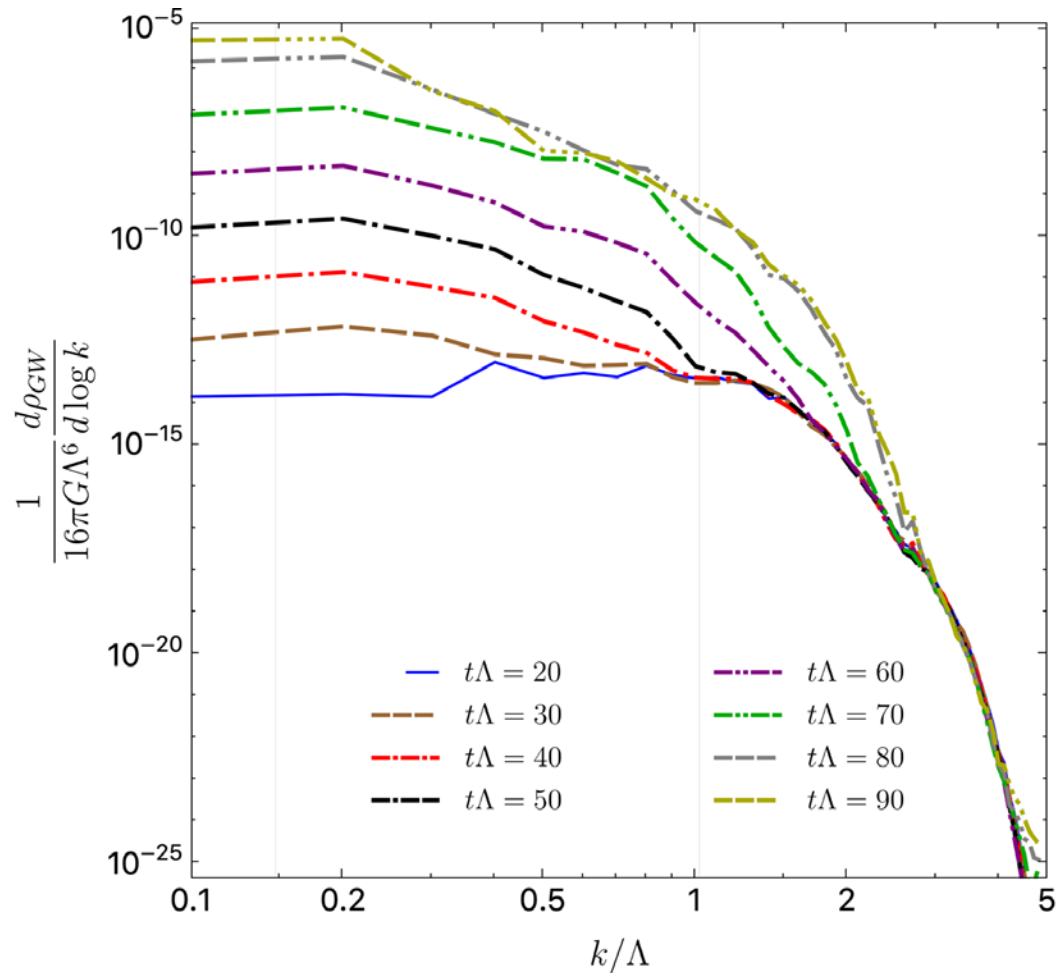
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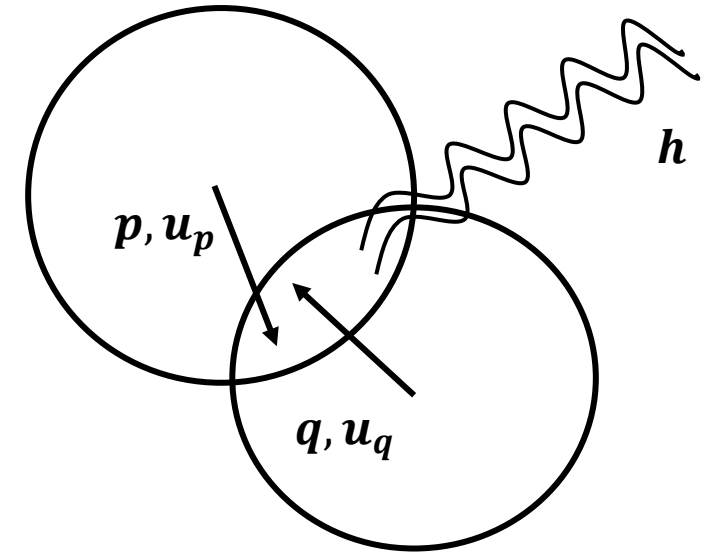
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Gravitational waves from spinodal instability

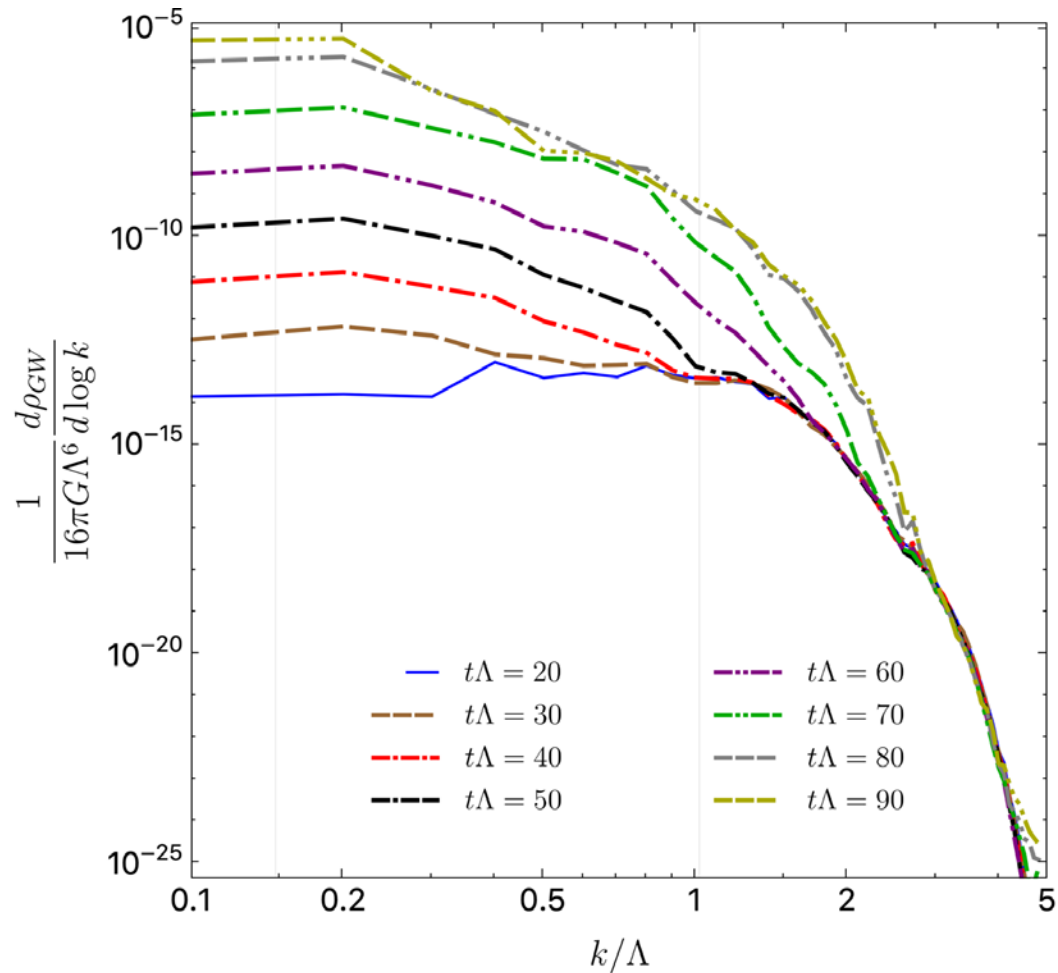


Gravitational waves energy density per unit logarithmic momentum



The **collision of sound waves** leads to the production of gravitational waves.

Gravitational waves from spinodal instability



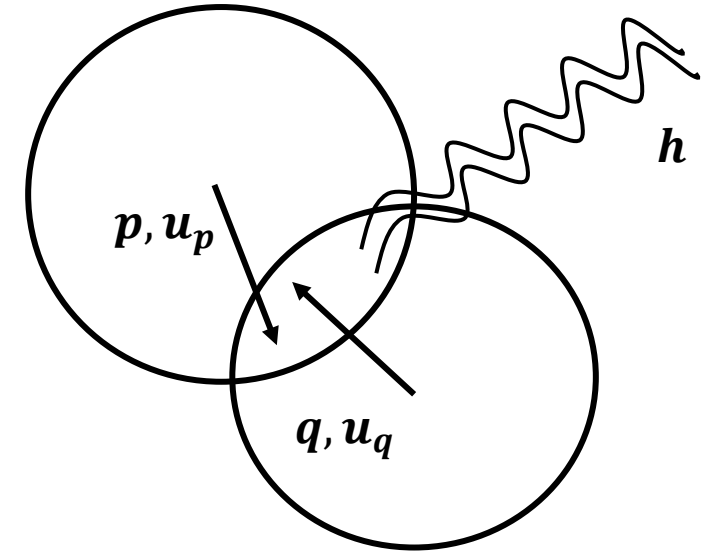
Gravitational waves energy density per unit logarithmic momentum

- The dynamics has been computed by setting by hand an initial fluctuation over the system.
- If we want to truly characterize the dynamics of the transition, we need to perform a full analysis of the fluctuations.

Gravitational waves from spinodal instability

Energy production rate of gravitational waves:

$$\frac{d\rho_{GW}}{dt d^3k} = \frac{4\pi G}{(2\pi)^3} \Lambda_{ijmn} \int d^4x e^{i(\omega t - \mathbf{kx})} \langle T_{ij}(\mathbf{0}, \mathbf{0}) T_{mn}(t, \mathbf{x}) \rangle$$



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Gravitational waves from spinodal instability

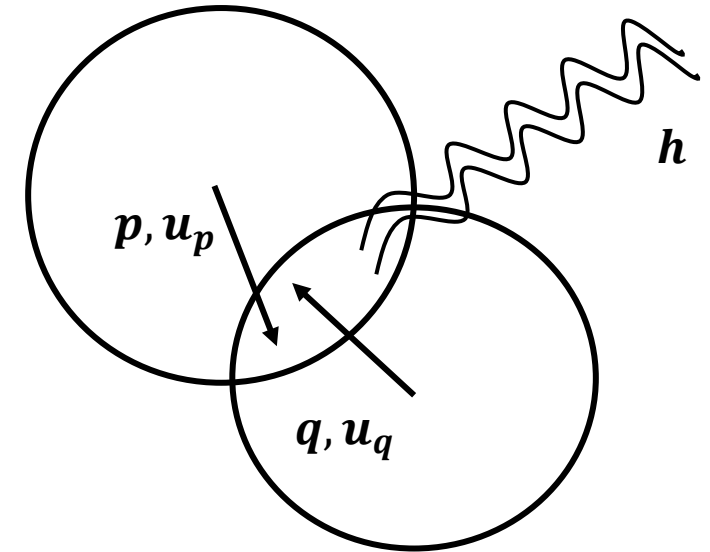
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Sound waves propagate in the medium, leading to fluctuations δT_{ij} and δv_i .

The piece of the fluctuation that contributes to the production of gravitational waves is

$$\delta T_{ij} = \omega_0 v_i v_j$$



The **collision of sound waves** leads to the production of gravitational waves.

Gravitational waves from spinodal instability

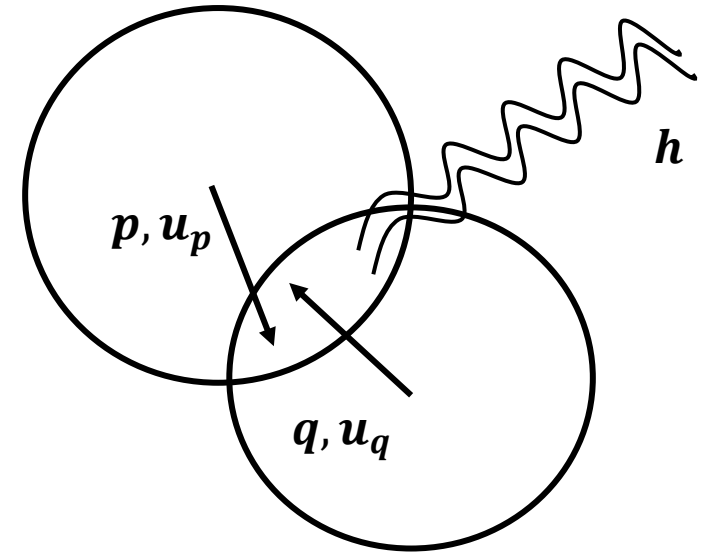
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Fluctuations $\delta T_{ij} = \omega_0 v_i v_j$ with $v_i = \frac{T_{0i}}{\omega_0}$ and ω_0 the enthalpy.

The energy density of gravitational waves emitted by collision of sound modes depends on the correlator of the spin-0 components of the energy-momentum tensor:

$$\langle T_{0i}(\mathbf{0}, \mathbf{0}) T_{0j}(t, \mathbf{x}) \rangle$$



Gravitational waves from spinodal instability: Holographic computation

Five-dimensional theory with Einstein gravity coupled to a scalar field ϕ

$$S = \frac{2}{\kappa_5^2} \int d^5x \sqrt{-g} \left[\frac{1}{4} R - \frac{1}{2} (\partial\phi)^2 - V(\phi) \right]$$



Non-conformal gauge theory obtained by addition of a source term to a conformal field theory

$$S \sim S_{CFT} + \int d^4x \Lambda \mathcal{O}$$

For certain choice of the parameters in the gravity theory, the dual gauge theory exhibits a number of features such a first-order phase transition.

Gravitational waves from spinodal instability: Holographic computation

Ongoing work: Characterize the fluctuations $\langle T_{0i}(\mathbf{0}, \mathbf{0}) T_{0j}(\mathbf{t}, \mathbf{x}) \rangle$

Duality toolbox:

Energy-momentum tensor $T_{\mu\nu}$ in the CFT **4D**



Gravitational fluctuations $h_{\mu\nu}$ **5D**

Holography allows us to compute $\langle T_{0i}(\mathbf{0}, \mathbf{0}) T_{0j}(\mathbf{t}, \mathbf{x}) \rangle$ by solving for the h_{0i} component.

Turn on spin-0 fluctuations

$$h_{tt}, h_{tr}, h_{rr}, h_{rx}, \varphi,$$

which can be expressed in terms of two independent scalars Φ_1 and Φ_2 satisfying

$$\square\Phi - V(r)\Phi = 0$$

Conclusions

- With this analysis, we estimate the strong coupling effects on the gravitational wave spectrum emitted by different phenomena in the early Universe.
- In order to use this spectrum of gravitational waves in the search of new physics, we need to widen the range of possible signals.
- For the particular case of phase transitions, we will soon complete the analysis of spinodal-induced emissions and compare it with the spectrum of the standard bubble nucleation mechanism.