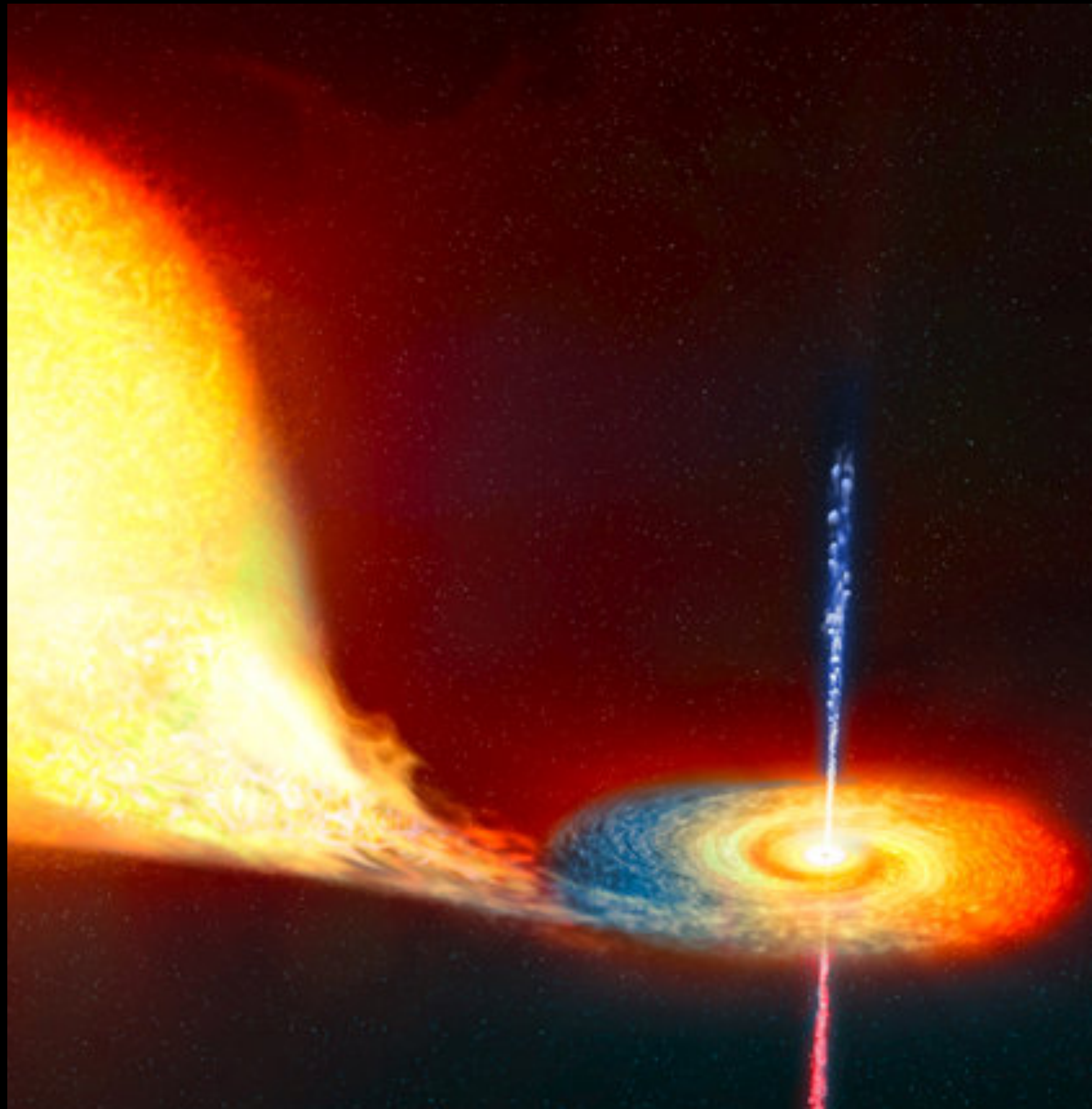
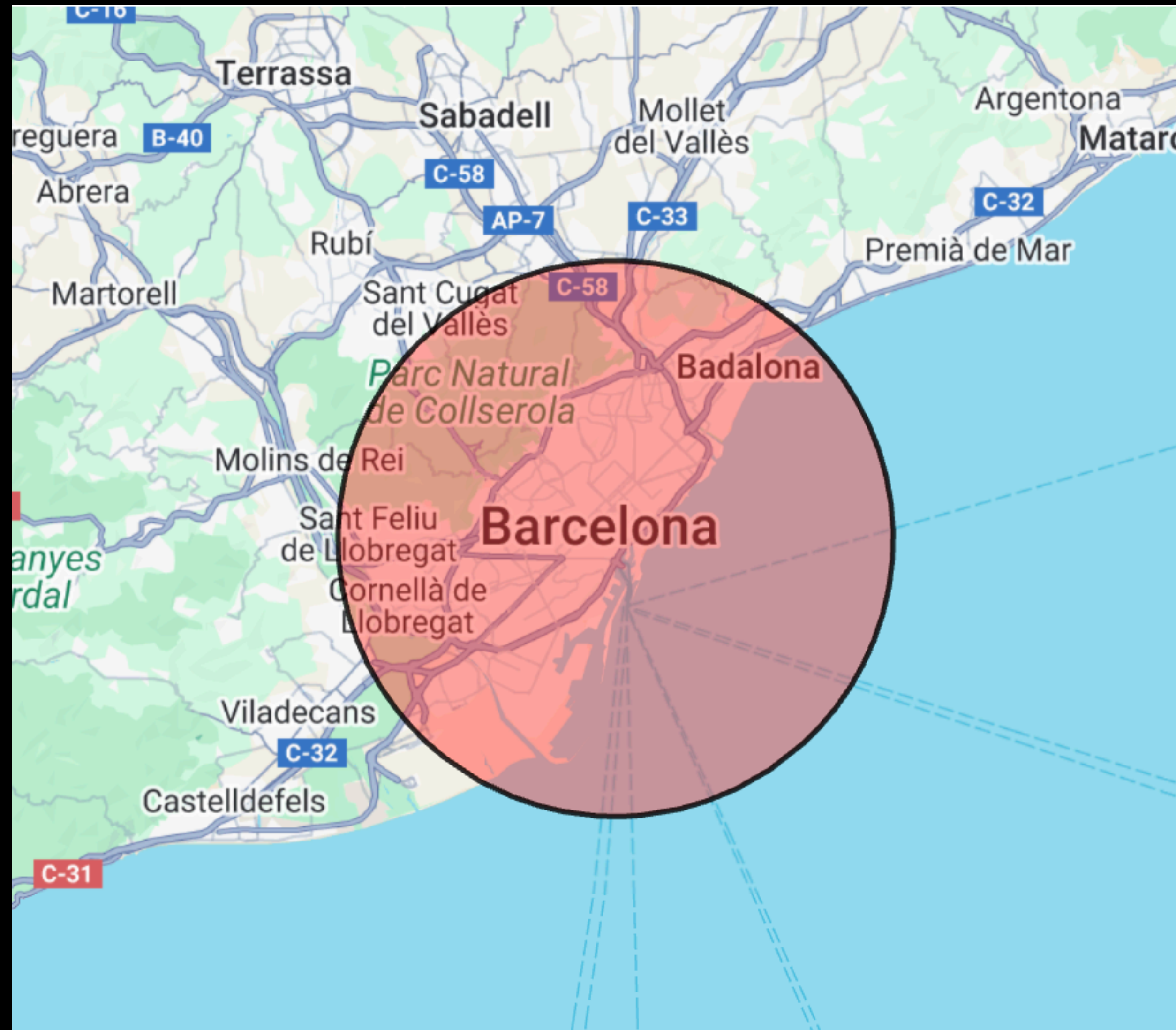


# H-triggered X-ray Bursts on Slowly Accreting Neutron Stars

NIC 2025  
Sierra Casten







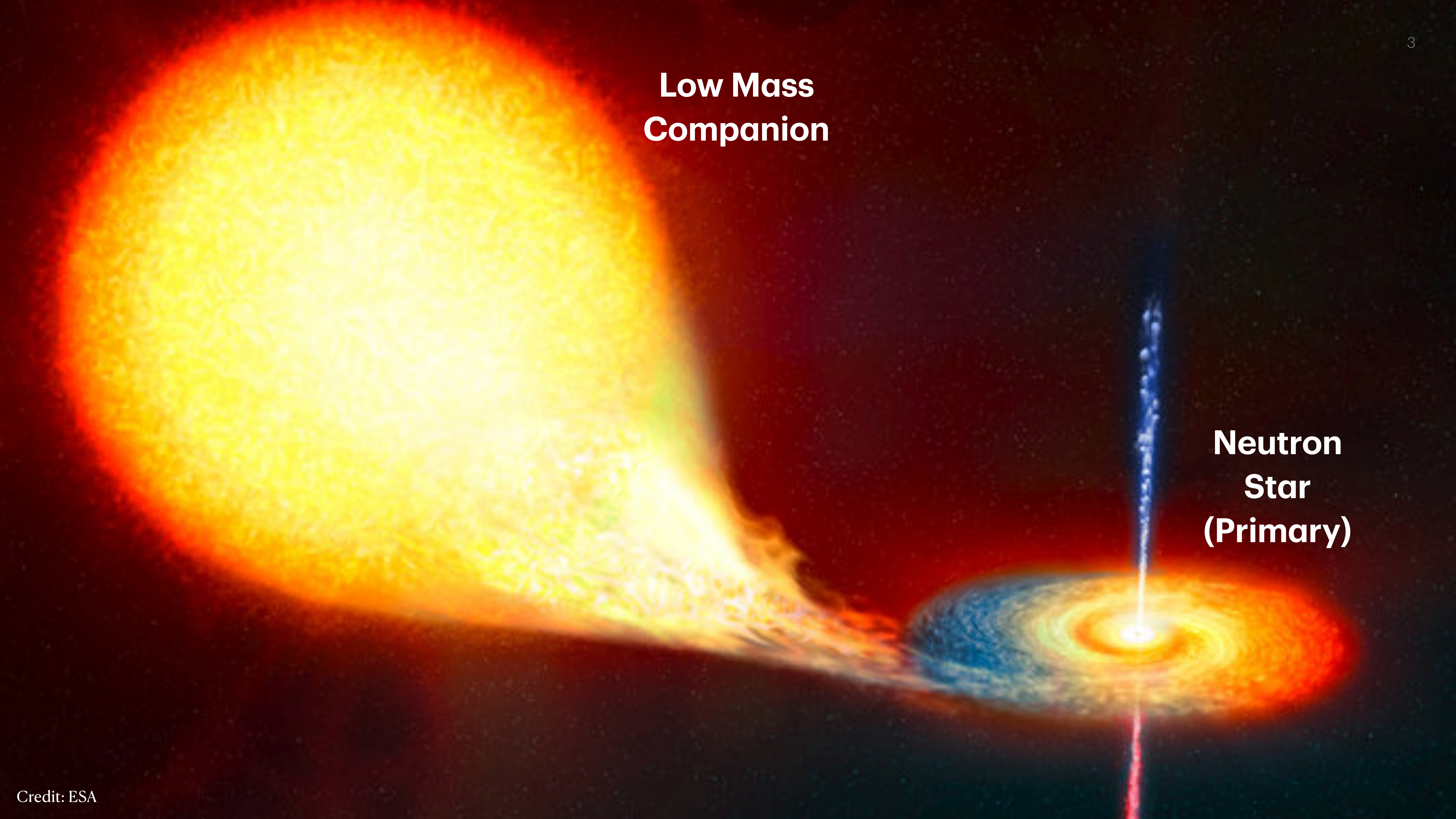
$$M = 1.4 M_{\odot}$$

$$R = 12 \text{ km}$$



**Low Mass  
Companion**

**Neutron  
Star  
(Primary)**





Accretion  
Disk

Wine

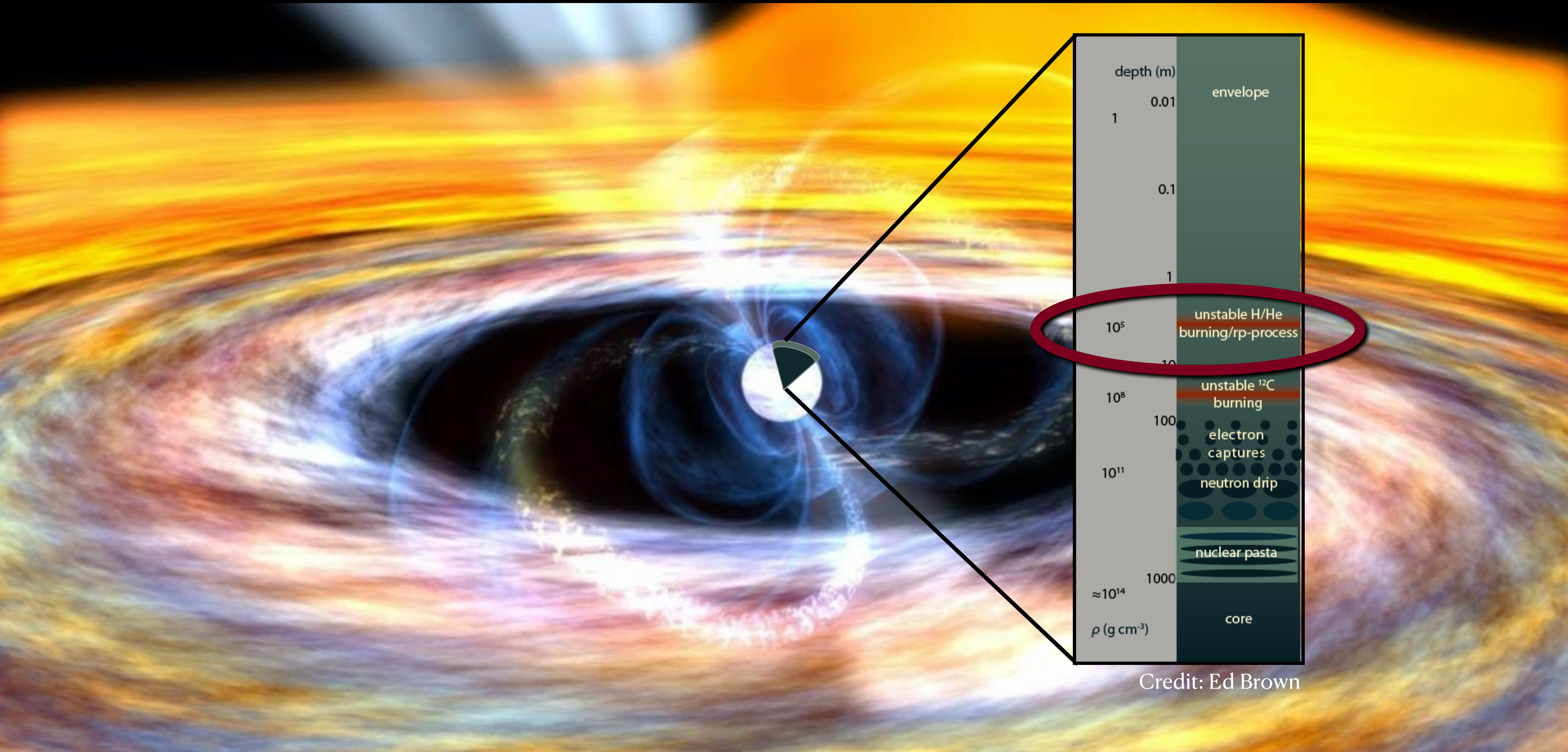
Octopus

Coffee

IDEAL HANDS

IRONAL





Credit: Ed Brown





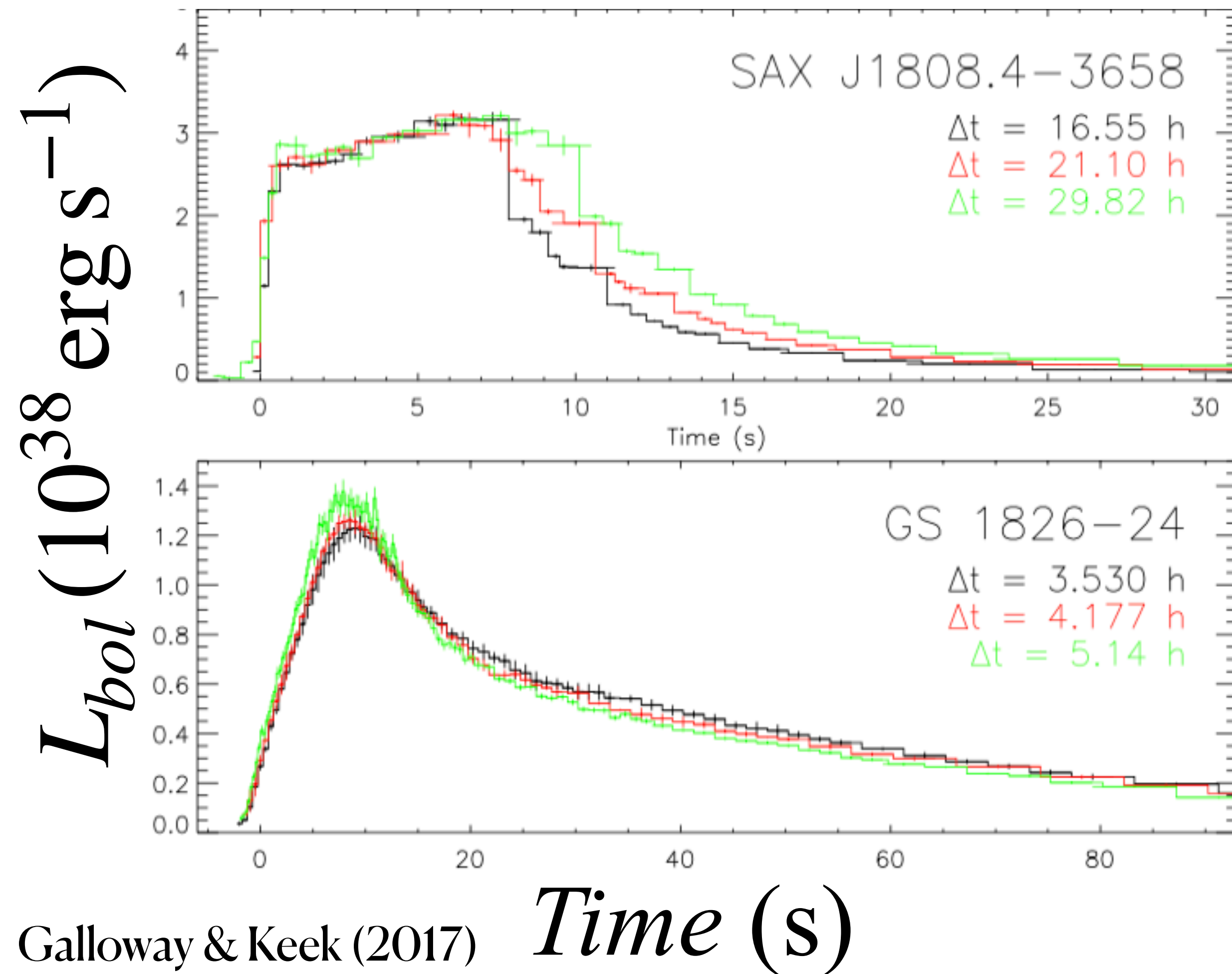


lower  $\dot{M}$

**He-rich burst ignited  
(after the accreted H has  
been exhausted)**

high  $\dot{M}$

**Mixed H/He burst**





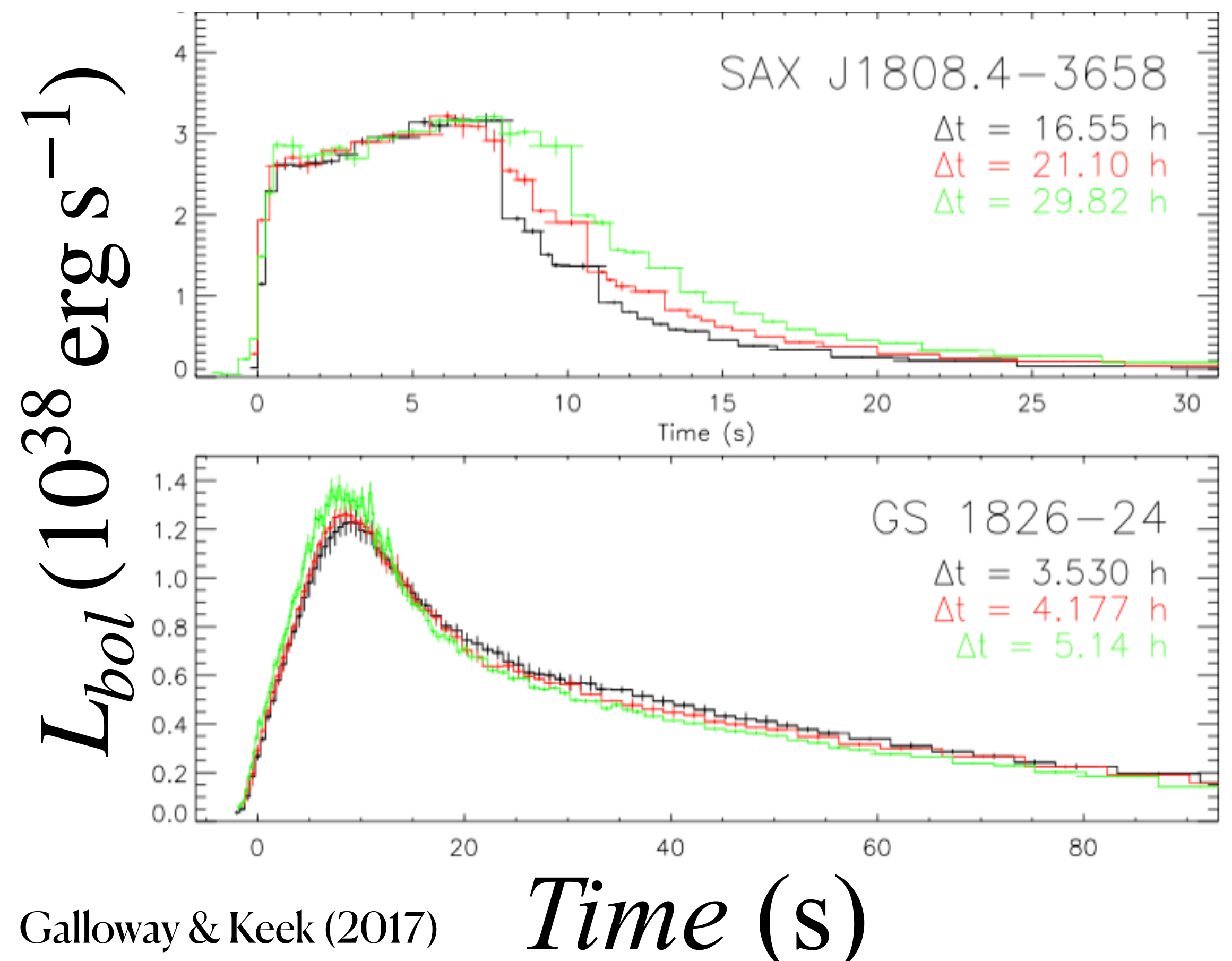
He-triggered

lower  $\dot{M}$   
**He-rich burst ignited**  
(after the accreted H has  
been exhausted)

high  $\dot{M}$   
**Mixed H/He burst**

H-triggered

???



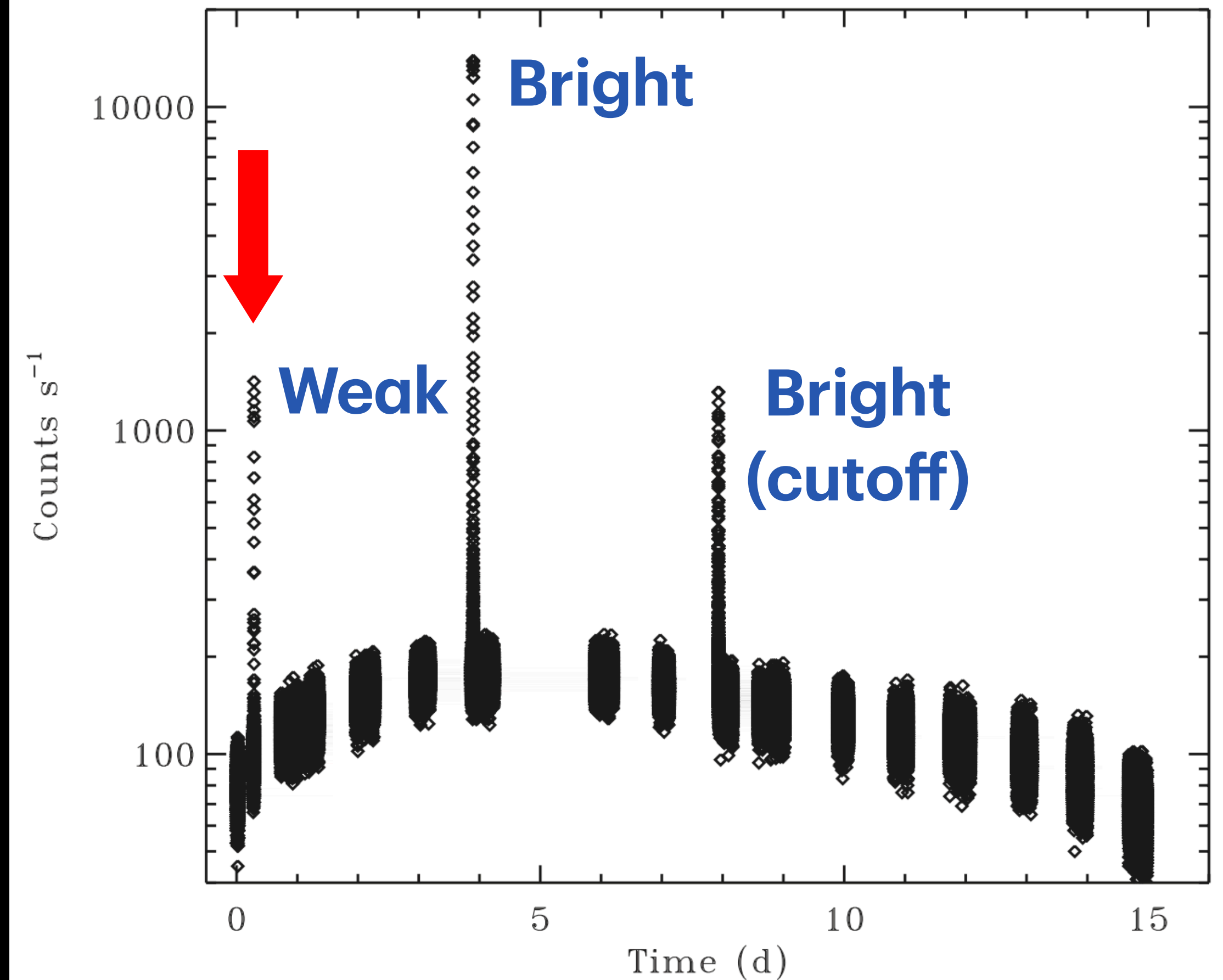
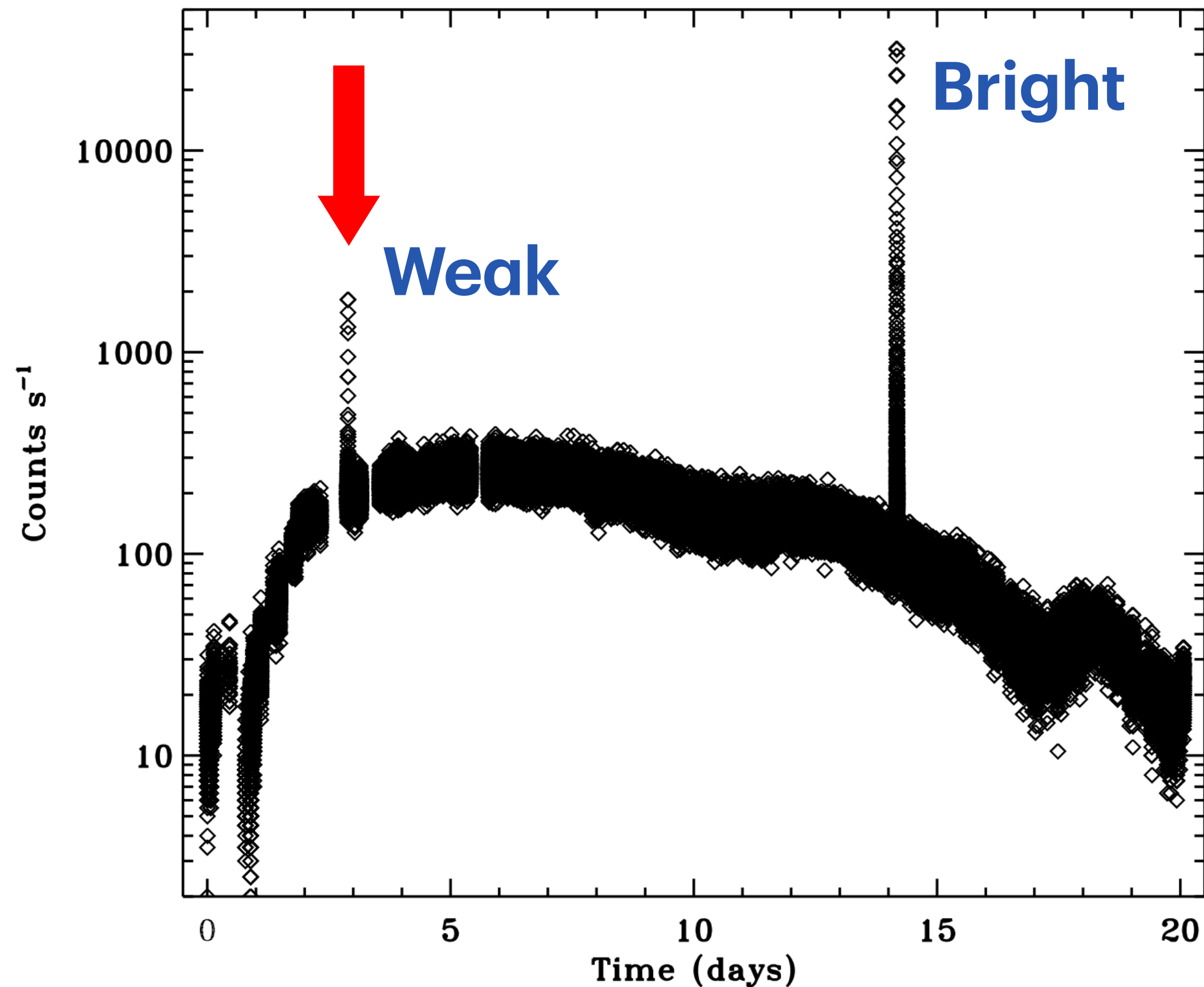


# Weak Bursts from SAX J1808.4-3658

H-triggered bursts?

NICER (2019)

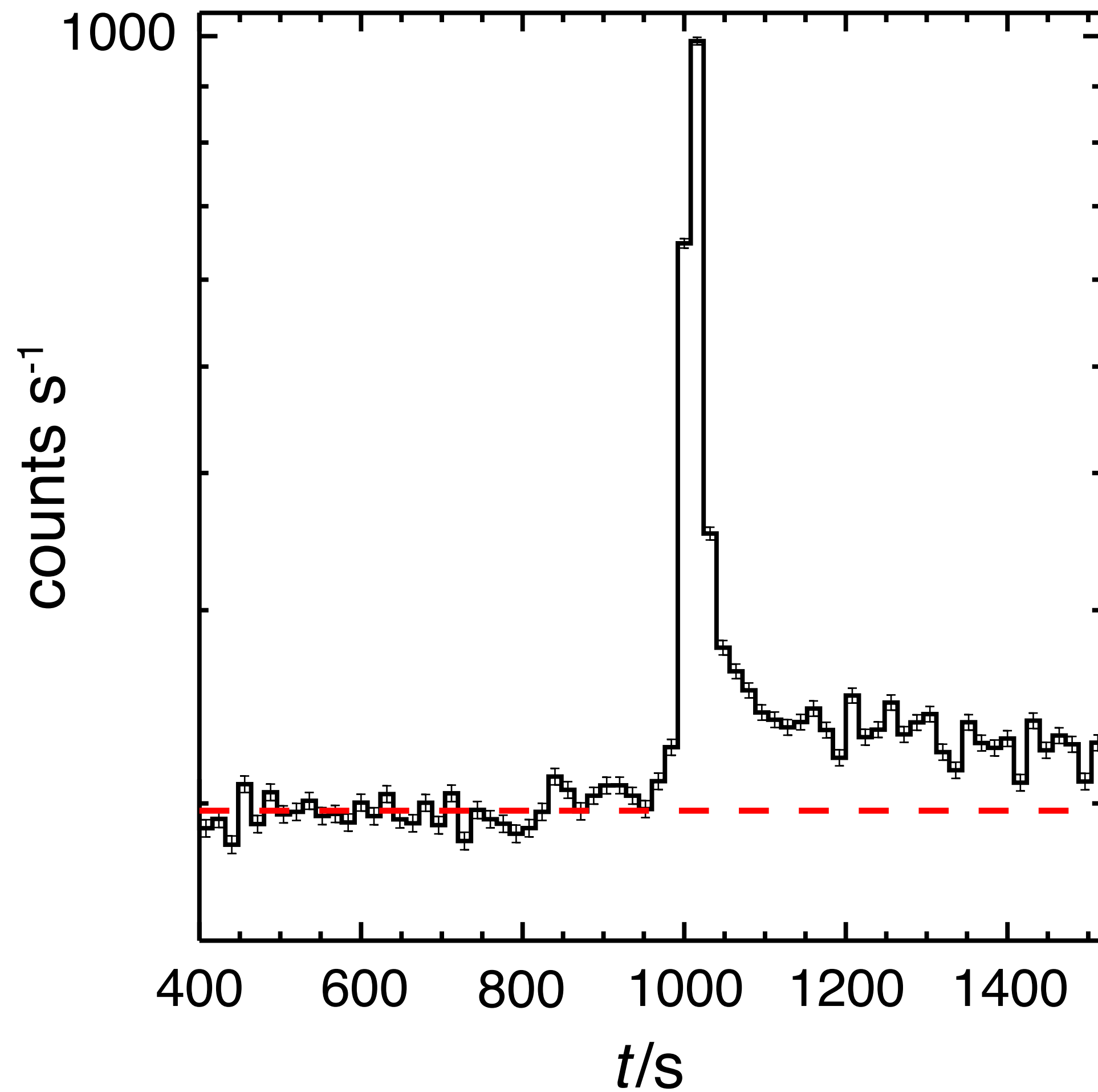
RXTE (2005)





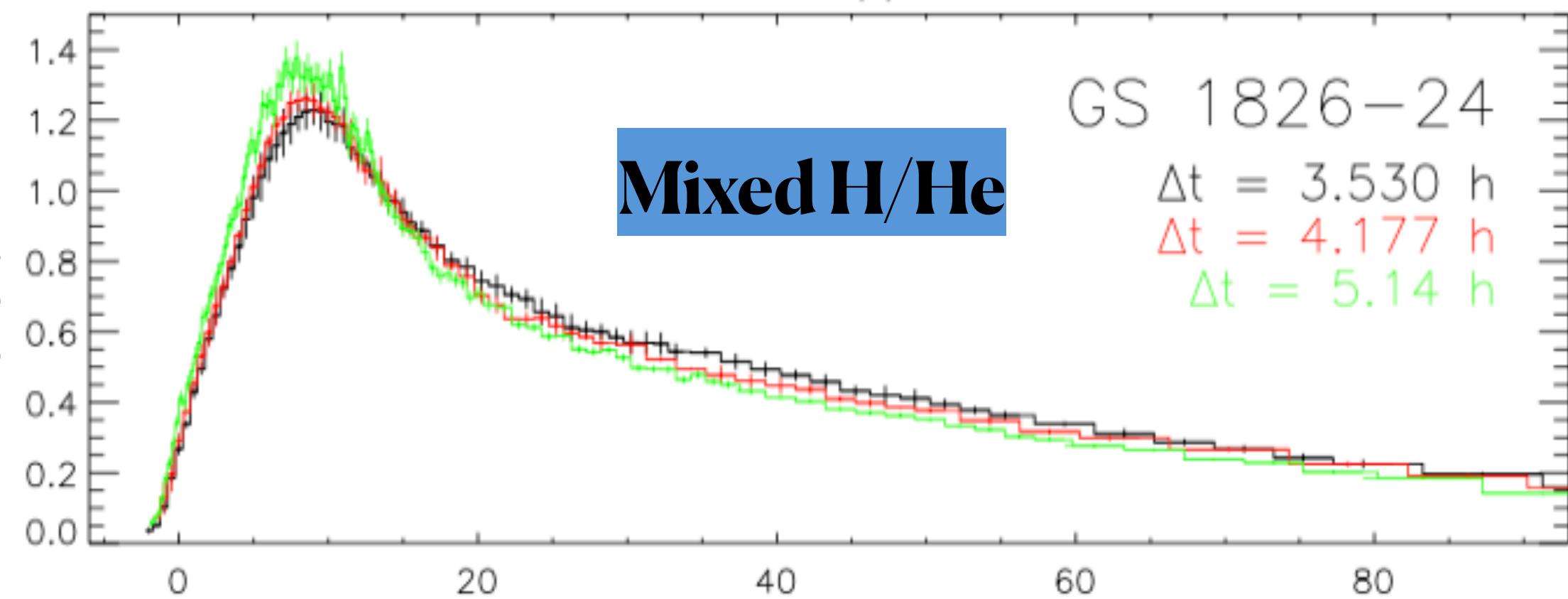
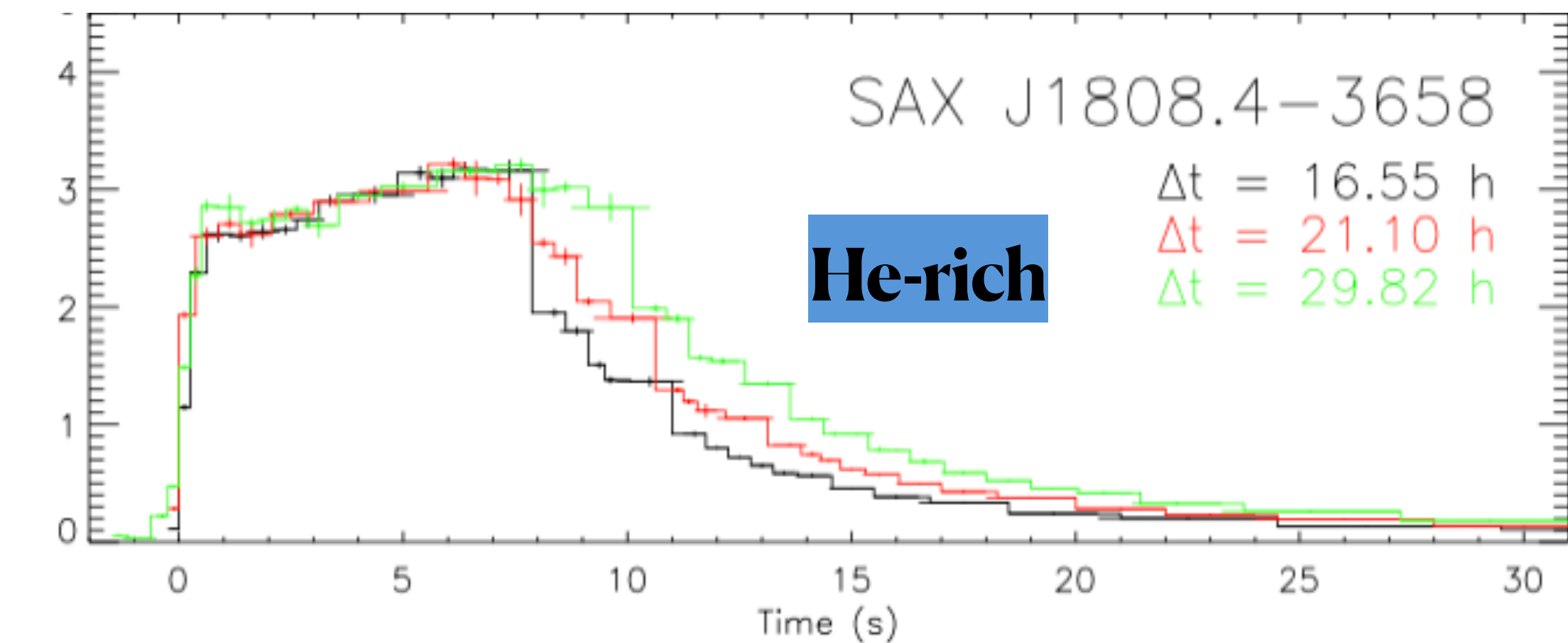
lowest  $\dot{M}$

## H-triggered Burst



Casten, S., Strohmayer, T., Bult, P. (2023)

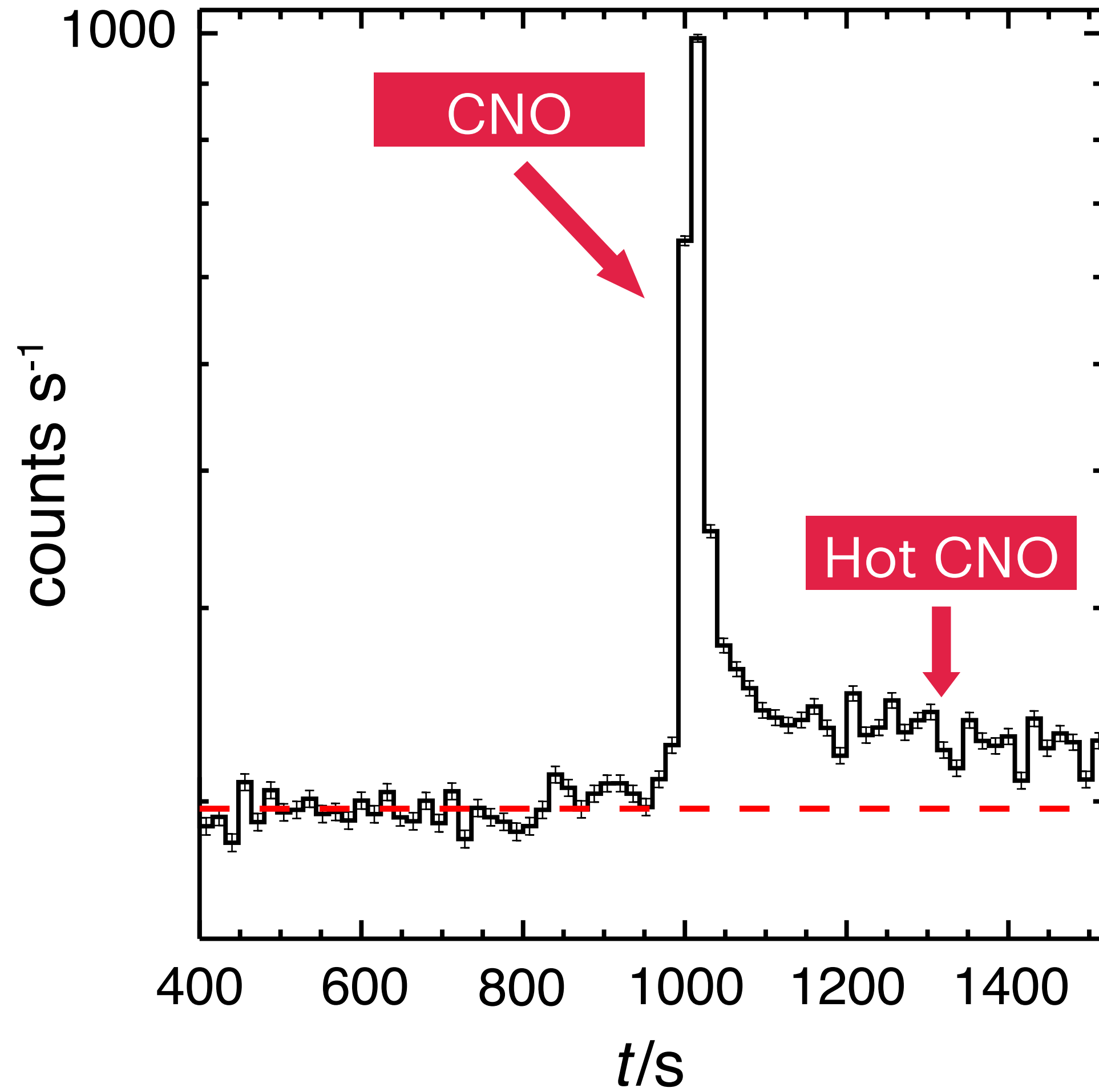
$L_{bol} (10^{38} \text{ erg s}^{-1})$



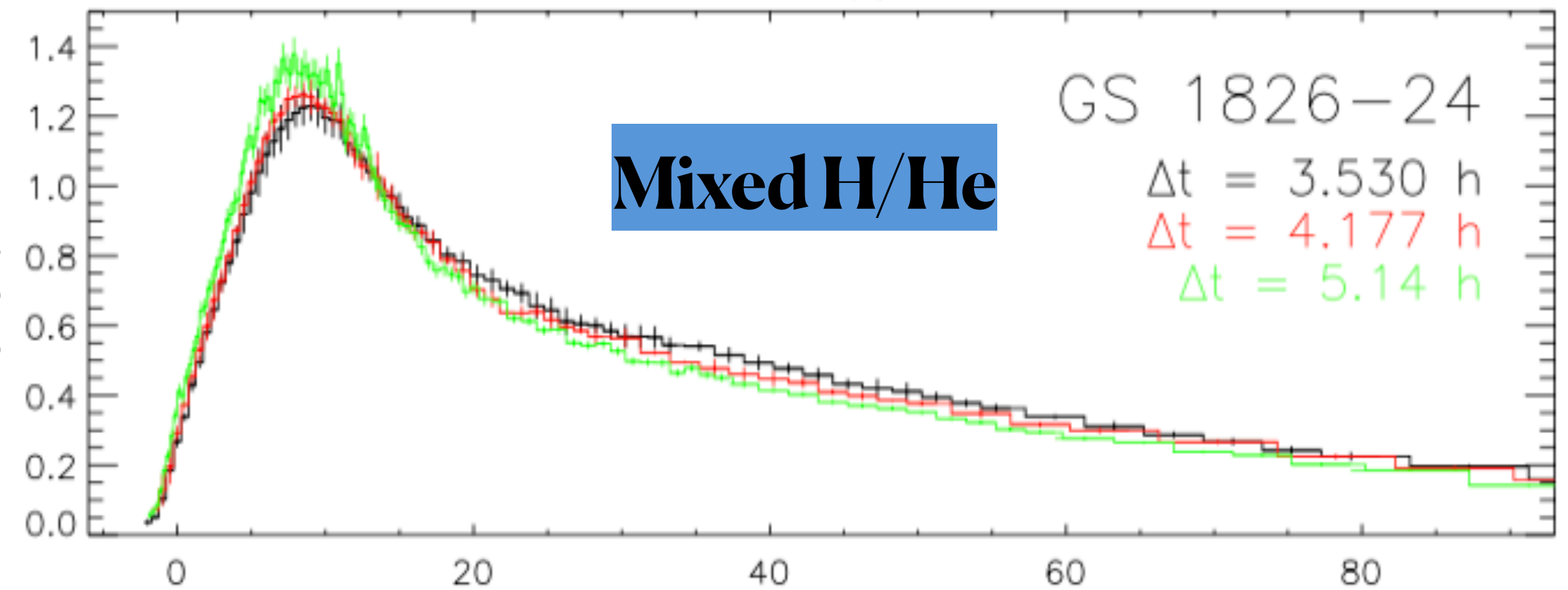
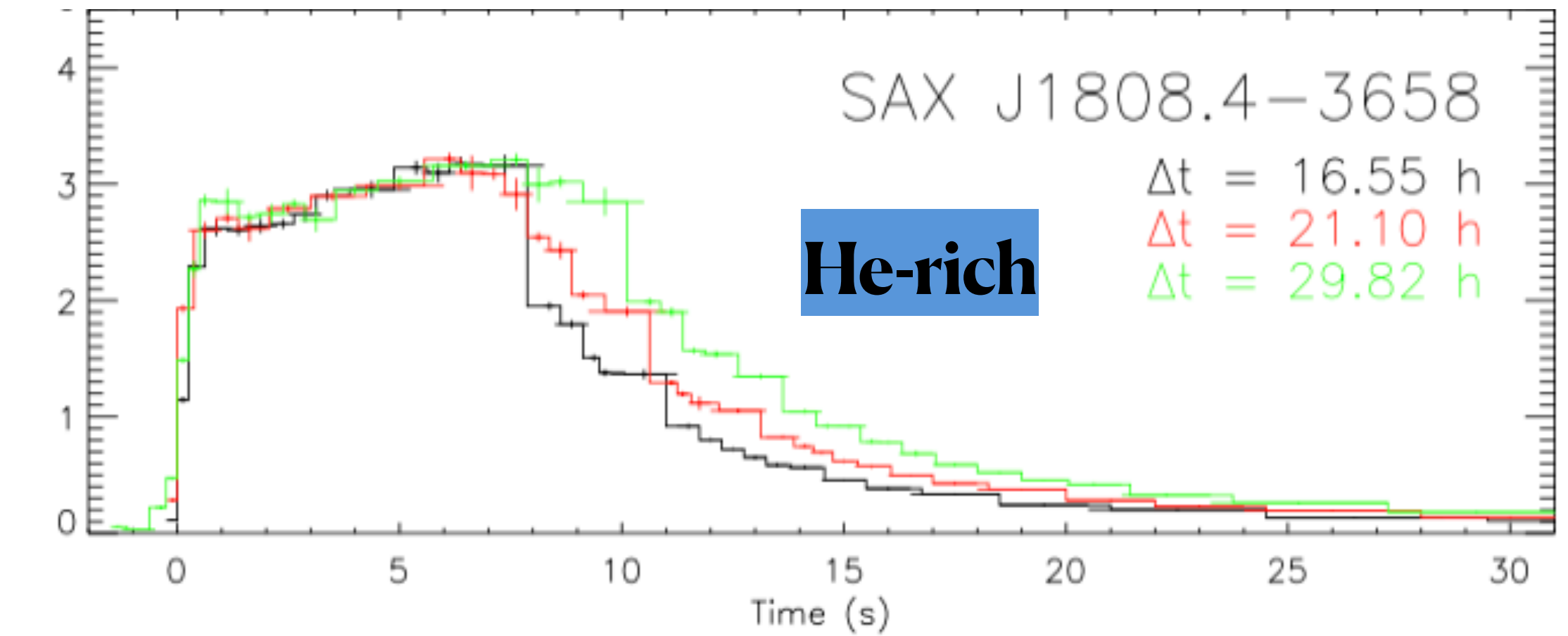
Galloway & Keek (2017)

*Time (s)*



lowest  $\dot{M}$ **H-triggered Burst**

Casten, S., Strohmayer, T., Bult, P. (2023)

 $L_{bol} (10^{38} \text{ erg s}^{-1})$ 

Galloway &amp; Keek (2017)

*Time (s)*



**Low  $\dot{M}$**   
 $\sim 10^{-10} M_{\odot} \text{yr}^{-1}$

+

**“Cool”  
Neutron Star**





Low  $\dot{M}$

+

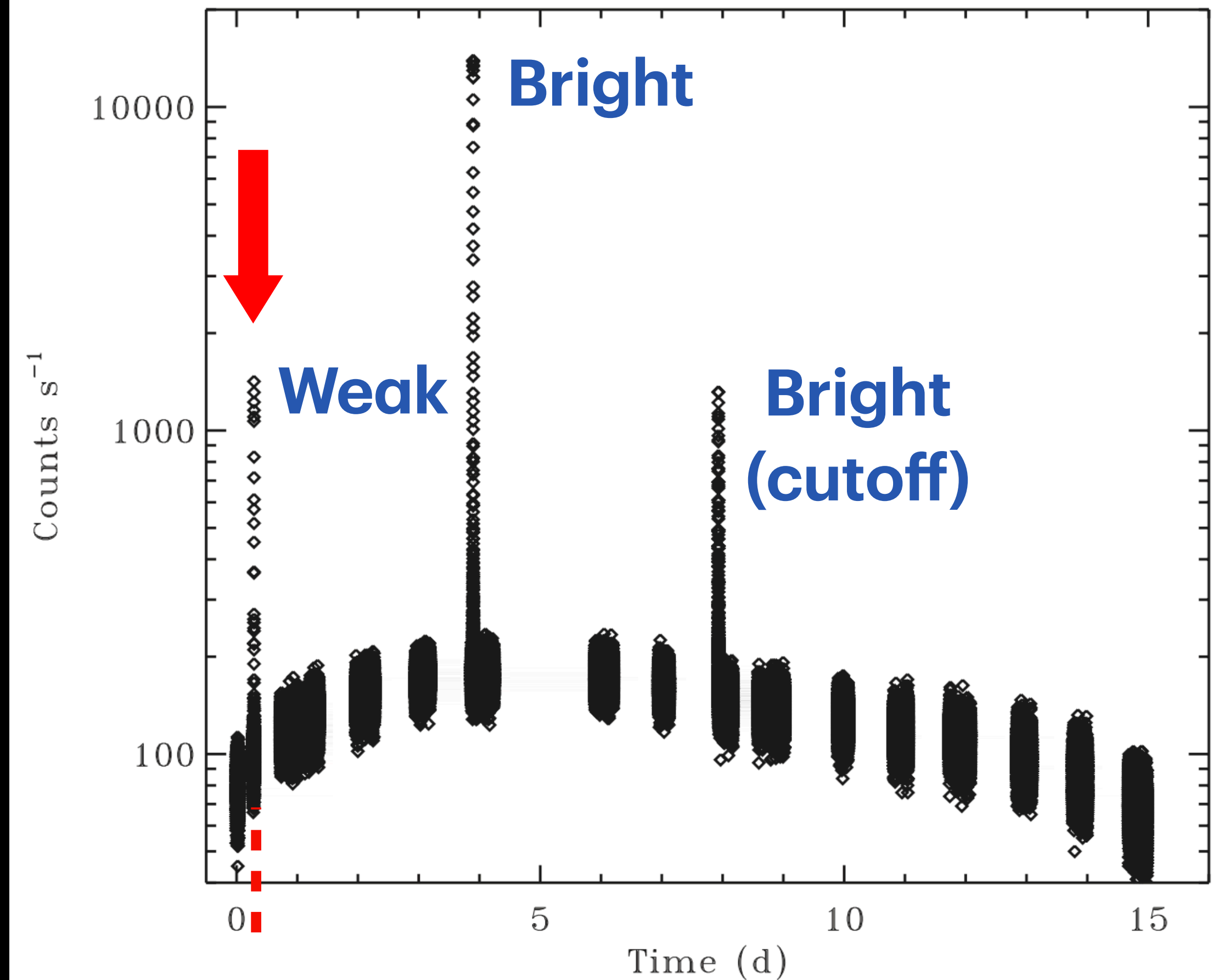
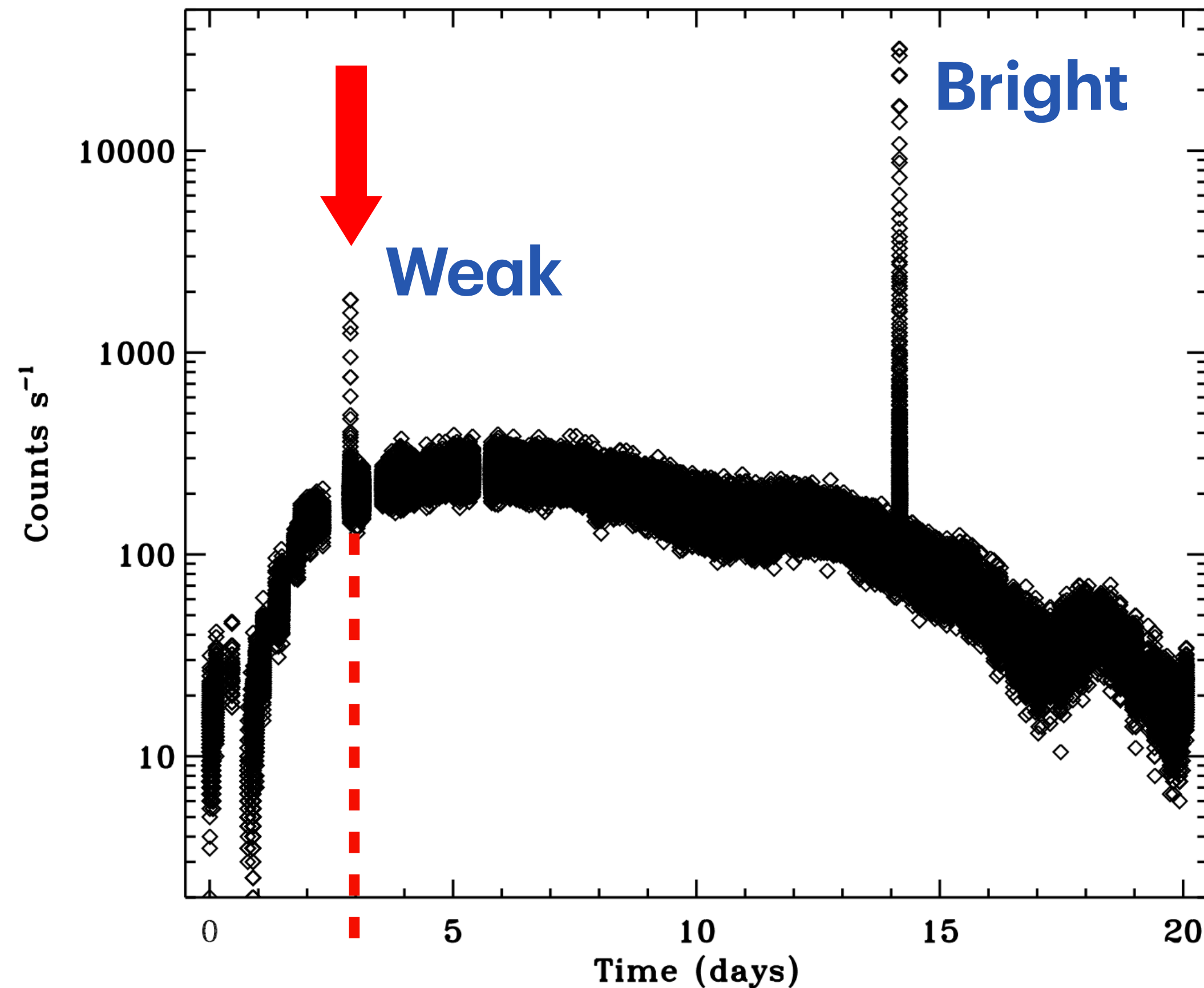
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+

Confined to early onset  
of active accretion?

NICER (2019)

RXTE (2005)

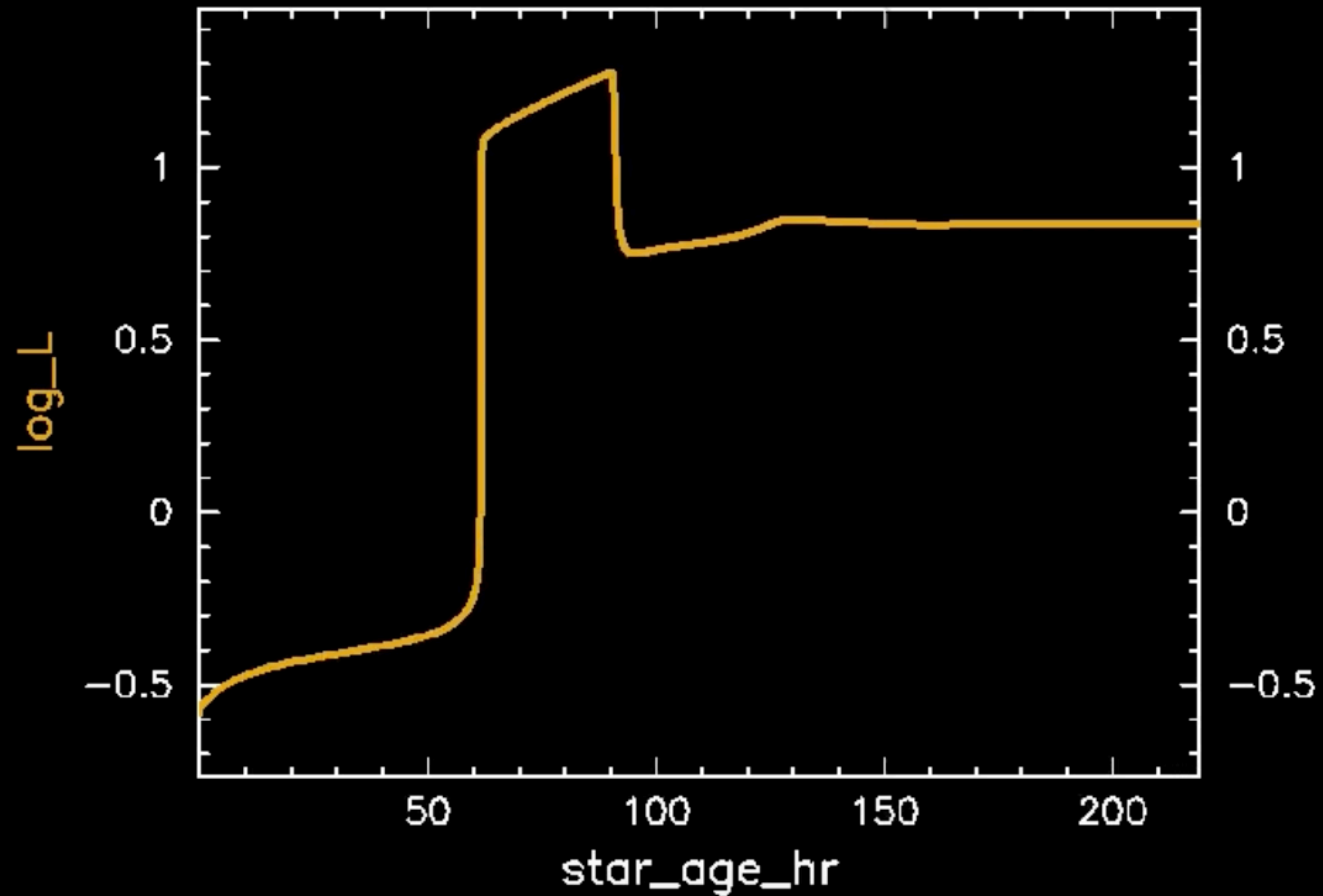


Casten, S., Strohmayer, T., Bult, P. (2023)



# MESA

Solar Metallicity,  $1e-10 M_{\odot} \text{yr}^{-1}$   
Luminosity Profile





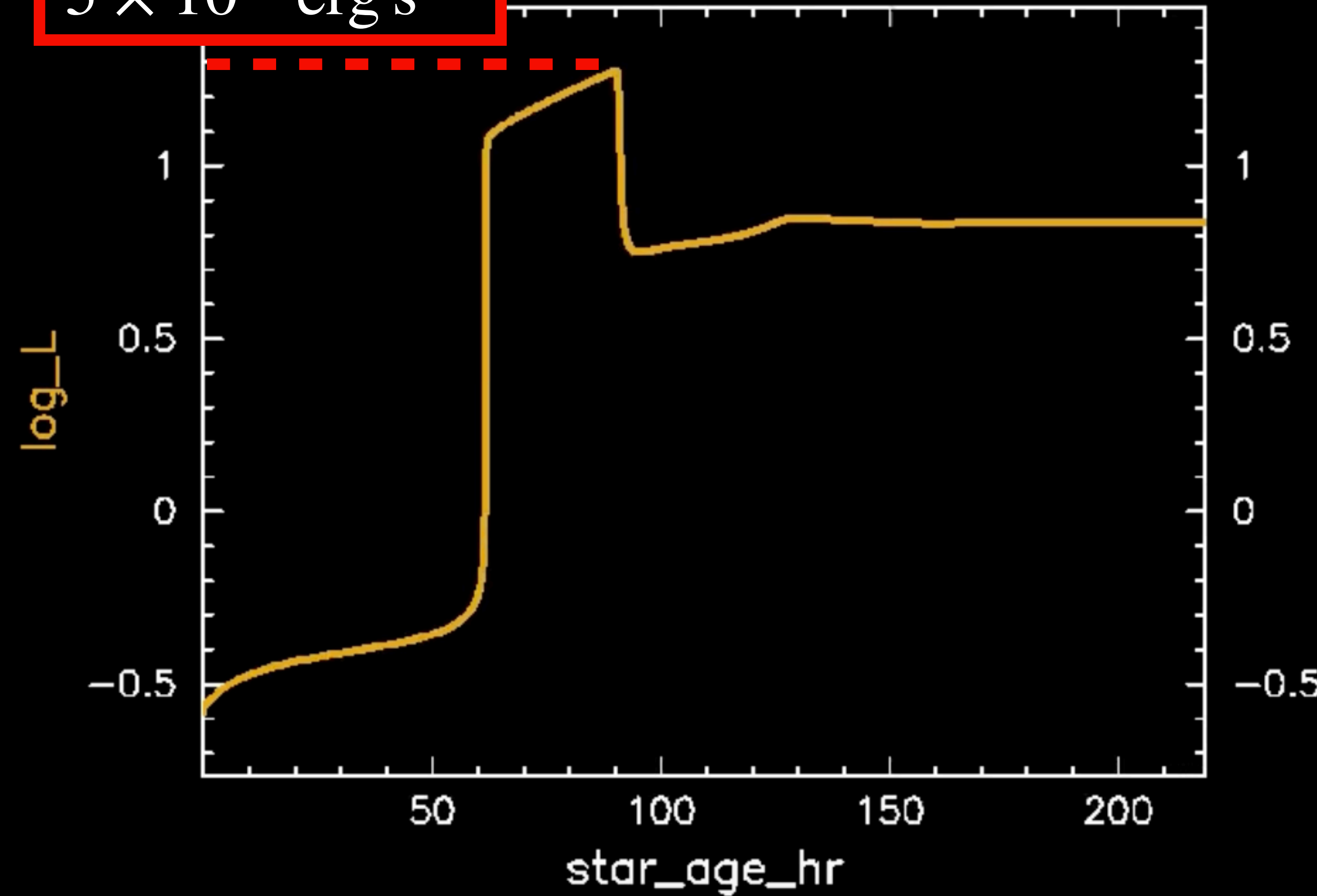
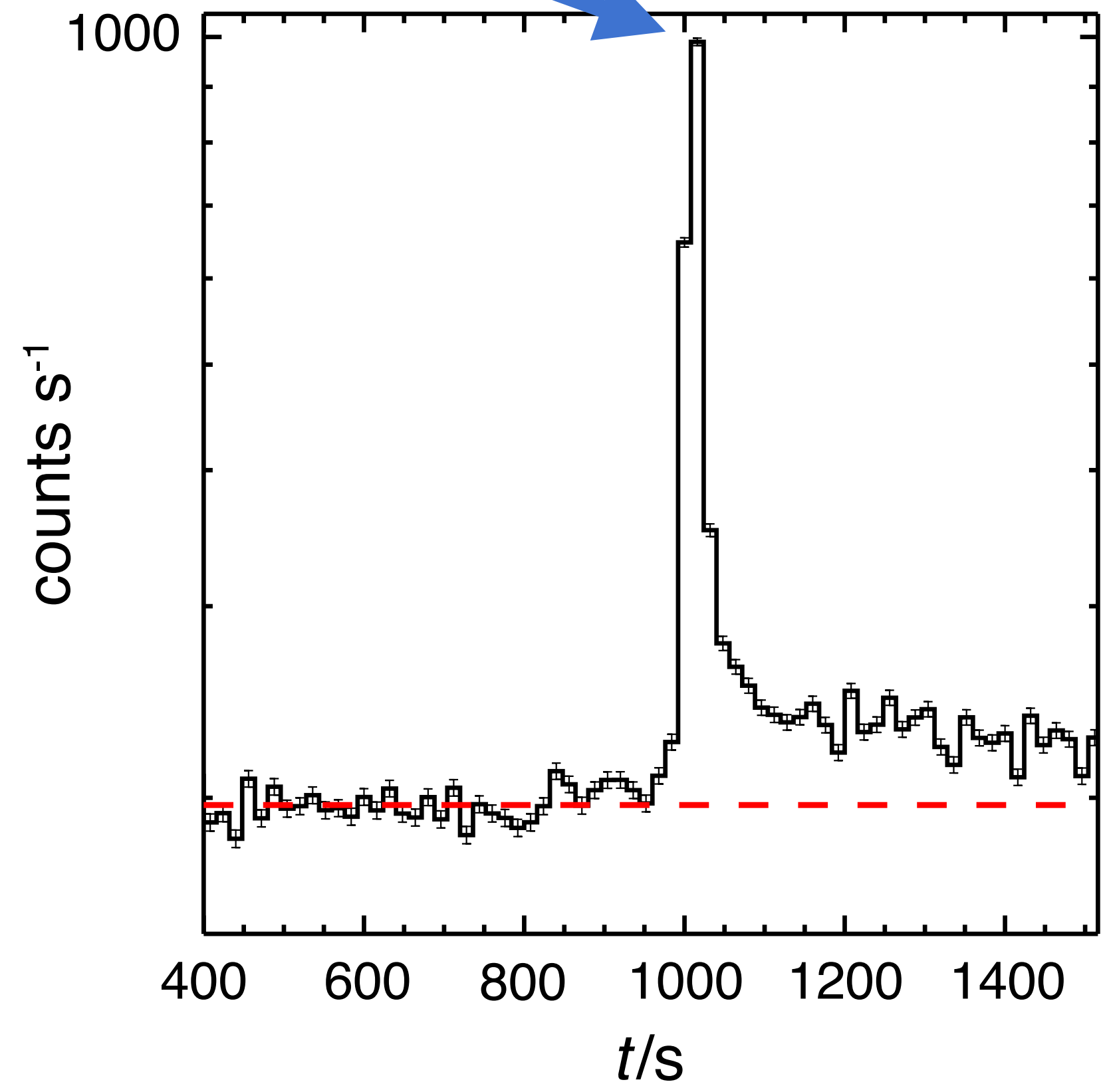
# MESA

Solar Metallicity,  $1e-10 M_{\odot} \text{ yr}^{-1}$

$L_p \approx 10^{37} \text{ erg s}^{-1}$

$5 \times 10^{33} \text{ erg s}^{-1}$

Luminosity Profile

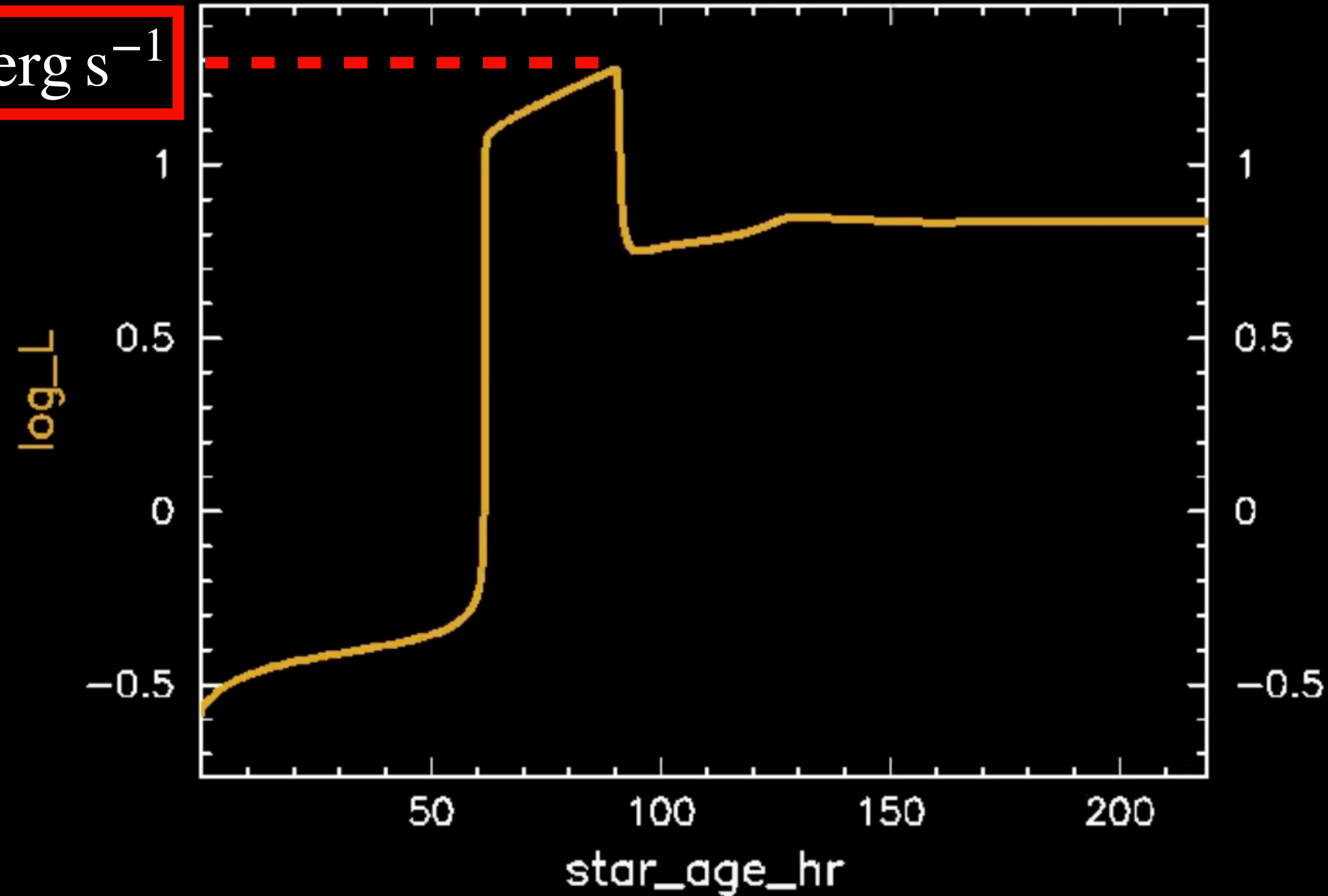




Solar Metallicity,  $1e-10 M_{\odot} \text{yr}^{-1}$

Luminosity Profile

$$5 \times 10^{33} \text{ erg s}^{-1} \ll L_{acc} = 10^{36} \text{ erg s}^{-1}$$



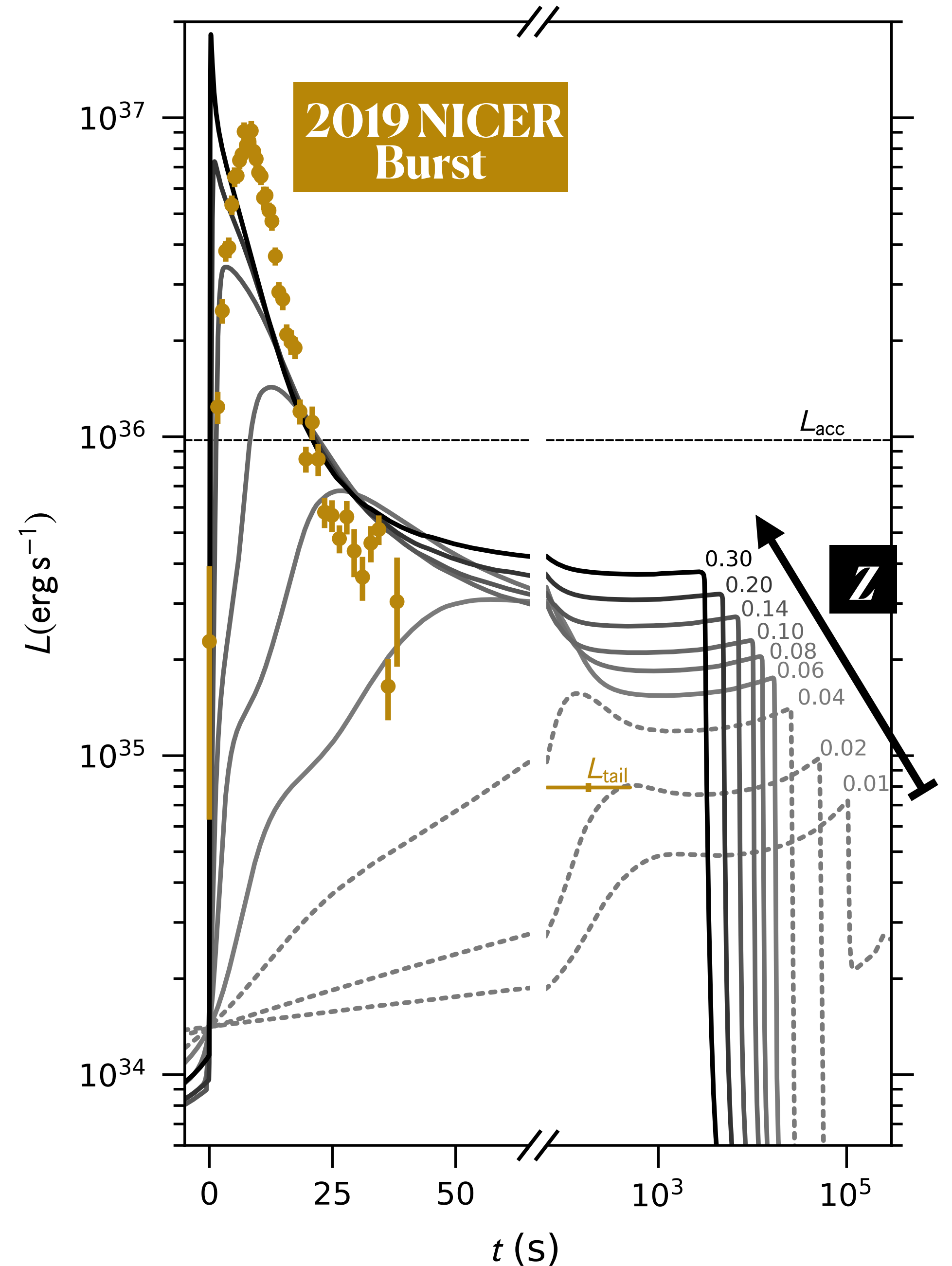


# Modeling Weak Bursts with MESA

Enhanced CNO in Accreted Material

Casten, S., Guichandut, S.,

Cumming, A., Brown, E. F. (Submitted to ApJ 2025)





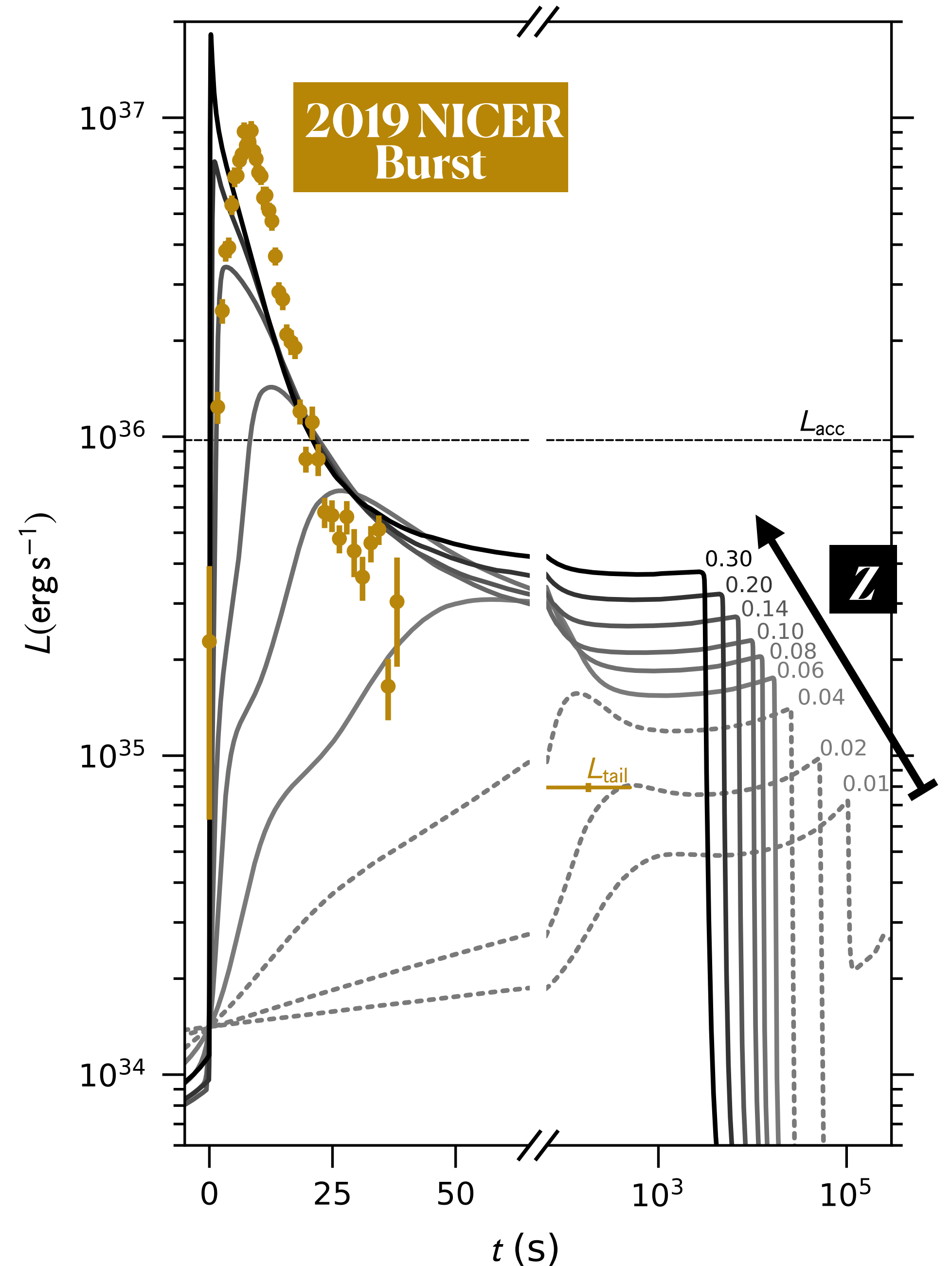
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Enhanced CNO in Accreted Material

\* Burst Profile Shape & Nuclear  
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Casten, S., Guichandut, S.,

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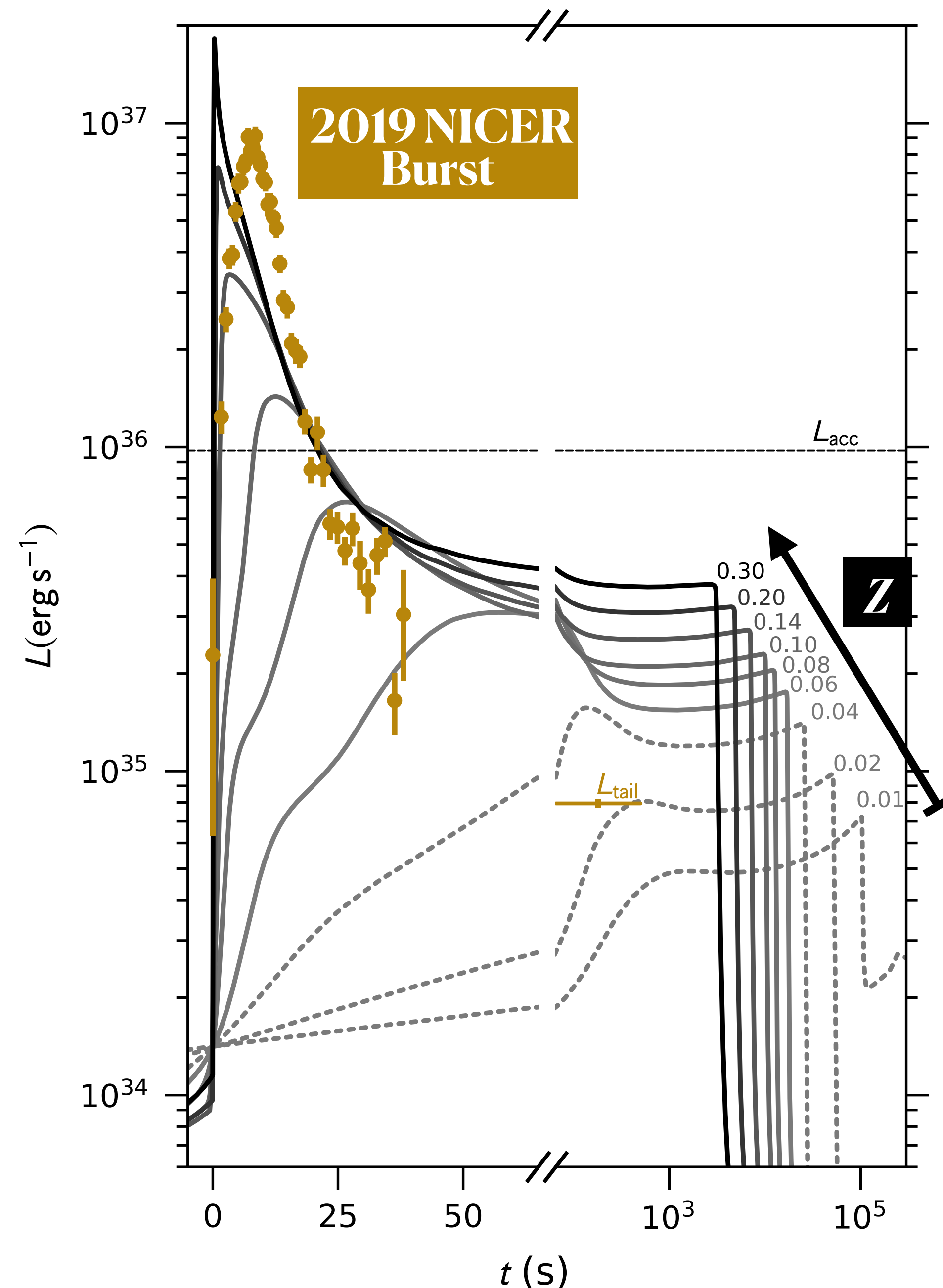
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Casten, S., Guichandut, S.,

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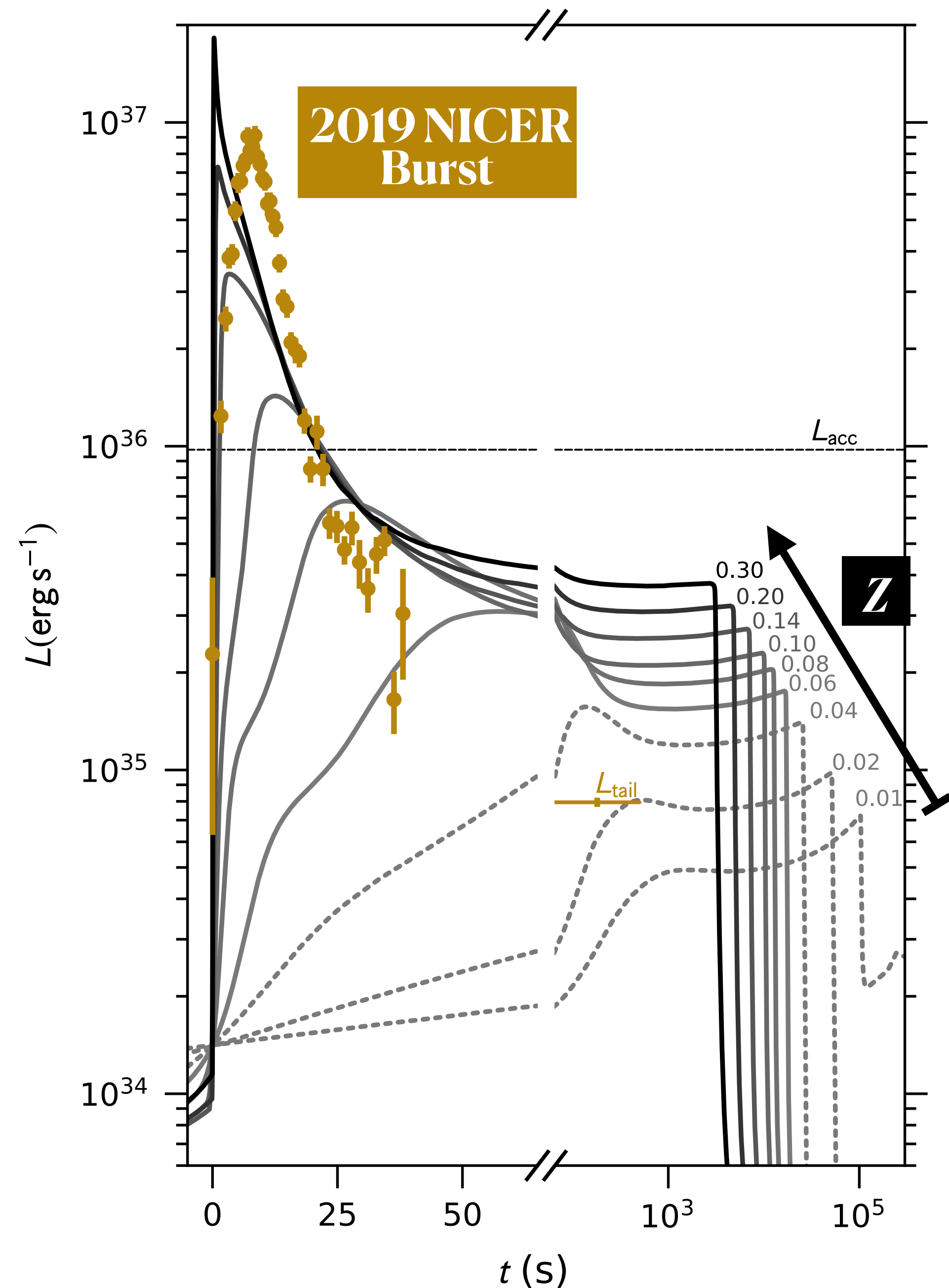
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Enhanced CNO in Accreted Material

- \* Burst Profile Shape & Nuclear Burning
- \* Produced Observable H bursts
- \*  $L_{\text{peak}}/L_{\text{tail}}$  discrepancy

Casten, S., Guichandut, S.,

Cumming, A., Brown, E. F. (Submitted to ApJ 2025)





# Research Takeaways



21

## Conditions for H-triggered Bursts:

Low Accretion Rates

“Cool” Neutron Star

Confined to early onset  
of active accretion?  
(need more observations!)

## Simulations Indicate:

Must Be Enhanced Metallicity

Sedimentation and Mixing?

## Find My Papers Here:



This work was enabled by the National Science Foundation under grant PHY-1430152 (JINA Center for the Evolution of the Elements), and supported by NASA under grant 80NSSC20K0503. A special thanks and acknowledgment to AAS for international travel support for this conference.



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