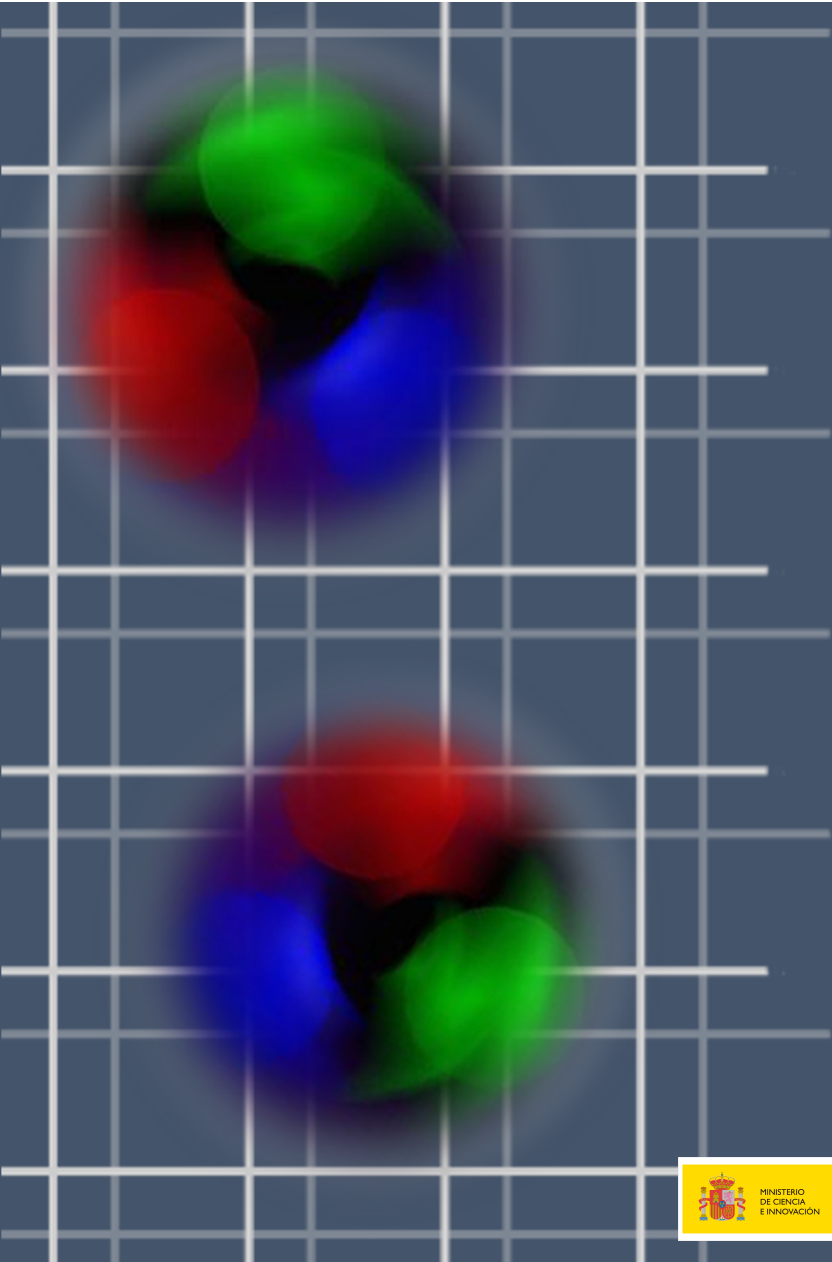




# Recent insights into baryon interactions with Lattice QCD

Assumpta Parreño  
Universitat de Barcelona

NPLQCD Collaboration



[www.ub.edu/nplqcd](http://www.ub.edu/nplqcd)

Exploring the quantum chromodynamics phase diagram:  
from hadrons and nuclei to matter under extreme conditions  
HADNUCMAT, BCN, Jan. 28, 2026



UNIVERSITAT DE  
BARCELONA



Institut de Ciències del Cosmos  
UNIVERSITAT DE BARCELONA

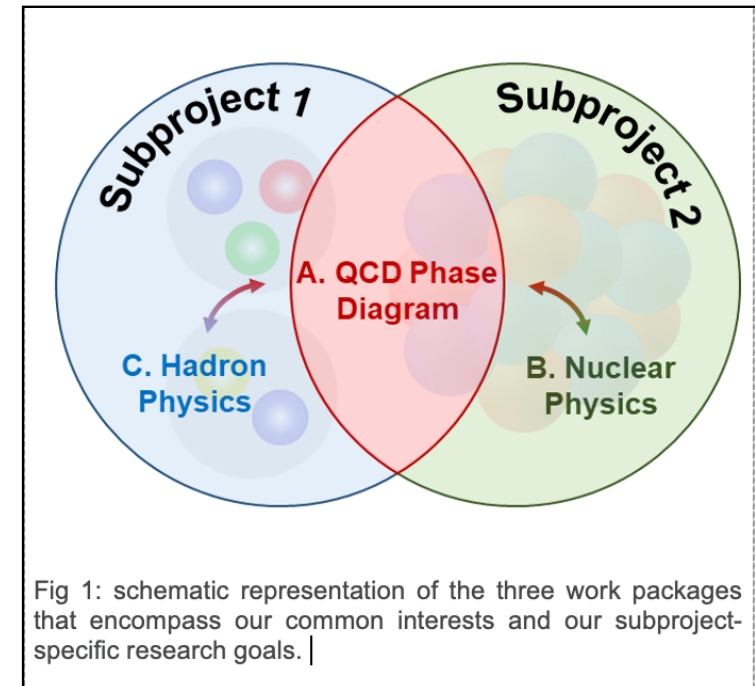


## HADNUCMAT

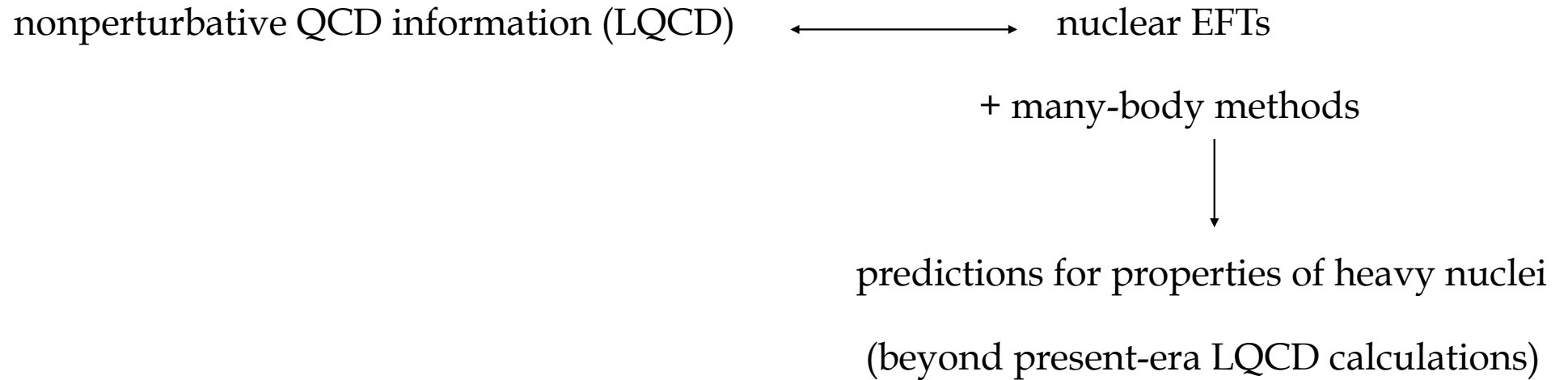
Exploring the quantum chromodynamics phase diagram:  
from hadrons and nuclei to matter under extreme conditions

### WP C. Hadron Physics

- WP C.3. Lattice QCD description of baryon-baryon interactions
  - A. NN, YY close to physical light quark masses
  - B.  $\Lambda$ N- $\Sigma$ N: implications of hypertriton, femtoscopy and neutron star composition

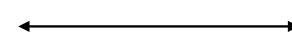


Low-energy description of nuclear processes:



Low-energy description of nuclear processes:

nonperturbative QCD information (LQCD)



nuclear EFTs

+ many-body methods



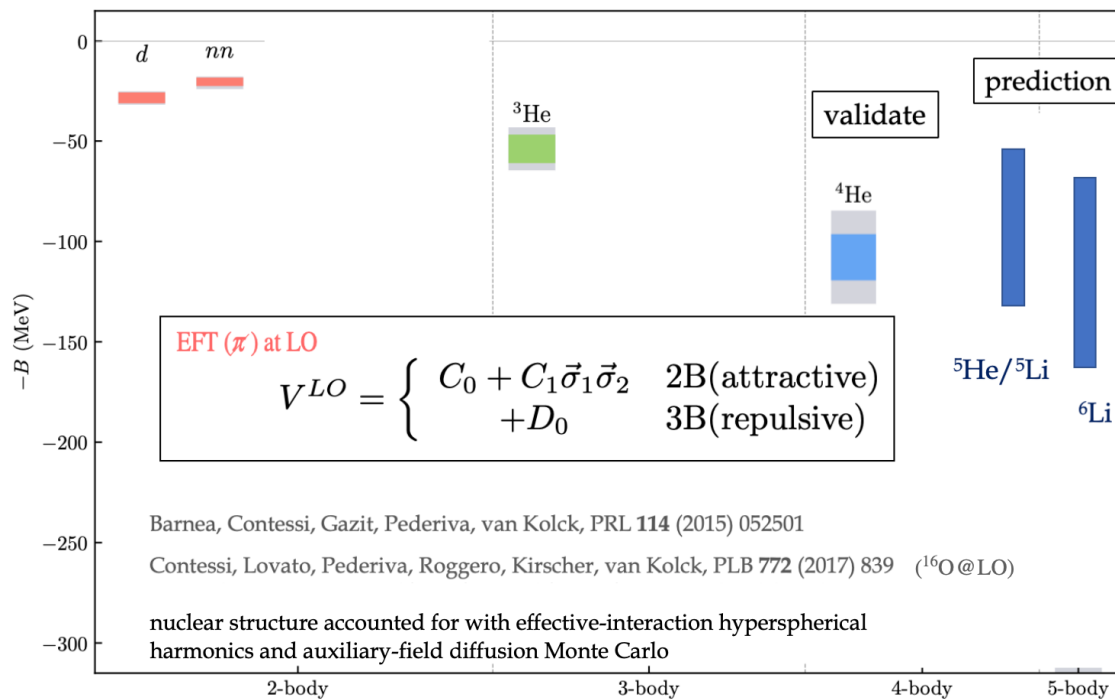
predictions for properties of heavy nuclei  
(beyond present-era LQCD calculations)

**Long term expectation:**

reduced systematic errors arising from nuclear-model uncertainty

increased sensitivity in experimental searches

NPLQCD, Phys.Rev. D87 (2013) no.3, 034506;



no *e.m.* interactions

LQCD → FEW-BODY CALCS → NUCLEAR MANY-BODY CALCS

## LQCD calculations: Non-perturbative implementation of Field Theory using the Feynman Path Integral Formalism

Calculation of expectation values of operators:

$$\langle 0 | \hat{O} | 0 \rangle = \frac{1}{Z} \int \mathcal{D}\psi \mathcal{D}\bar{\psi} \mathcal{D}A_\mu \hat{O}[\psi, \bar{\psi}, A] e^{iS_{\text{QCD}}}$$

$$Z = \int \mathcal{D}\psi \mathcal{D}\bar{\psi} \mathcal{D}A_\mu e^{iS_{\text{QCD}}}$$

QCD partition function

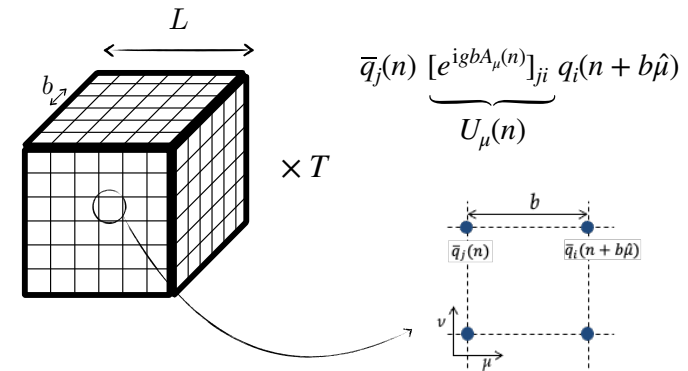
For numerical calculations:

$L \gg \text{relevant scales} \gg b$   
IR and UV cutoffs  
(Euclidean spacetime)

Discretize spacetime  $b \ll \Lambda_{\text{QCD}}^{-1}$

Finite volume  $L^3 \times T$

Go to Euclidean time  $t \rightarrow -i\tau$



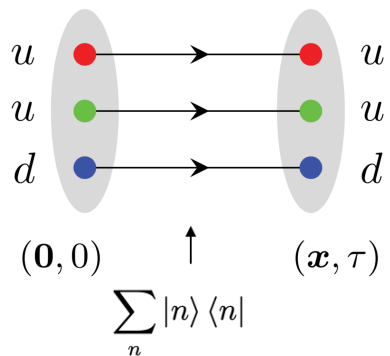
$$\langle 0 | \hat{O} | 0 \rangle = \frac{1}{Z} \int \mathcal{D}\psi \mathcal{D}\bar{\psi} \mathcal{D}U_\mu \hat{O}[\psi, \bar{\psi}, U] e^{-S_{\text{QCD}}^E}$$

$$Z = \int \mathcal{D}U_\mu \underbrace{\det Q(U)}_{\sim P(U)} e^{-S_g^E}$$

important sampling methods

$$\langle \hat{O} \rangle \sim \frac{1}{N_{\text{cnf}}} \sum_{k=1}^{N_{\text{cnf}}} \hat{O}(\{U\}_k)$$

## Energy levels



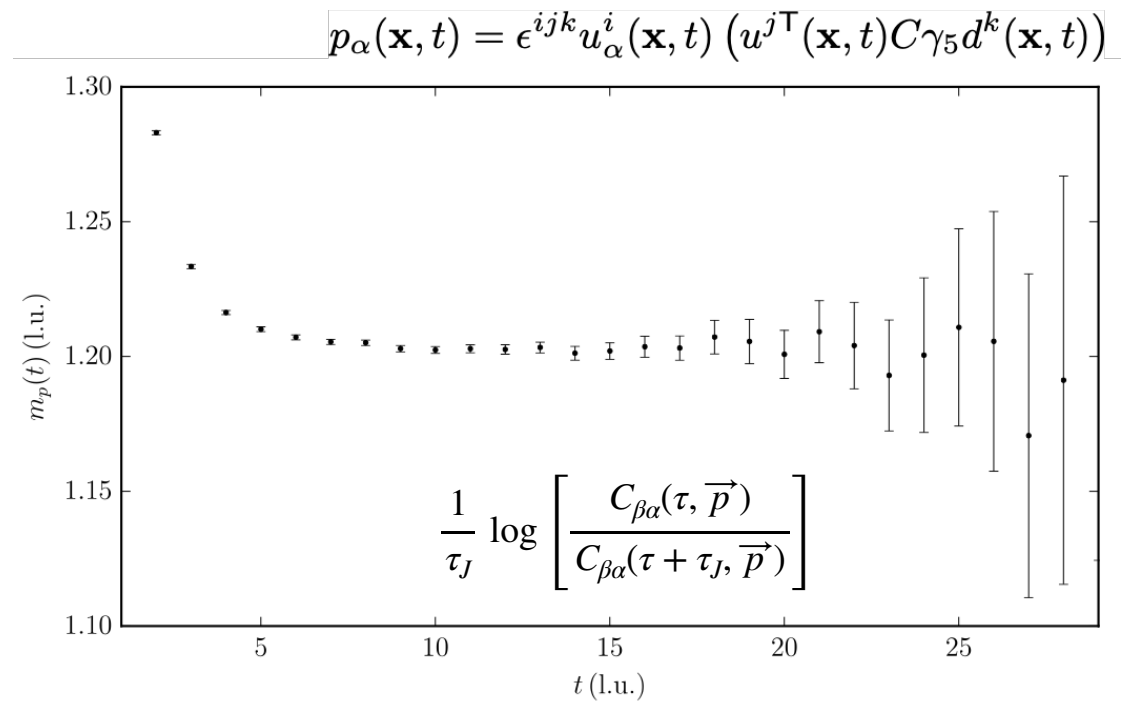
The lattice correlation function contains information on all the energy eigenstates of the system.

In principle, “smart” fitting would allow us to extract the lowest-energy state.

$$C_{2pt}(\tau, \mathbf{p}) = \sum_{\mathbf{x}} e^{-i\mathbf{x} \cdot \mathbf{p}} \Gamma_{\beta\alpha} \langle \mathcal{X}_{\alpha}(\mathbf{x}, \tau) \bar{\mathcal{X}}_{\beta}(\mathbf{0}, 0) \rangle$$

$$= \underbrace{Z_0^{snk} Z_0^{\dagger src} e^{-E^{(0)}t} + Z_1^{snk} Z_1^{\dagger src} e^{-E^{(1)}t} + \dots}_{\text{dominates at large } t}$$

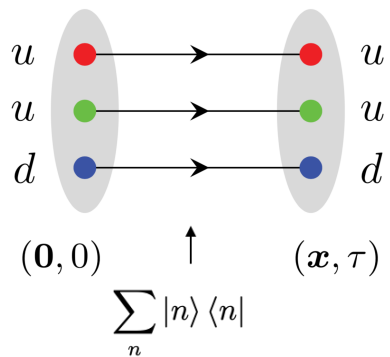
Tower of energy eigenstates  
of the system  
in the finite volume



# Challenges with LQCD studies of nuclear systems

## The signal-to-noise problem

### Energy levels



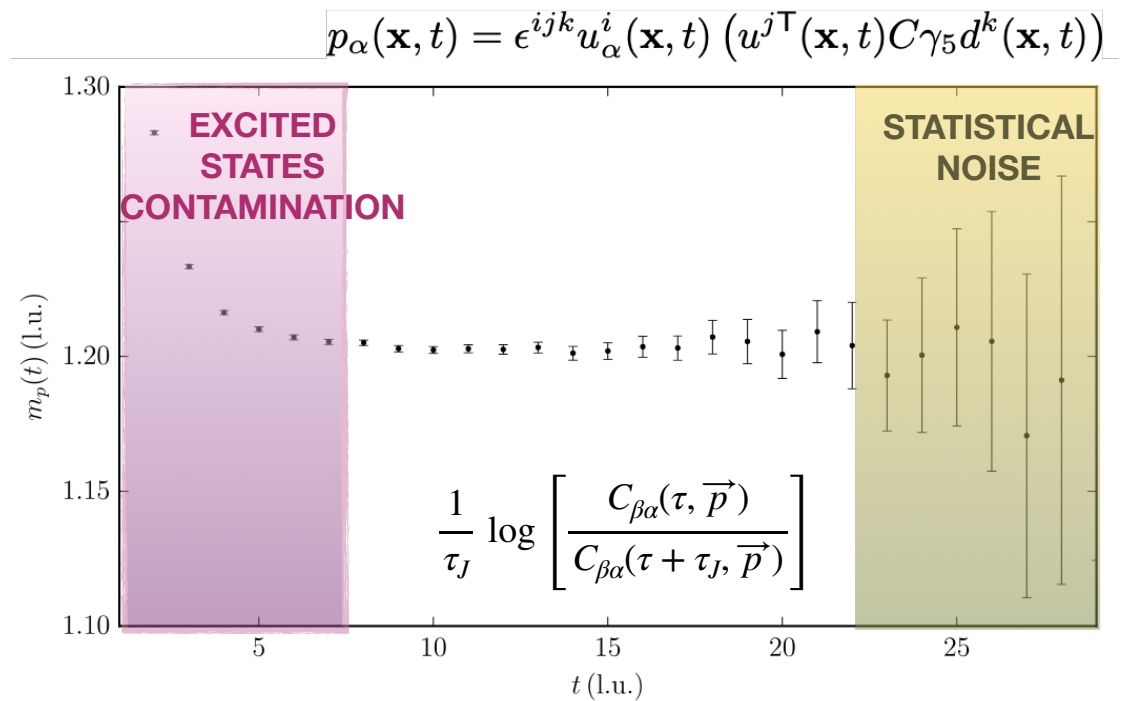
The lattice correlation function contains information on the tower of energy eigenstates of the system.

In principle, “smart” fitting would allow us to extract the ground state.

$$C_{2pt}(\tau, \mathbf{p}) = \sum_{\mathbf{x}} e^{-i\mathbf{x} \cdot \mathbf{p}} \Gamma_{\beta\alpha} \langle \mathcal{X}_{\alpha}(\mathbf{x}, \tau) \bar{\mathcal{X}}_{\beta}(\mathbf{0}, 0) \rangle$$

$$= \underbrace{Z_0^{snk} Z_0^{\dagger src} e^{-E^{(0)}t} + Z_1^{snk} Z_1^{\dagger src} e^{-E^{(1)}t} + \dots}_{\text{dominates at large } t}$$

signal-to-noise degradation

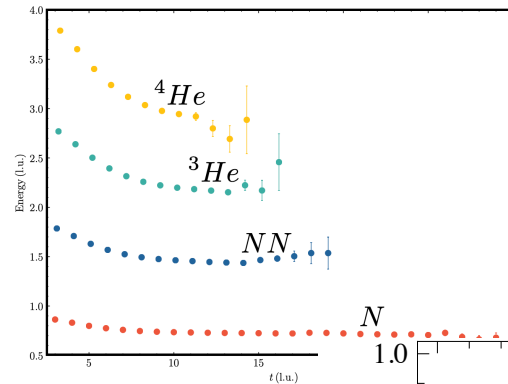


# Challenges with LQCD studies of nuclear systems

## The signal-to-noise problem

Expectation is that for  $A$  nucleons:

$$\frac{\sigma}{\langle C \rangle} \sim \frac{\exp\left[A\left(M_N - \frac{3m_\pi}{2}\right)t\right]}{\sqrt{N}}$$



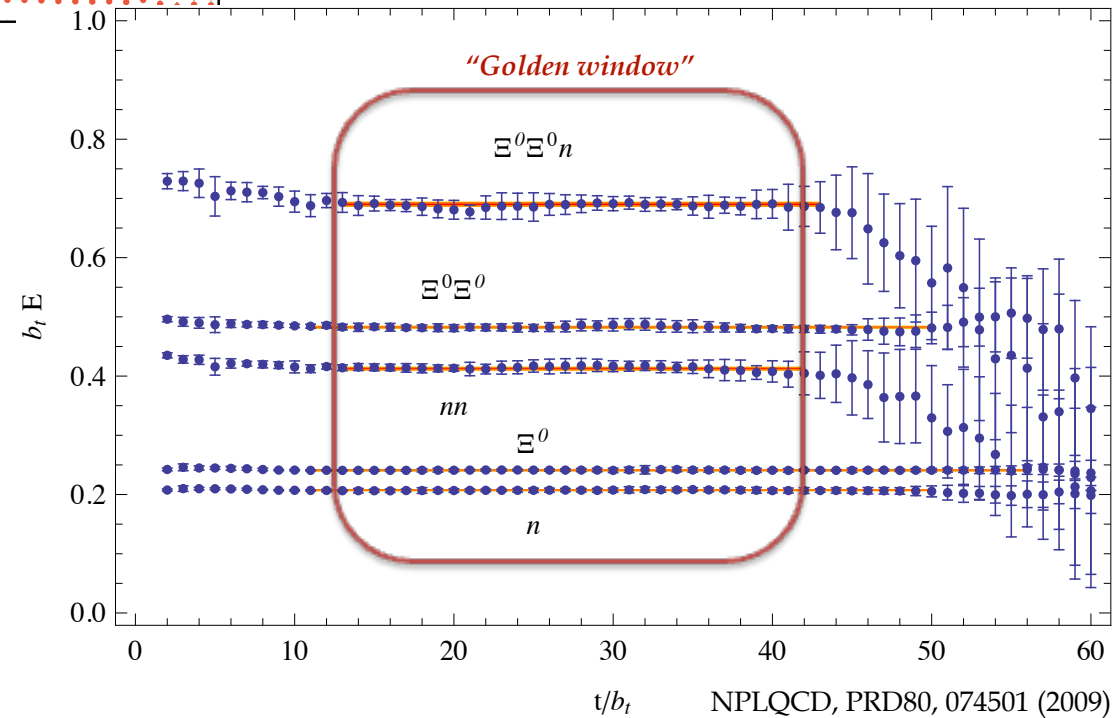
signal-to-noise degradation

G. Parisi, Phys.Rept. 103 (1984)  
G.P. Lepage, Boulder TASI (1989)  
M.L. Wagman, M.J. Savage, Phys.Rev.D 96 (2017)

Reduce the noise by

- increasing the statistics ( $\sqrt{N}$  factor)
- increasing the pion (quark) mass

Perform calculations @ heavy quark masses:  
SU(3)<sub>f</sub> symmetric point  
( $m_u = m_d = m_s^{\text{phys}}$ )

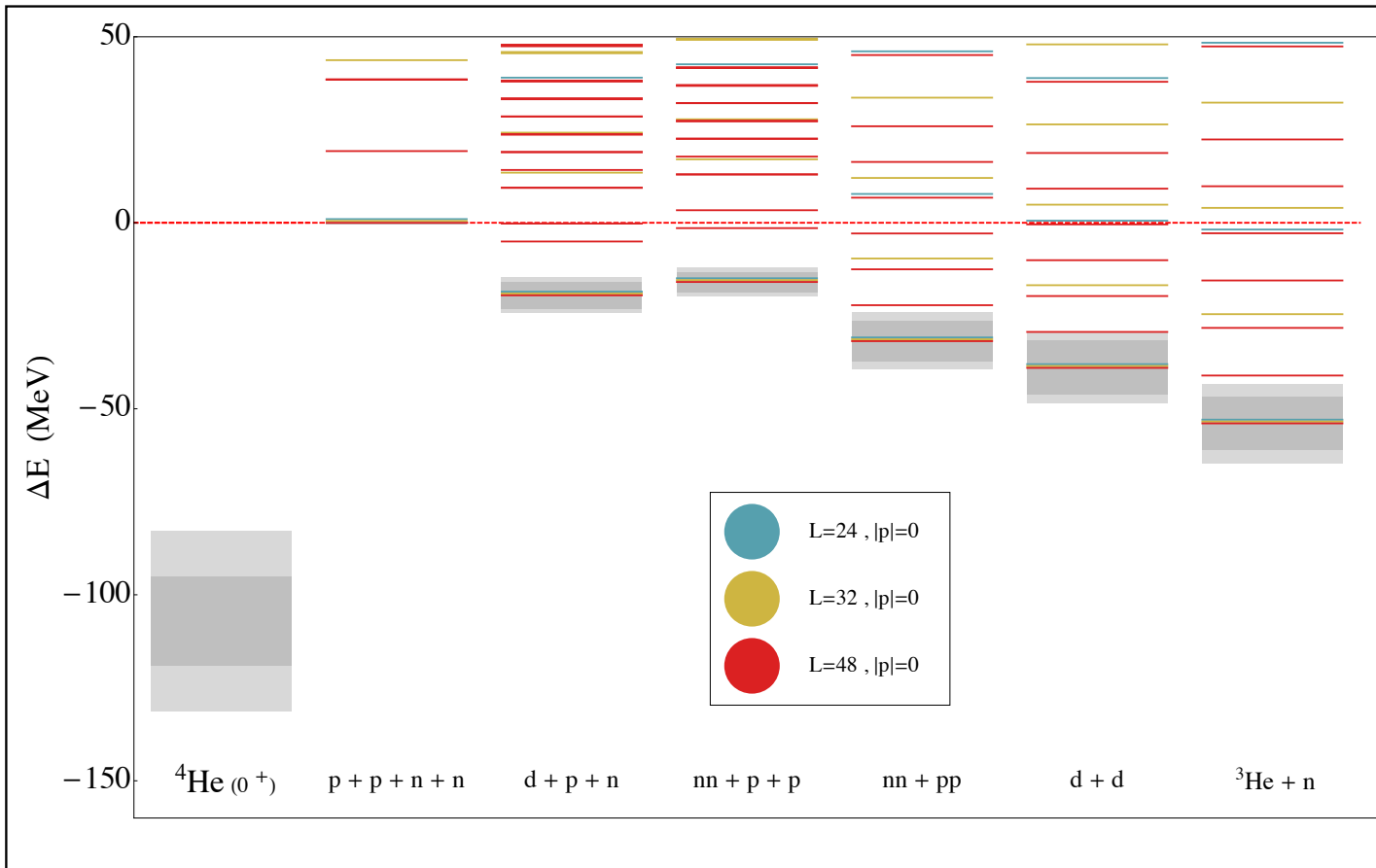


NPLQCD, PRD80, 074501 (2009)

# Challenges with LQCD studies of nuclear systems

## Small energy gaps

Small excited-state gaps may lead to incorrect identification of ground-state energy



$$Z_0 e^{-E_0 t} \left( 1 + \frac{Z_1}{Z_0} e^{-\delta t} + \dots \right)$$

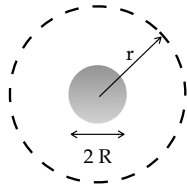
with

$$\delta \equiv E_1 - E_0 \sim \frac{4\pi^2}{ML^2}$$

# Scattering information in Euclidean space-time and FV

M. Lüscher, Comm. Math. Phys. 105 (1986), Nuc. Phys. B 354 (1991)

Infinite volume



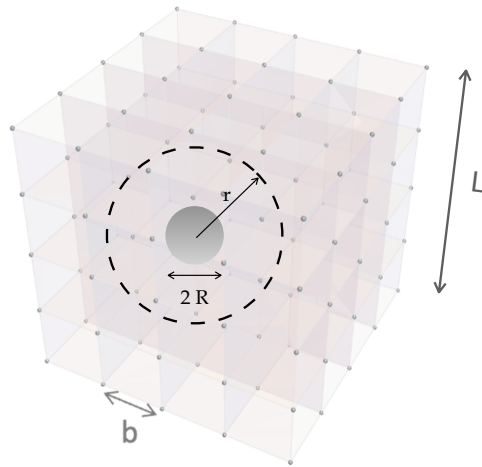
$$u_l(r; k) = \alpha_l(k) j_l(kr) + \beta_l(k) n_l(kr)$$

$$e^{2i\delta_l(k)} = \frac{\alpha_l(k) + i\beta_l(k)}{\alpha_l(k) - i\beta_l(k)}$$

# Scattering information in Euclidean space-time and FV

M. Lüscher, Comm. Math. Phys. 105 (1986), Nuc. Phys. B 354 (1991)

Finite volume



$$\det [(\mathcal{M}^\infty)^{-1} + \delta \mathcal{G}^V] = 0$$

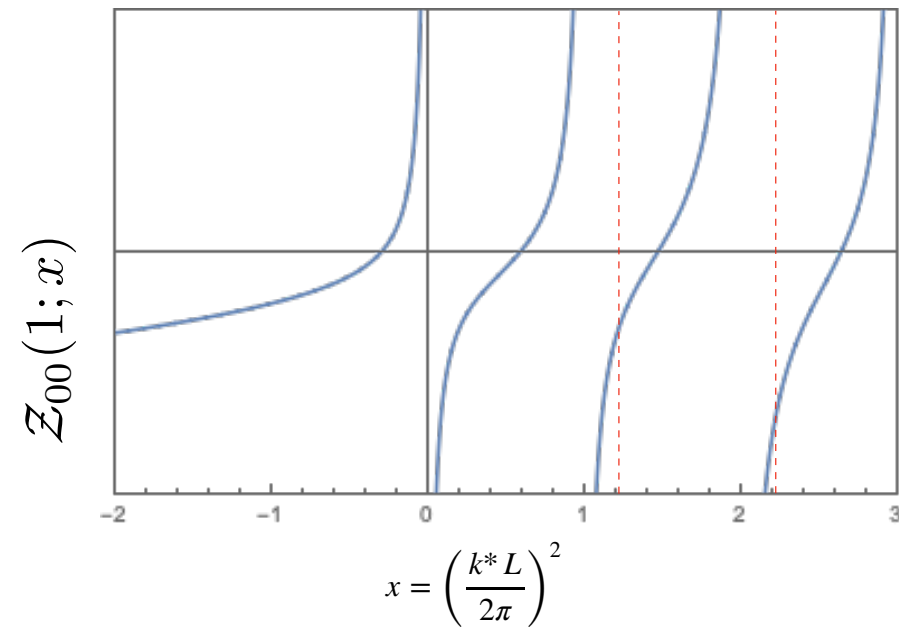
$\cot \delta(k_n)$

Infinite volume  
scattering information

Generalized Z function

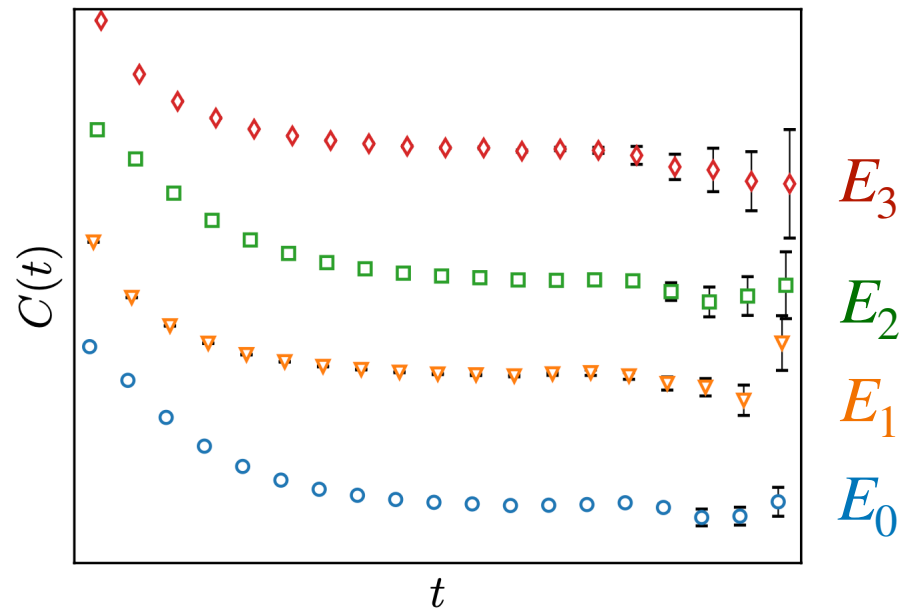
$$\mathcal{Z}_{lm}^d(s; q^2) = \sum_{\mathbf{r}} \frac{r^l Y_{lm}(\hat{\mathbf{r}})}{(|\mathbf{r}|^2 - q^2)^s}$$

$$k^* \cot \delta = \frac{2}{\sqrt{\pi} L} \mathcal{Z}_{00}(1; (\frac{k^* L}{2\pi})^2)$$



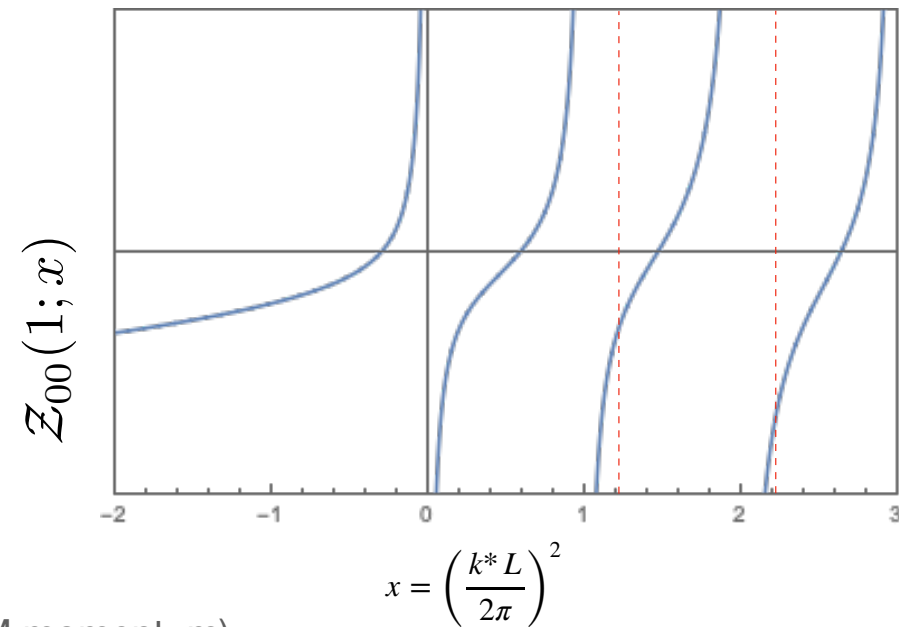
## 1.- Determine finite-volume energies

(LQCD output)



$$\Delta E = E_{N_1 N_2} - E_{N_1} - E_{N_2} \rightarrow k^* \quad (\text{CM momentum})$$

$$k^* \cot \delta = \frac{2}{\sqrt{\pi} L} \mathcal{Z}_{00}(1; (\frac{k^* L}{2\pi})^2)$$

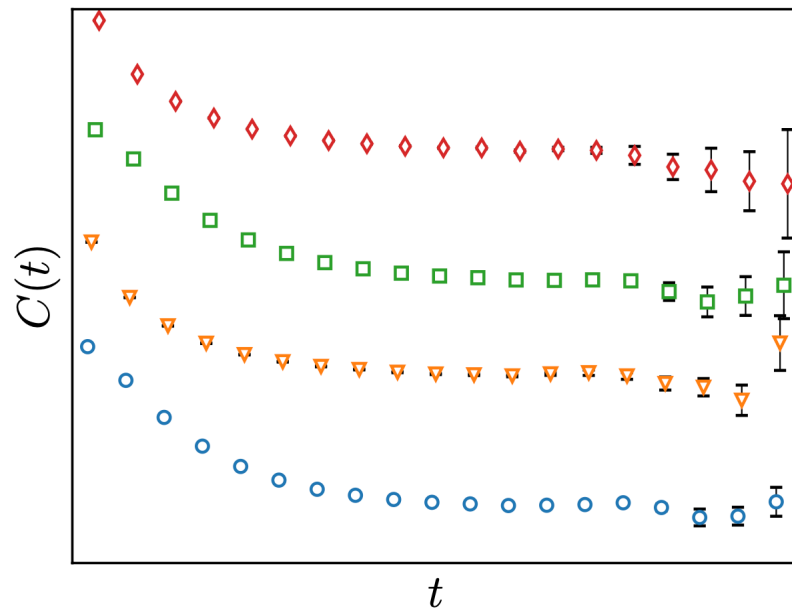


# Scattering information in Euclidean space-time and FV

M. Lüscher, Comm. Math. Phys. 105 (1986), Nuc. Phys. B 354 (1991)

1.- Determine finite-volume energies

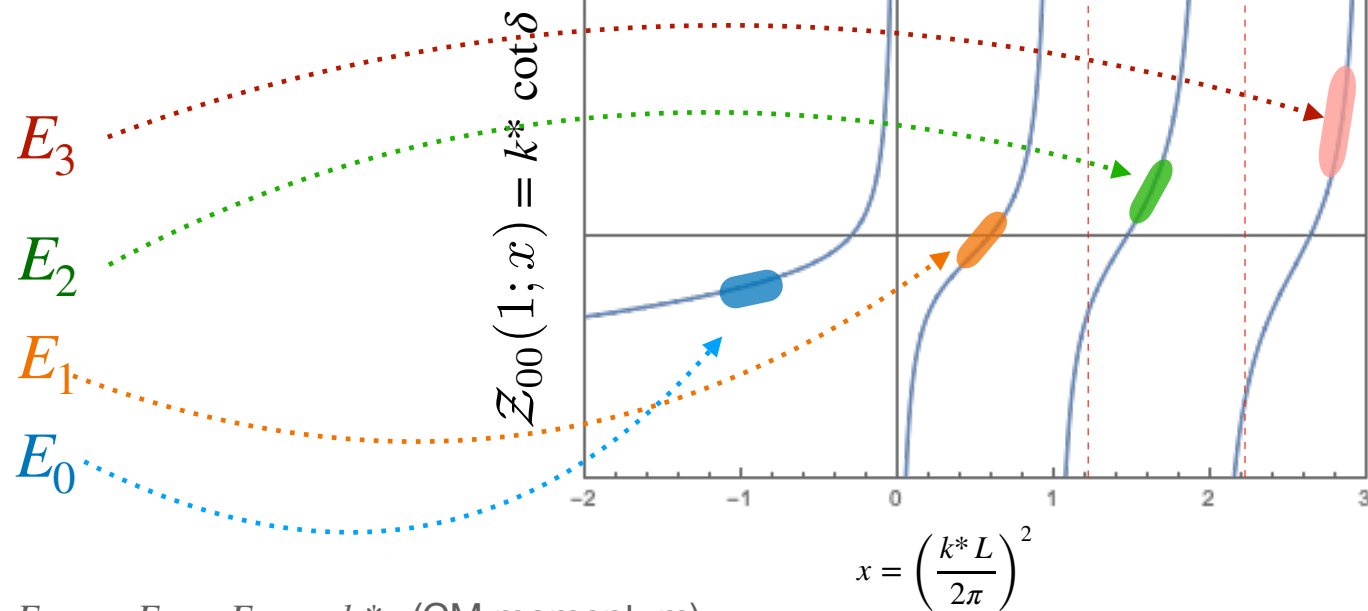
(LQCD output)



2.- Solve a (multi-hadron) quantization condition

$$k^* \cot \delta = \frac{2}{\sqrt{\pi}L} \mathcal{Z}_{00}(1; (\frac{k^*L}{2\pi})^2)$$

constrain a parameterized scattering amplitude



$$\Delta E = E_{N_1 N_2} - E_{N_1} - E_{N_2} \rightarrow k^* \quad (\text{CM momentum})$$

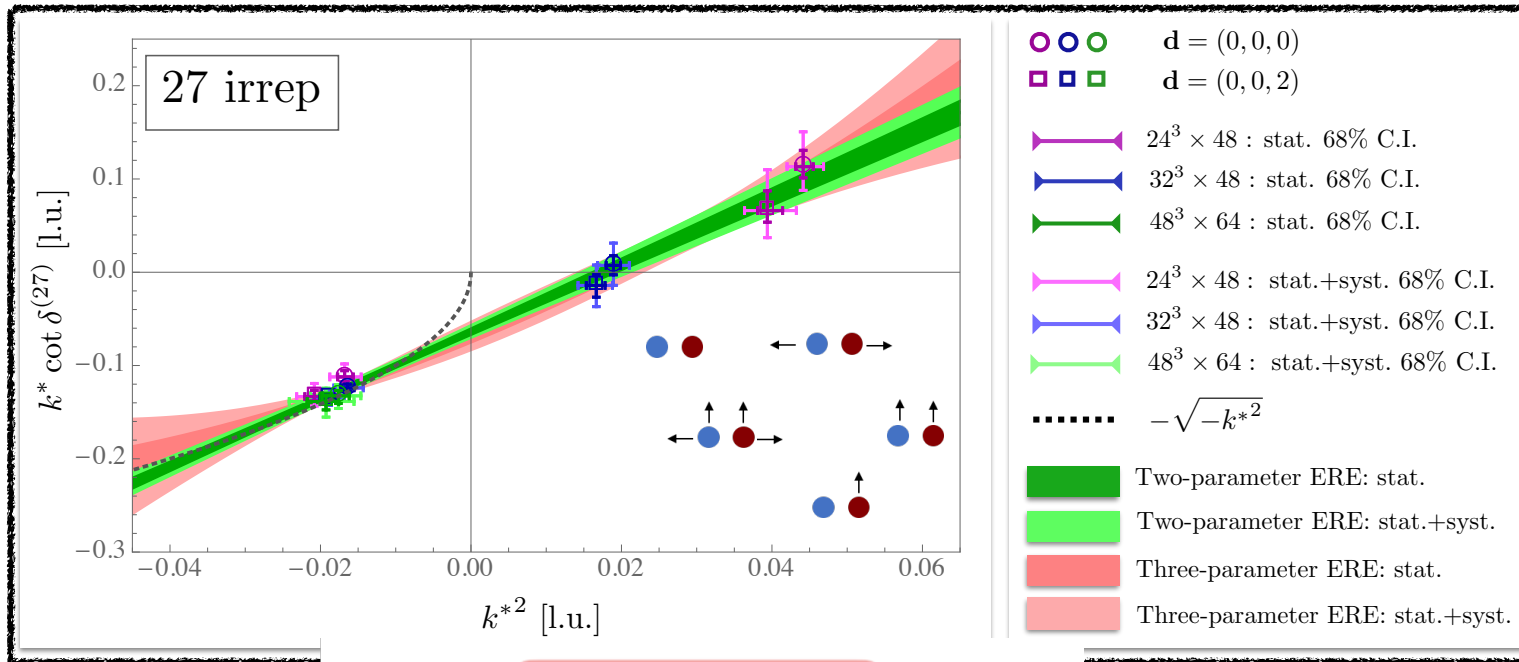
# Scattering information in Euclidean space-time and FV

M. Lüscher, Comm. Math. Phys. 105 (1986), Nuc. Phys. B 354 (1991)

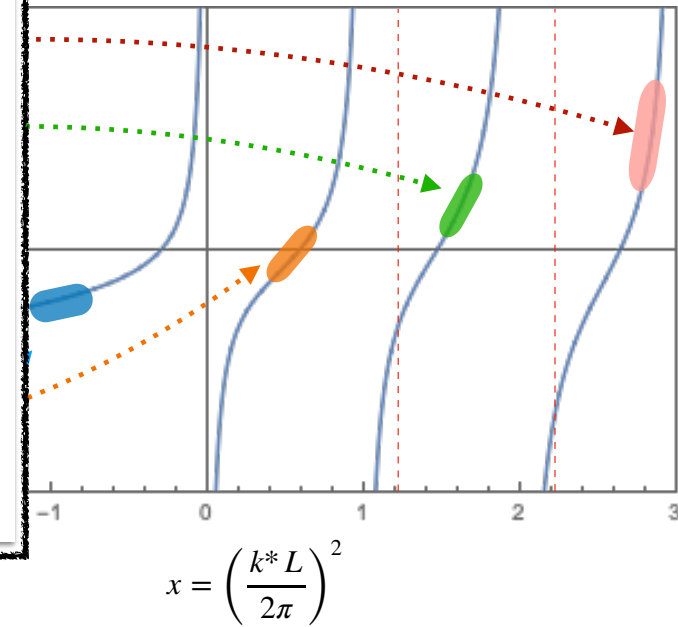
## 2.- Solve a (multi-hadron) quantization condition

$$k^* \cot \delta = \frac{2}{\sqrt{\pi}L} \mathcal{Z}_{00}(1; (\frac{k^*L}{2\pi})^2)$$

a parameterized scattering amplitude

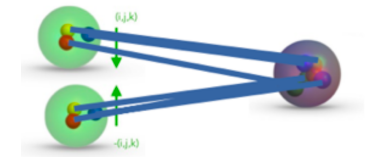
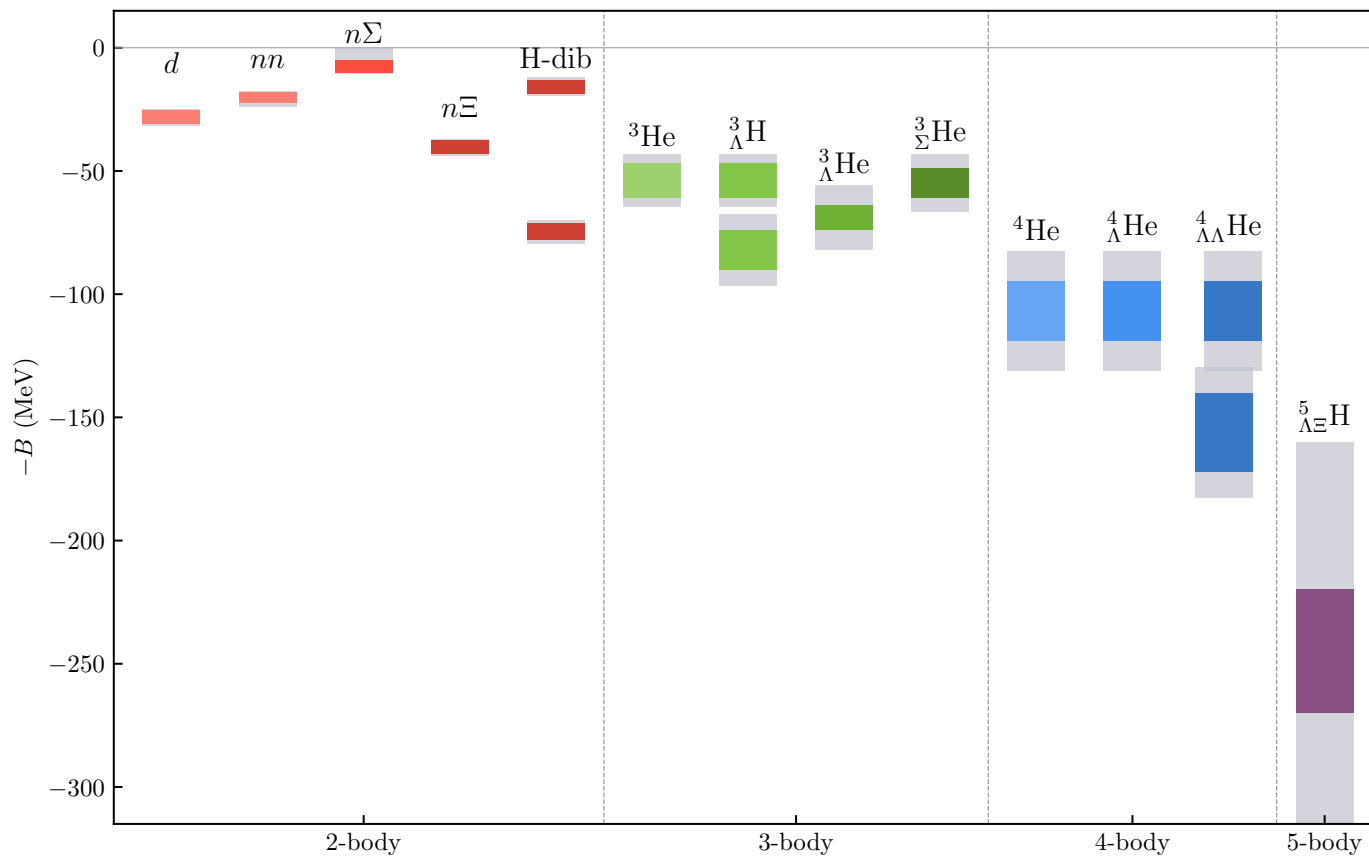


$$k^* \cot \delta = -\frac{1}{a} + \frac{1}{2}rk^{*2} + Pk^{*4} + \mathcal{O}(k^{*6})$$



# LQCD studies of nuclear systems @ unphysical quark masses

The use of heavier than physical pion masses reduces the exponentially bad StN problem (at a reduced computational cost) of multi-nucleon LQCD calculations → benchmark for nuclear spectrum calculations using LQCD



$$SU(3)_f$$

$$m_\pi \sim 800 \text{ MeV}$$

$$b[\text{fm}] = 0.1453(16)$$

$$L = 3.4, 4.5, 6.7 \text{ fm}$$

$$T = 6.7, 6.7, 9.0 \text{ fm}$$

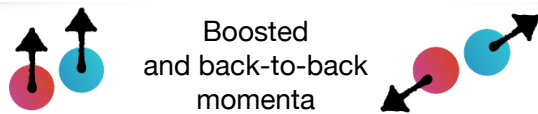
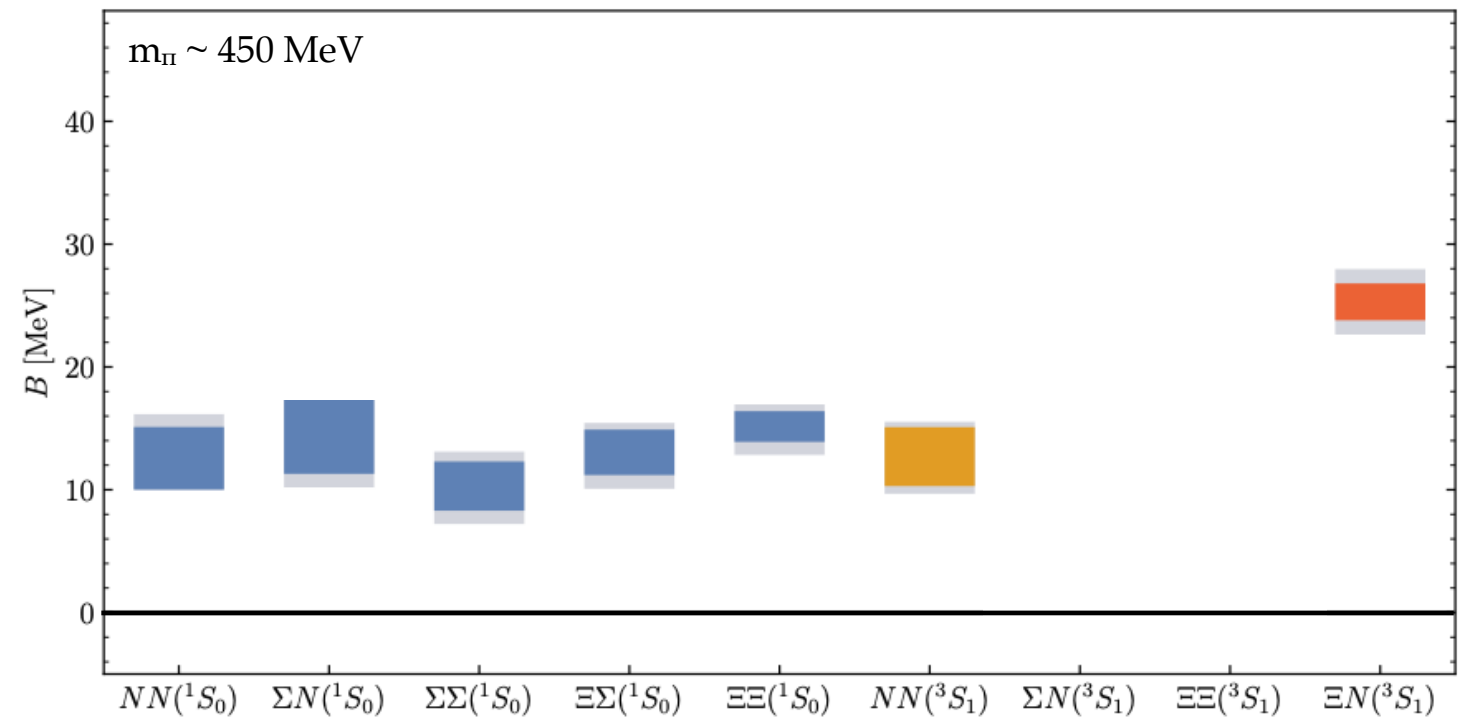
$O(10^5)$  measurements:  
Different quark smearings

*no e.m. interactions*

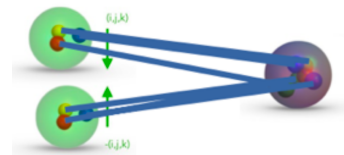
NPLQCD, Phys.Rev. D87 (2013) no.3, 034506; Phys.Rev. D96 (2017) no.11, 114510

# LQCD studies of nuclear systems unphysical quark masses

Marc Illa et al (NPLQCD) PRD 103 (2021) 5, 054508

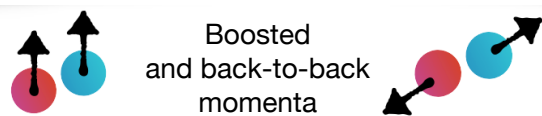
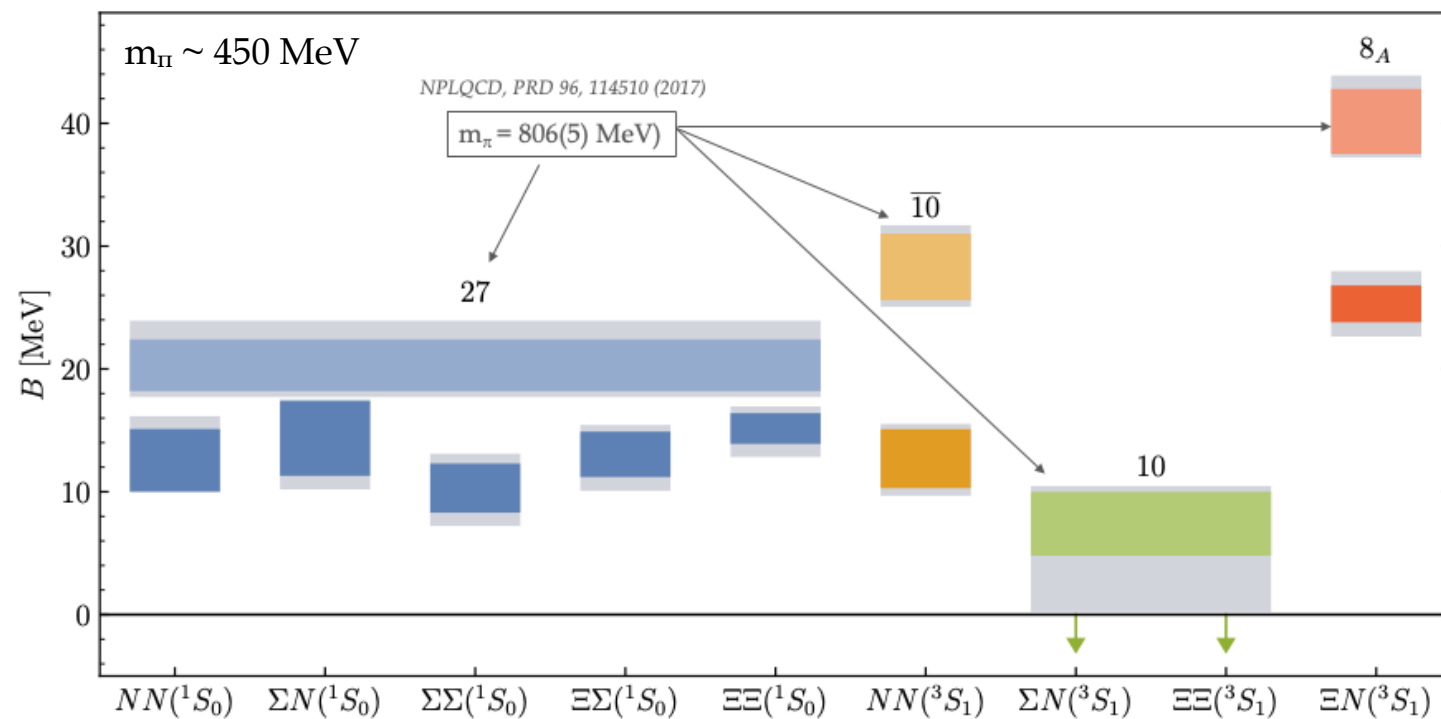


*no e.m. interactions*

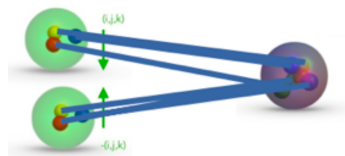


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Marc Illa et al (NPLQCD) PRD 103 (2021) 5, 054508

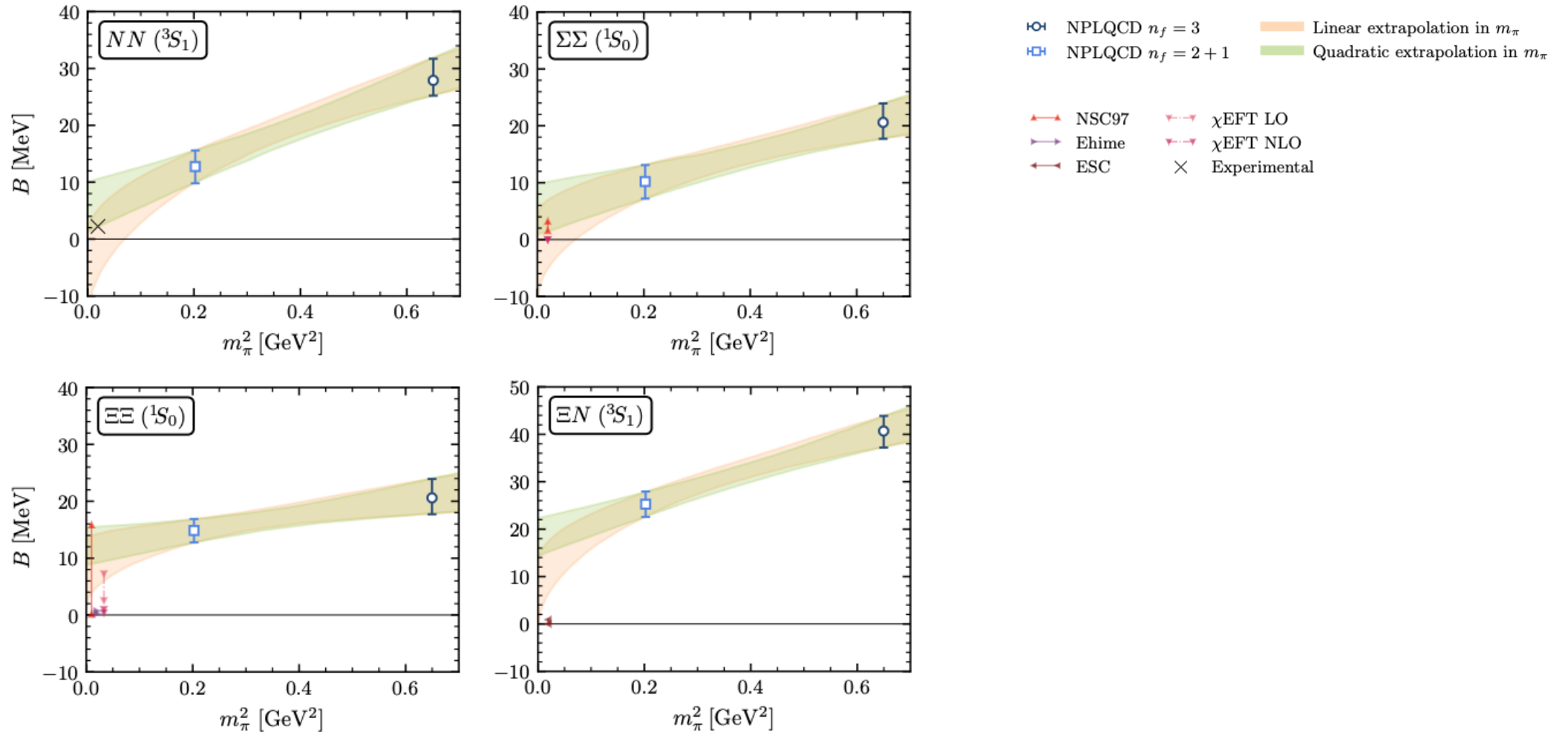


*no e.m. interactions*



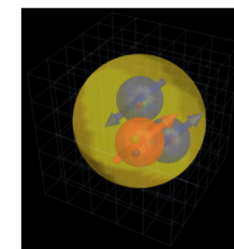
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Marc Illa et al (NPLQCD) PRD 103 (2021) 5, 054508

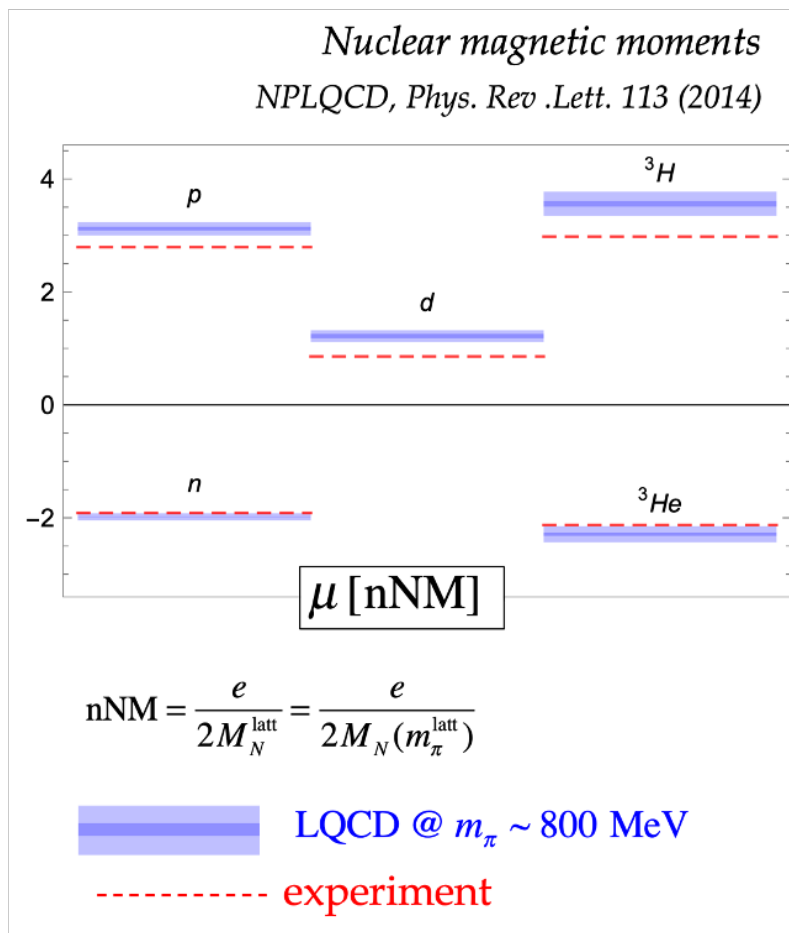


# Proof-of-principles calculations @ unphysical quark masses

## Magnetic Moments



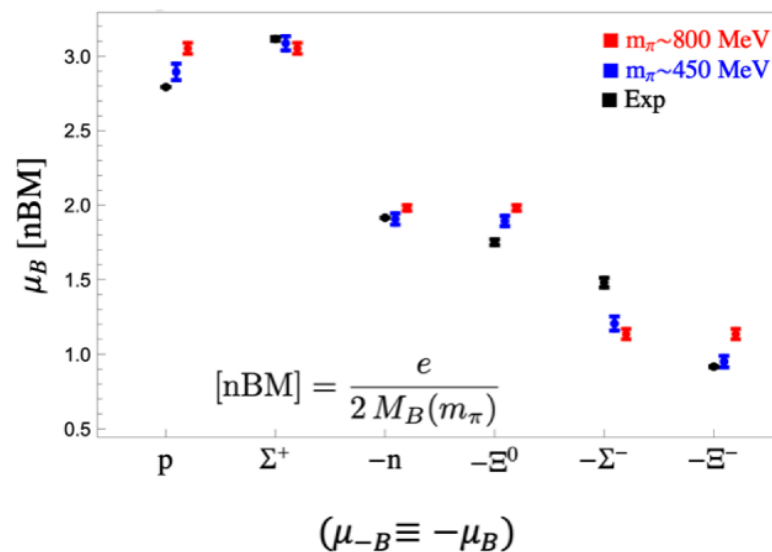
PRD 95, 114513 (2017)  
PRL 116, 112301 (2016)  
PRD 92, 114502 (2015)  
PRL 113, 252001 (2014)



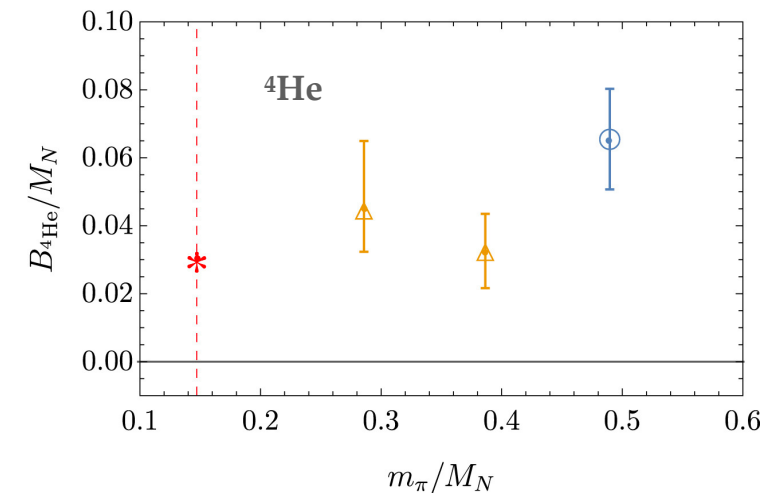
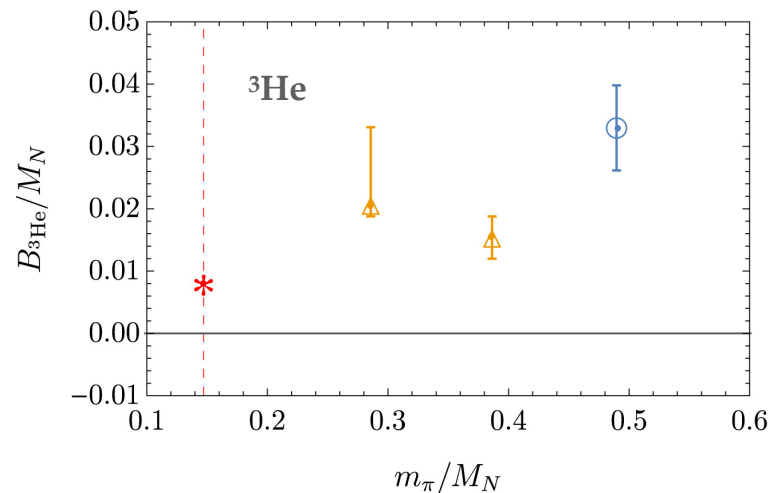
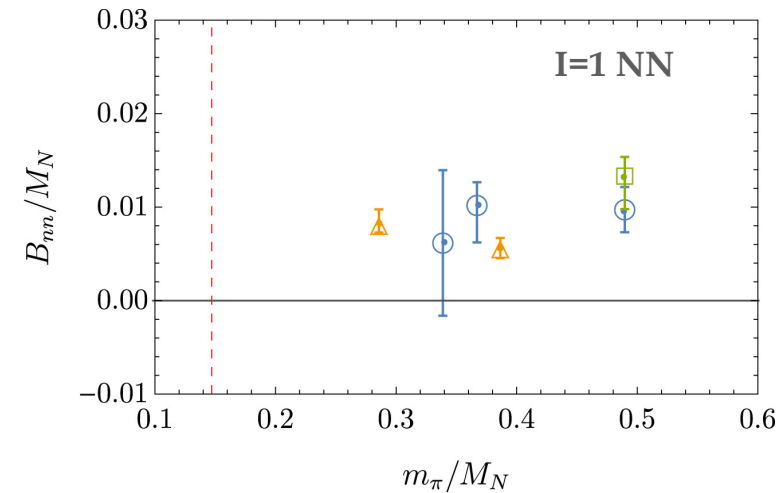
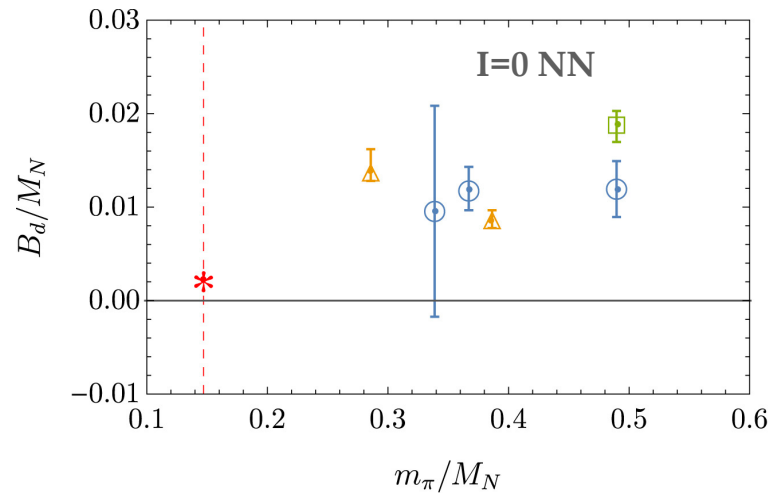
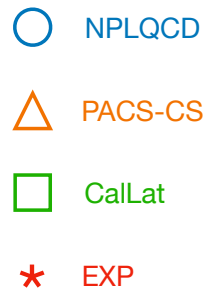
Shell-model  
predictions

$$\begin{aligned}\mu(^3\text{H}) &= \mu_p \\ \mu(^3\text{He}) &= \mu_n \\ \mu_d &= \mu_n + \mu_p\end{aligned}$$

*Octet baryon magnetic moments*  
NPLQCD, PRD95, 114513 (2017)



## BUT ...



Is the fitting interval correctly identified?

Are we missing excited state contributions?

Is there an operator dependence on the energy levels extracted?

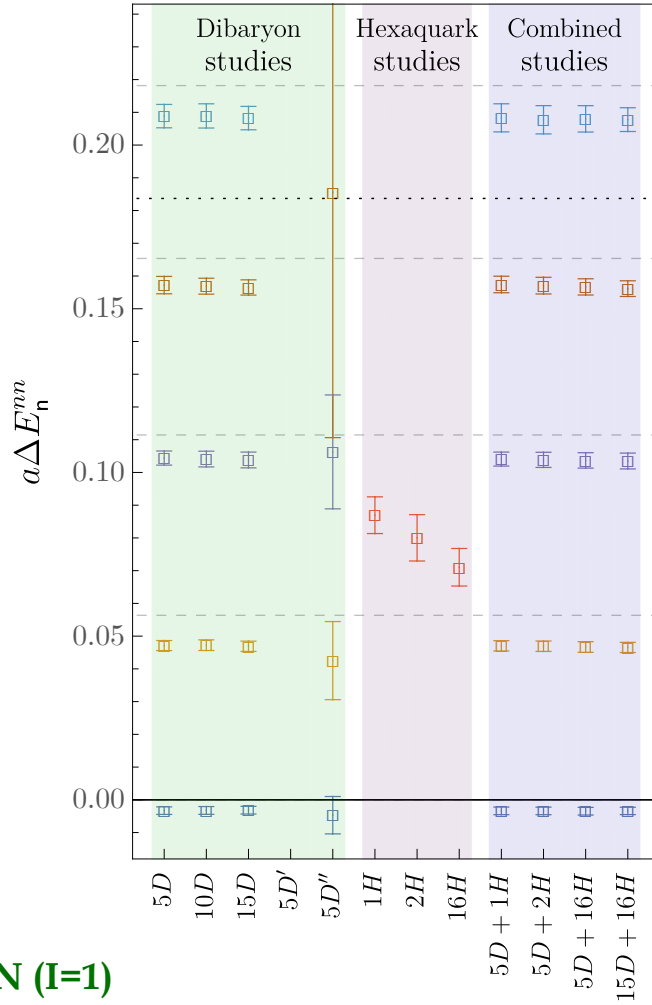


variational calculation

NPLQCD, PRD 107, 094508 (2023); PRD 110, 119904(E) (2024)

NPLQCD, Phys.Rev.D 111 (2025) 11, 114501

## NN spectroscopy @ 800 MeV - Variational calculation



NN (I=1)  
L ~ 3.4 fm

Interpolating operator set

Large set of operators  
b=0.145 fm  
m<sub>π</sub> ~ 806 MeV  
L ~ 4.5 fm and 3.4 fm

$$C(t) = \left[ \begin{array}{cc} \text{Diagram 1} & \text{Diagram 2} \\ \text{Diagram 3} & \text{Diagram 4} \end{array} \right]$$

Solve **Generalized Eigenvalue Problem (GEVP)**:

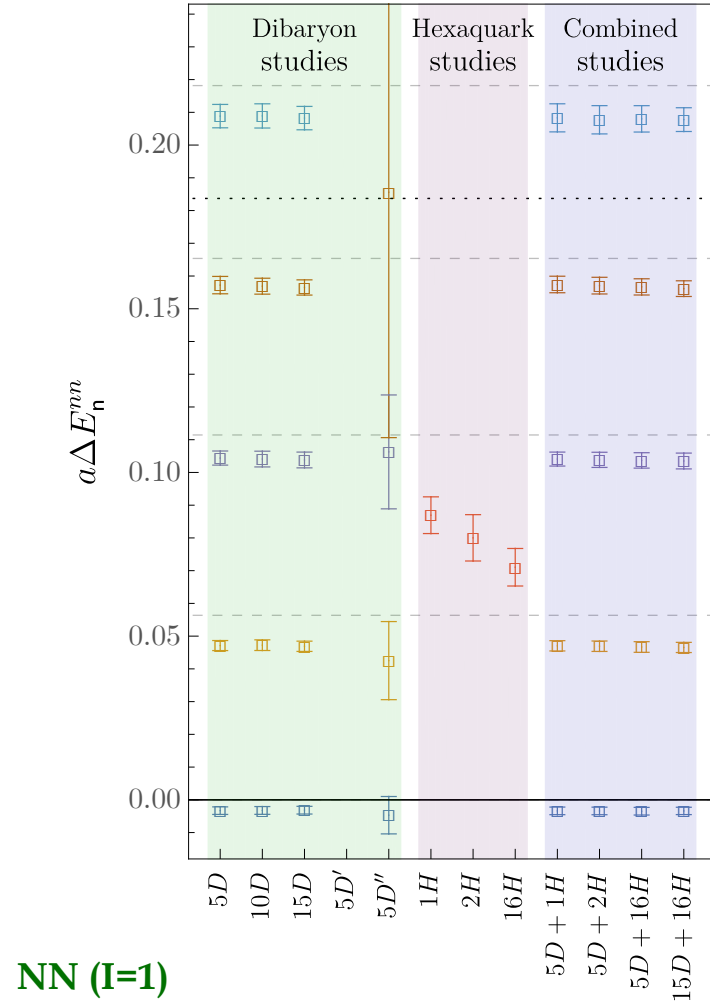
$$C(t) \vec{v}_n(t, t_0) = \lambda_n(t, t_0) C(t_0) \vec{v}_n(t, t_0)$$

**GEVP Eigenvalues provide rigorous (stochastic) variational upper bounds on energy levels**

NPLQCD, PRD 107, 094508 (2023); PRD 110, 119904(E) (2024)

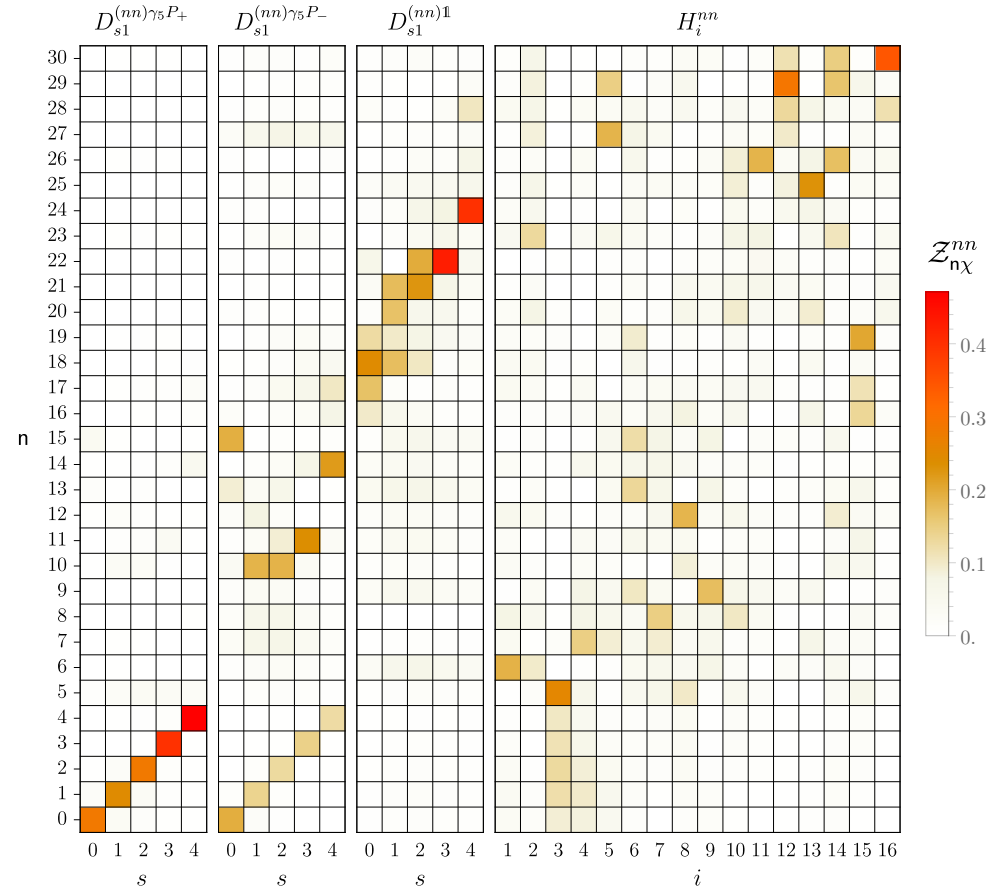
NPLQCD, Phys.Rev.D 111 (2025) 11, 114501

# NN spectroscopy @ 800 MeV - Variational calculation



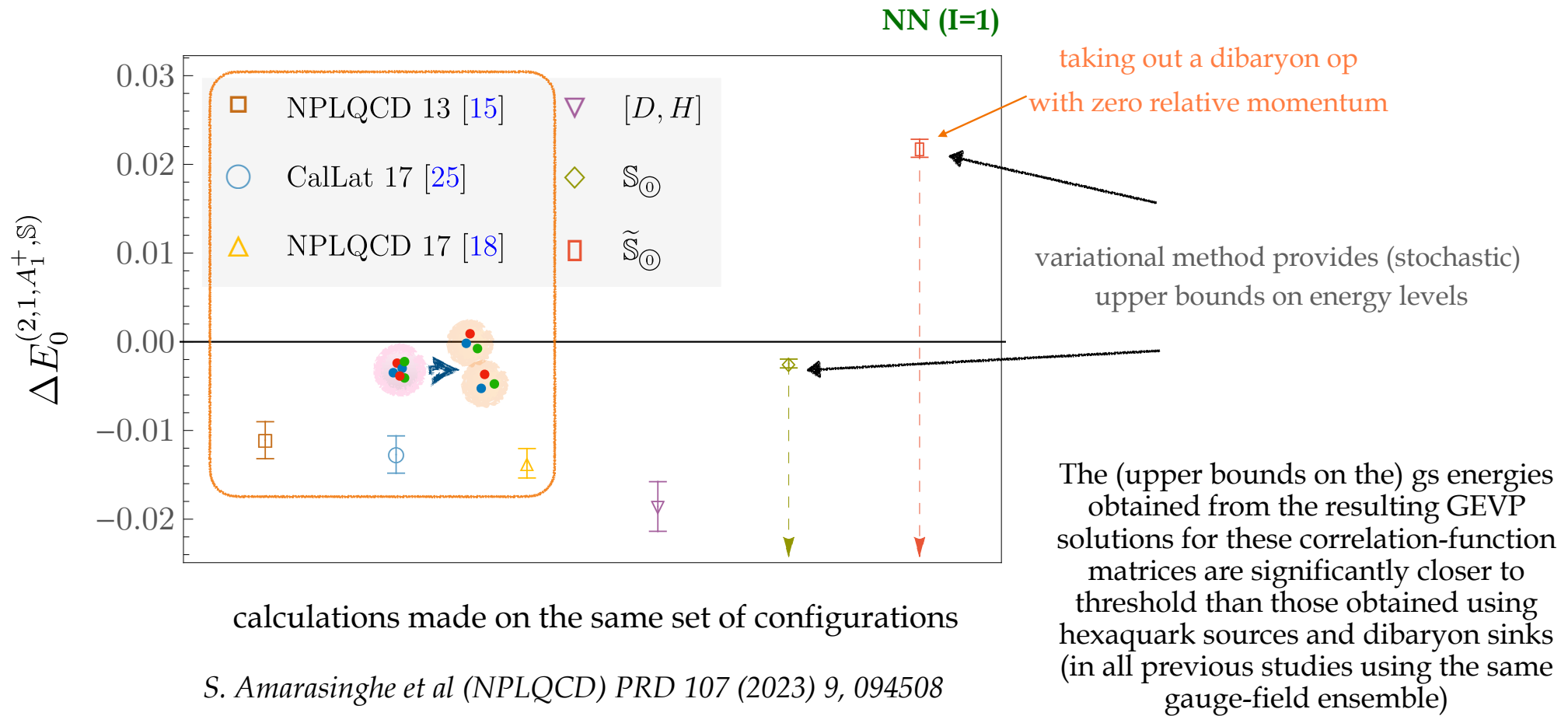
NN (I=1)  
L ~ 3.4 fm

Interpolating operator set



relative overlap factors

Results consistent if viewed as variational bounds



# NN spectroscopy @ 800 MeV - Variational calculation

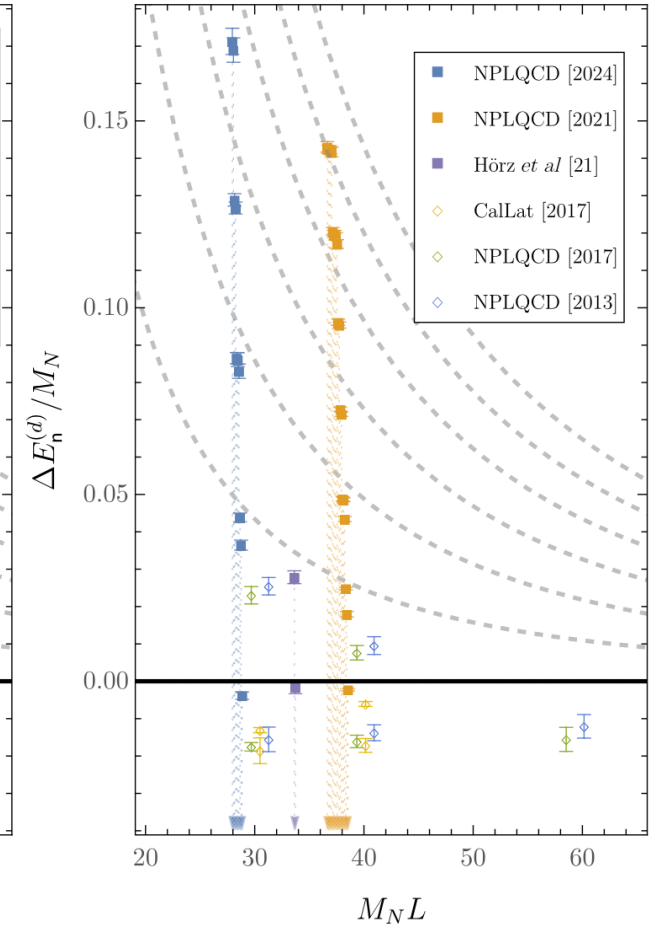
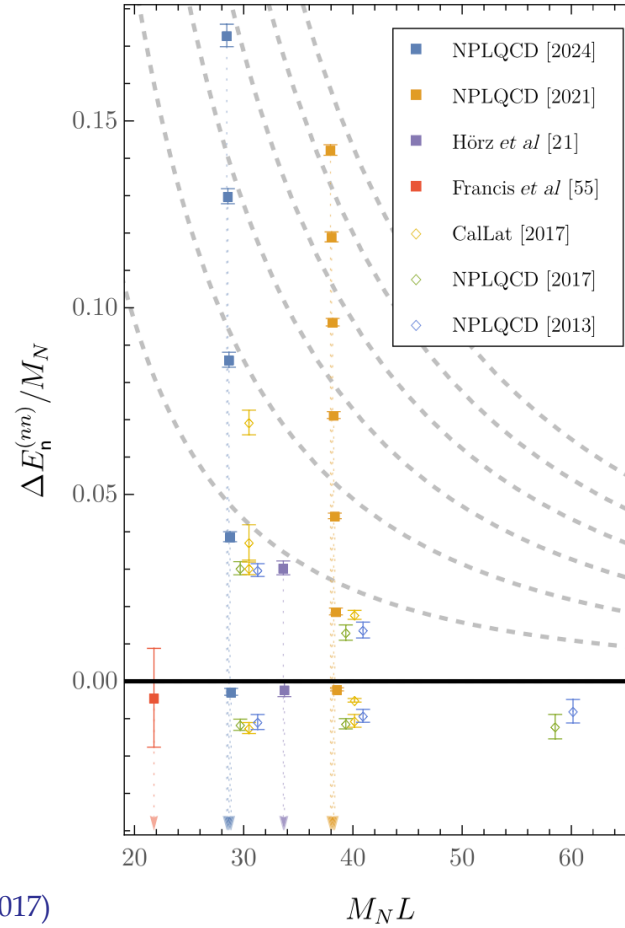
$$L_S^3 \times L_T = 32^3 \times 48 \text{ and } 24^3 \times 48$$

W. Detmold et al. (NPLQCD) *Phys.Rev.D* 111 (2025) 11, 114501

*Comparison of two-nucleon variational bounds with other calculations at similar quark masses employing variational methods or asymmetric correlators in the total momentum  $|\vec{P}| = 0$  sector*

**NN (I=1)**

**NN (I=0)**



B. Hörz et al., *Phys. Rev. C* 103, 014003 (2021)

A. Francis et al., *Phys. Rev. D* 99, 074505 (2019)

CalLat 17: E. Berkowitz et al., *Phys. Lett. B* 765, 285 (2017)

NPLQCD 17: M.L. Wagman et al., *Phys. Rev. D* 96, 114510 (2017)

*coming out of the oven...*

*Courtesy of Robert J. Perry*

Two-point correlator

$$\tilde{C}_{ab}(t) = \frac{1}{Z} \text{Tr}[T^{(L_t-t)} \mathcal{O}_a T^t \mathcal{O}_b^\dagger],$$

Transfer matrix:

$$T |n\rangle = \lambda_n |n\rangle,$$

Eigenvalues related to finite-volume energy eigenvalues

$$E_n = -\ln \lambda_n.$$

Lanczos allows for access to transfer-matrix eigenvalues. Importantly: **two-sided bounds**,  $B$  computable from correlator data

$$E_n \in \left[ -\ln \left( \lambda_k^{(m)} + \sqrt{B_k^{R/L(m)}} \right), \right. \\ \left. -\ln \left( \lambda_k^{(m)} - \sqrt{B_k^{R/L(m)}} \right) \right].$$

*Residual bounds*

Valid for **all Euclidean separations** (independent of size of energy gaps)

Two sided bounds are phenomenologically useful!

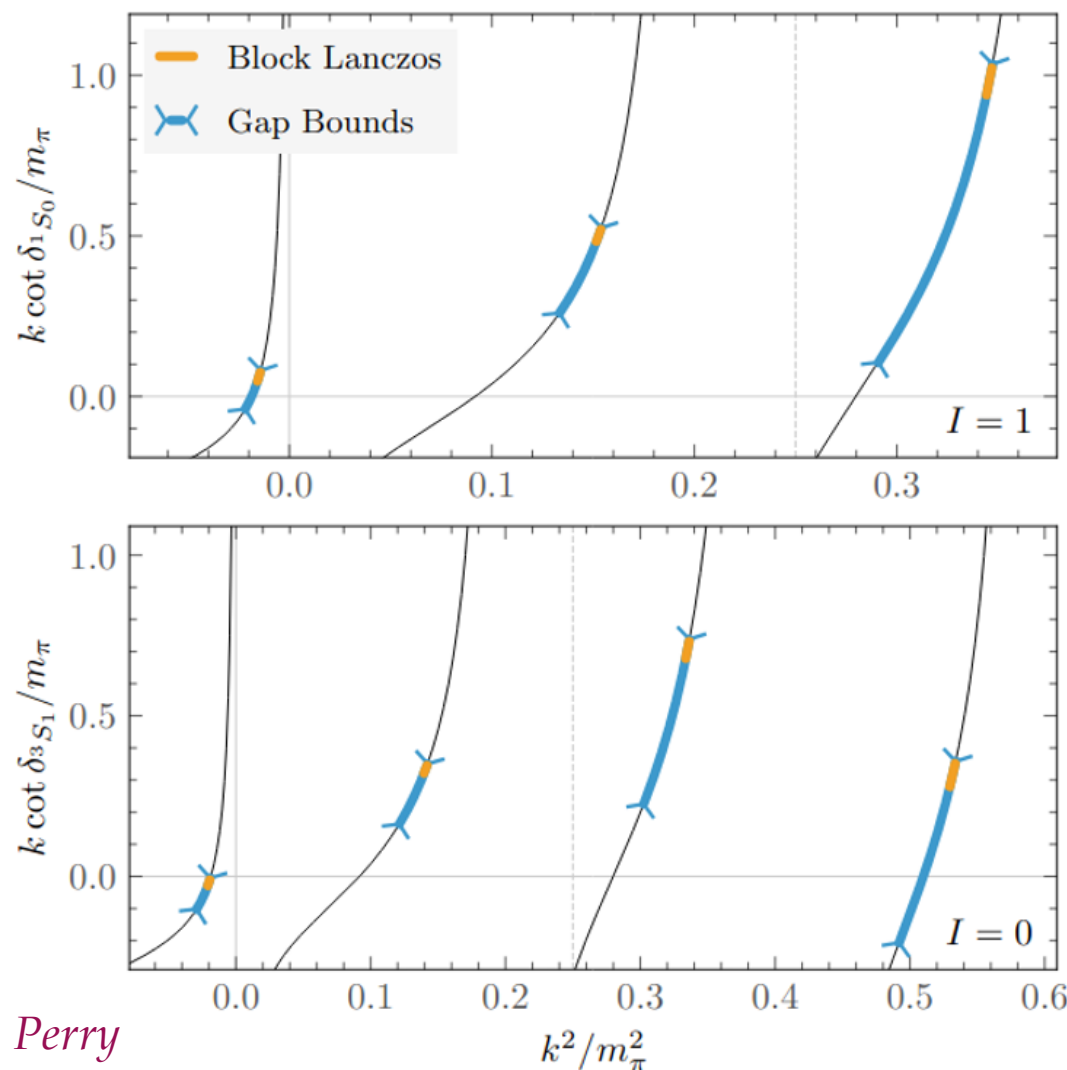
Two versions of bounds:

1. Residual bounds: assume Hermiticity of Transfer matrix
2. **Gap bounds:** Assume spectrum is qualitatively known

Gap + variational bounds lead to phenomenologically interesting constraints on scattering phase-shift.

No need to assume N-state saturation in correlation function

Residual & Gap bounds provide **two-sided bounds** which constitute a paradigmatic improvement.



*Courtesy of Robert J. Perry*

# LQCD for Nuclear Physics

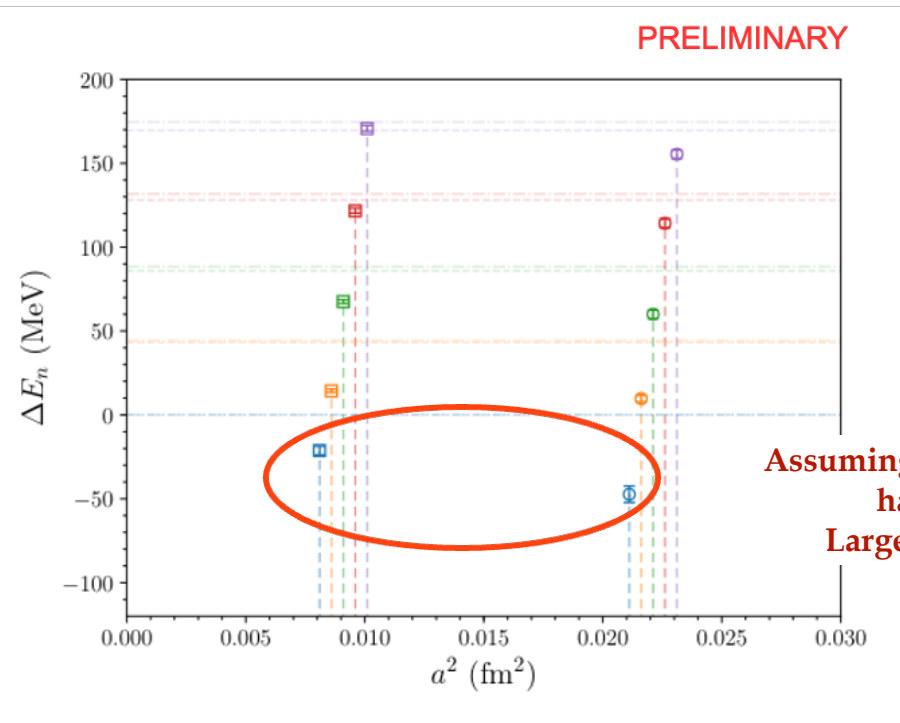
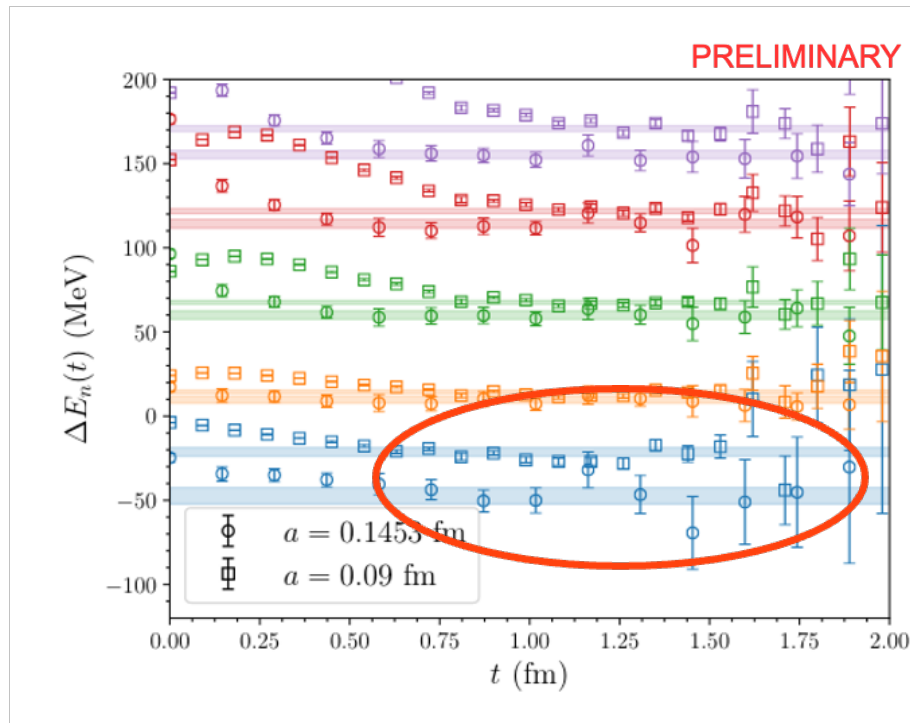
## Ongoing studies: Lattice artifacts?

In 2023 we started a study of all SU(3) irreps at two different lattice spacings

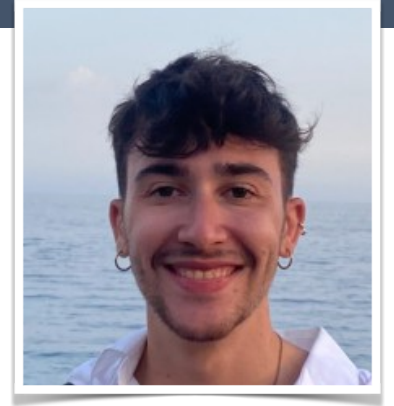
| $L/a$ | $T/a$ | $L$ (fm) | $T$ (fm) | $a$ (fm) |
|-------|-------|----------|----------|----------|
| 48    | 64    | 4.13     | 5.50     | 0.086    |
| 32    | 48    | 4.64     | 6.96     | 0.145    |

Previous calculations by other groups:  
Green, Hanlon, Junnarkar, Wittig, PRL 127 (2021)

flavor singlet channel  
(H-dibaryon)



Assuming variational bounds  
have saturated  
Large lattice artifacts!



Other theoretical techniques to obtain the energy eigenvalues of the QCD Hamiltonian

## Neural-network-based variational methods

Martí has been applying the variational method to study simple quantum mechanical systems and interacting scalar field theories.

His thesis goal is to compute the energy eigenvalues of the lattice-regularized Hamiltonian for QCD, using a trial wave function based on a neural network —> to explore the spectrum of single- and few-hadron systems in QCD

with Robert J. Perry (MIT) and Assumpta Parreño (UB)